

Registration begins
Thursday, August 8th.
You may register online
olli.ua.edu/register.php
or call Registration Services
205-348-3000.

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2019 Fall Course Catalog

Grow with Olli



Inside:

- Bicentennial Lectures
- Variety of Courses
- Exciting Trips
- Social Gatherings
- Special Program

OLLI at UA

Osher Lifelong Learning Institute

THE UNIVERSITY OF ALABAMA®

Learning Available at a Chapter Near You!
Tuscaloosa • Greater Birmingham • Gadsden
Greensboro • Pickens County

Register at olli.ua.edu or call 205-348-3000.
For more information about OLLI, call 205-348-6482.

Grow with OLLI



Greetings!

It has been an exciting year for our OLLI program. Since becoming Dean of The College of Continuing Studies at The University of Alabama, I have been honored to experience the energy and impact of this premier lifelong learning program. With membership continuing to grow, OLLI is well on its way to the membership goal of 2,000 for the upcoming year. And as you'll see from the contents of this catalog, we have another terrific line up of classes, lectures, trips, and social events for your lifelong learning.

I'd like to take an opportunity to thank you for your enthusiastic participation and your generous contributions of time, talent, and financial support. The programs OLLI offers are the result of hundreds of hours of work by volunteers dedicated to serving our members' desire to continue to grow through lifelong learning. Thank you to our volunteers for making our programs possible.

The College of Continuing Studies values OLLI's collaboration with entities across campus and the wider community. OLLI provides bicentennial programming that has been highlighted across the State. Throughout the year, OLLI members participate in research projects conducted by UA faculty and graduate students, helping scholars advance their fields with an eager group of research participants. We thank you for your involvement.

We are also grateful for your giving spirit. Potential and current OLLI members with financial need can look forward to increased scholarship opportunities through the generous contributions to the Peter Peacock Memorial Scholarship Fund. Another recent initiative, the OLLI TROLLI, has been well received by members and friends of OLLI. The TROLLI will allow individuals with mobility challenges to have easier access to OLLI activities in the Bryant Conference Center. We are getting closer to our goal and hope to wrap up the campaign for the OLLI TROLLI later this summer. We appreciate your support of others in their efforts to continue along their lifelong learning journey.

I am proud of OLLI and the positive impact we are having on our communities' citizens. I hope that you will join us as we continue to grow together.

Jonathon Halbesleben

Dean, College of Continuing Studies

olli.ua.edu | 205-348-6482

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Registration Guidelines

- Members must register in order to attend a course.
- Members may register to be added to a course even after the course has begun, if space is available.
- If your plans change and you need to drop out of a course, please go online to cancel or contact Registration Services to drop the course. This will allow other members to enroll in the course.
- If you are enrolled in a course that has a limited capacity stated in the catalog, please be sure you can commit to all sessions.
- Please provide your email and phone number at registration, so that in the event of a change you receive the notification.
- Bonus Programs are open to members and their guest; no registration is needed.
- If a class is full, call the OLLI office to be added to the wait list.

Give to Support OLLI

Thanks to the generous contributions of OLLI members and others in the community, many need-based individuals receive the opportunity to participate in lifelong learning activities. Contributions are accepted year-round online at olli.ua.edu, on the registration form, and at the OLLI office.

Cancellation/Refund

OLLI reserves the right to cancel courses, programs, or trips as necessary, due to insufficient enrollment, inclement weather, etc. There are no refunds for material fees after the course has begun. Each field trip has its cancellation deadline stated in the catalog.

All About OLLI

The Osher Lifelong Learning Institute (OLLI) at The University of Alabama is a member-directed organization that provides adults with social, educational, travel, and leadership opportunities.

An inclusive, welcoming, and volunteer-led program, OLLI focuses on lifelong learning and socialization.

Annual Membership fee \$50 includes:

- **Bonus Programs** weekly presentations – no registration required.
- **Library of Pre-recorded Lectures** – view on your own computer.
- **Supper Club/Lunch Bunch** – organized with other members and Dutch-treat.
- **Access to Courses at all Chapters** - academic and leisure courses on a variety of topics. Semester course fee required.
- **Access to Field Trips at all Chapters** – organized by members. Some trips are local and at no cost while others require a fee to cover transportation and activity related charges.
- **Access to International trips** – Trips are coordinated by a member and sometimes partnered with a tour group company. Additional fee is required.

Semester Course Package – There is a required \$50 fee each semester. One semester fee allows members to register for multiple courses during that term at any of the chapters. Some courses may have a material fee.

Member Benefits include:

- A community of people dedicated to lifelong learning
- Socializing with other mature adults and cultivating friendships.
- Opportunities for leadership.
- Platform for service – teach, facilitate, serve on a committee.
- Bama Perks and UA library admission with Action Card.
- Community Programs and Events.

Due to the financial support from the Bernard Osher Foundation, The University of Alabama's College of Continuing Studies, program partners, and generous contributions, membership in OLLI is able to remain affordable. There are scholarships available to provide additional financial assistance. For scholarship assistance, complete the scholarship form on our website, olli.ua.edu or pick up a form at the OLLI Office.



Thank You, OLLI Volunteers!

We know that our OLLI program is successful because of our VOLUNTEERS. You may have served in one of those volunteer roles as instructor, committee member, committee chair, leader on the advisory board, facilitator, trip planner, inventory counter, server, decorator, baker of fabulous desserts, marketer, presenter, photographer, deep thinker, catalog editor, storyteller, article writer, fundraiser, idea generator, set creator, etc. The list goes on and on and we need volunteers from all walks of life to make the program come together each semester.

Volunteers are the heart and soul that create diverse curriculums; they guide the direction of what our members need and want, and their life experiences, both personally and professionally, help to shape our direction. As the director, I am so extremely grateful for the volunteers over the past 13 years. I want you to know we listen to our members, respect their opinions and act upon change when needed. We need YOU to help our OLLI thrive and grow!

Thank you for your talents. Thank you for your time. However, most importantly, thank you for believing in this program and what lifelong learning can contribute to the lives of adults. Your giving back to our OLLI community is a wonderful gift – thank you!

Jennifer Anderson
Director, OLLI at UA



OLLI News



The Judy Bonner Excellence in OLLI Teaching Award

Created in 2016, the Judy Bonner Excellence in OLLI Teaching Award is given annually by The University of Alabama Osher Lifelong Learning Institute to recognize an OLLI volunteer faculty member who demonstrates exemplary and engaging instruction for OLLI. This award is based on the instructor's commitment to teaching and to the lifelong learning process, as well as, their impact on the members through teaching. Previous winners include Mary Tillotson – 2016, Richard Rhone – 2017 and Robert Lipman – 2018.

Each nominee for the 2018-2019 award will be recognized and the winner announced at the OLLI Open House on August 14, 2 – 4 p.m., Bryant Conference Center, 240 Paul Bryant Dr, Tuscaloosa.

OLLI TROLLI

From the OLLI President, Elizabeth Aversa,

The campaign to raise the funds necessary to secure the OLLI TROLLI to transport mobility-

challenged members from the parking areas to the Bryant Conference Center is well underway. You never know when you might need quick transportation from the designated parking lot to the Bryant Conference Center. Remember, we ALL need help sometimes - from a temporary injury - like a sprained ankle or a broken toe - to life-altering mobility issues. If you are interested in helping us achieve this goal by donating, please contact the OLLI Office, 205-348-6482.



Interested in registering?
Here's how!
Call 205-348-3000 or Go
online olli.ua.edu/register.php

Annual Membership is \$50. To take courses, go on field trips or participate in supper club active membership is required. To take one or more courses, simply pay the Semester Course Package Fee of \$50. Register for any courses you plan to attend at your chapter or other OLLI at UA chapter. Some courses have a nominal materials fee to offset the class materials expense. Most field trips have a fee for the costs associated with that trip.

UA Campus Parking Permit Registration Instructions

All vehicles parking on the UA Campus require a valid parking permit.

1. Purchase a UA Parking Permit through OLLI registration and the permit request form will be emailed to you. Or you may pick up the form in the OLLI Office located in The Bryant Conference Center (240 Paul W. Bryant Dr Tuscaloosa, AL 35487) in room 105.
2. After completing the form, turn it into the OLLI Office and you will be issued a temporary parking permit.

UA retired faculty and staff should contact parking services to obtain the UA retired faculty/staff parking permit at no cost.

Locations

Unless otherwise noted the course will be held at the Bryant Conference Center.

All Fired Up, 16 McFarland Blvd, Tusc.

Beulah Baptist Church, 3100 25th St, Tusc.

Bryant Conference Center, 240 Paul Bryant Dr, Tusc.

Clarke Building, Kentuck Art Center, 503 Main Ave, Northport

Crimson Village, 1410 18th Ave E, Tusc.

First United Methodist Church Activity Center,

800 Greensboro Ave, Tusc.

Morning Pointe of Tuscaloosa, 1801 Rice Mine Rd N, Tusc.

West Alabama Heritage Learning Center, 911 Main Ave, Tusc.

Pine Valley Retirement Community, 800 Rice Valley Rd N, Tusc.

Stillman College Campus, 3601 Stillman Blvd, Tusc.

MONDAY COURSES

A101 **Why the Heck Did They Just Stop and Break into Song???**

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28
9:00 - 10:15 a.m.

Instructor: Ronald Terry Olivet

These classes will reveal the “secret life” of the Broadway musical. This art form has evolved often using a common formula for structuring the story arcs and the musical numbers that make up the shows. Understanding the use of that formula can enhance one’s knowledge, appreciation and enjoyment of musical theater. Classes will explain and analyze the parts of the formula, but much class time will be spent actually listening to illustrative selections from some of Broadway’s “Greatest Hits.” Entire shows will not be presented in order.

A102 **The First 200 Years: A Quick, Quirky Review of Tuscaloosa’s History**

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28
9:00 - 10:15 a.m.

Instructor: Jim Ezell

Ever wonder why Tuscaloosa is sometimes spelled “Tuskaloosa”, has the nicknames “Queen City” and “Druid City”, or why local leaders opposed secession in 1861? What role did slaves and Indians play in the capital being moved to Montgomery? Why was early Northport known as “Kentuck”? This fast-paced course addresses these questions and many more.



A103 **Nutrients as Sensory Attributes of Foods**

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28
9:00 - 10:15 a.m.

Instructor: Ralph Lane

Often, we think only of nutrients satisfying hunger and meeting our nutritional needs, but nutrients do much more than that. “We eat with our eyes first,” is an axiom that depends on the color, texture, aroma, gloss and shape of a food. These attributes are ascribed in large part to nutrient content and to how the food is prepared. This course will demonstrate how protein, fat, carbohydrates and other essential nutrients contribute to those sensory attributes and how they respond to preparation.



Monday Courses Continued

Alabama “A” Stepping Stones

Choose One:

A104 September 16 and 30 OR

A105 September 23 and 30

9:00 a.m. - 12:00 p.m.

Instructor: Linda Munoz

Location: Clarke Building, Kentuck Art Center

In this two-session class, participants will make a stepping stone depicting the iconic “A” using Roll Tide colors. In the first class, students will learn to cut glass and glue the glass to a precast stepping-stone. In addition to these techniques, we will emphasize safety procedures when handling the glass and the tools. On the second class date, we will combine both groups to grout the stones. These will make wonderful gifts for your Christmas giving! Class limit: 8. Materials fee: \$45.

A106 Acrylic Pour (Monday)

September 9

9:30 - 11:30 a.m.

Instructor: Diane Norris

Location: Clarke Building, Kentuck Art Center

Acrylic pours are a modern way of expression using vivid colors and a flowing movement. With the help of paint, catalyst, and a few simple tools, you will create a beautiful and quite striking painting right before your eyes. No experience necessary. Class limit: 8. Materials Fee: \$35.

A107 Opera is Fun: Another Unorthodox

Introduction to the Opera

Sept 9, 16, 23, 30; Oct 7, 14 (6 wks.)

10:30 - 11:45 a.m.

Instructor: Elizabeth Aversa

This six-week course explores how opera differs from other performing art forms. Sessions will address the history, composers, music, stories, singers, and the business of opera. This second OPERA IS FUN course is designed to provide an overview for the student who is curious and would like to listen to more opera. The student who completes this class will be well-versed enough to (1) attend an opera with confidence and (2) follow, or even initiate a conversation about opera without embarrassment.

A108 Get to Know Your OLLI

(Bring a Friend to this Information Session)

Oct 21

10:30 - 11:45 a.m.

Coordinator: Philip Malone

Ever wondered how OLLI got started? Or how it works? Come to this session to find out everything you always wanted to know about the history of OLLI, its leadership, and about the many parts of this wonderful program. We will answer your questions and take your ideas on how to grow this great program.

A109 Get Involved in OLLI

Oct 28

10:30 - 11:45 a.m.

Coordinator: Philip Malone

How can you become more involved in OLLI? Well, I am glad you asked. There are many ways to volunteer that will fit your lifestyle and time schedule. Volunteers are the key to the success of OLLI. Volunteering leads to more fun and is one way to live a healthier life.

A110 History of Modern China

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28

10:30 - 11:45 a.m.

Instructor: Bruce Burrows

History of Modern China (updated) is a course on the development of China beginning with the Boxer Rebellion, the end of the dynasties, the decades-long leadership of Mao Ze Dung, the rise of capitalism under Communist control, and the expansion of power by China through the Middle East and Africa.

A111 Spanish 3

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28

10:30 - 11:45 a.m.

Instructor: George Taylor

Expand your world. This participation class is for those continuing Spanish at OLLI or from elsewhere. Its emphasis lies with spoken language, as hearing and speaking, with cultural aspects included. Conversational themes will draw upon common life situations useful for travel and relating to native speakers in the States and abroad. The instructor wishes to incorporate students' interests and suggestions to stimulate participation, for the goal is for all to feel comfortable in their efforts with Spanish. A review of Spanish basics is a part of each class, while basic reading and writing are a secondary focus.

A112 Paper Art: Unique Items for Home & Gift Giving

October 7, 14, 21, 28 (4 wks.)

10:30 a.m. - 12:00 p.m.

Instructor: Carole Byars

Location: Clarke Building, Kentuck Art Center

Transform decorative paper napkins and your old calendar illustrations into lovely and useful decor and gifts. A supplies list will be sent prior to the first class. Members will bring supplies; therefore, no materials fee is required. Class limit: 8.



Monday Courses Continued

A113 Talking about Books: UA Press

Sept 9, 16, 23; Sept 30*, Oct 7, 14, 21, Oct 28*
12:00 - 1:15 p.m.

Coordinator: Ann Prentice

The University of Alabama Press has invited six authors who will talk about their books and answer your questions. Books will be available to purchase and authors will be happy to sign them for you.

Sept 9 - *Early Alabama: An Illustrated Guide to the Formative Years, 1798–1826* by Mike Bunn

Sept 16 - *Nature's Prophet: Alfred Russel Wallace and His Evolution from Natural Selection to Natural Theology* by Michael A. Flanner

Sept 23 - *Visions of the Black Belt: A Cultural Survey of the Heart of Alabama* by Valerie Pope Burns

Sept 30 - OLLI Book Club - (fiction) *Where the Crawdads Sing* by Delia Owens

Oct 7 - *Re-Creating Nature: Science, Technology, and Human Values in the Twenty-First Century* by James T. Bradley

Oct 14 - *The Old Federal Road in Alabama:*

An Illustrated Guide by Raven M. Christopher

Oct 21 - *Alabama Creates: 200 Years of Art and Artists* by Elliot A. Knight editor

Oct 28 - OLLI Book Club - (non-fiction) *The Furious Hours: Murder, Fraud, and the Last Trial of Harper Lee* by Casey Cep

*OLLI Book Club Discussion Leaders: Jan Mercier and Carol Prickett invite you to join in the book discussion.

A114 Commercial Radio

Sept 9, 16, 23, 30 (4 wks.)
12:00 - 1:15 p.m.

Instructor: Don Hartley

November 2, 1920: KDKA Pittsburgh became the first commercial radio station in the United States. Perhaps no invention of modern times, until the internet, did more to link us together. From 1920 on, radio has provided entertainment, news information, and yes, commercial advertising. It has carried us through the "Big Band" era, WWII, rock and roll, national scandals and tragedies and given us an outlet to talk about it all on air. Commercial radio, TV without pictures, continues to inform, entertain and spark our imaginations in this class, featuring the broadcasts and personalities that transformed society.



A115 Armchair Travel

Oct 7, 14, 21, 28 (4 wks.)
12:00 - 1:15 p.m.

Coordinator: Philip Malone

Join us to explore four destinations, without having to leave your OLLI chair.

Oct 7: Linda and Terry Olivet - North by Northwest RV Trip

Oct 14: Richard Katz - Egypt

Oct 21: Peggy Hamner - OLLI 2019 Mexico Trip

Oct 28: Ron Houts - Carnival Cruise - Mobile, AL, to the Yucatan

A116 Geology Basics

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28
12:00 - 1:15 p.m.

Instructor: Ken Gaddy

Have you ever wanted to know more about earthquakes, volcanoes, sinkholes, or tsunamis? If so, you'll be fascinated when you join us for this class explaining the basics of Geology. Come with us, as we look at many types of geologic events and what causes them to happen. A special emphasis will be placed on what you and every other citizen needs to know concerning how geology affects our communities, our nation, and our planet.

A117 Watercolor Painting Basics

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28
1:00 - 3:00 p.m.

Instructor: Beth Page

Location: Clarke Building, Kentuck Art Center

No experience necessary. Learn how to prepare, paint, and finish paintings. In this course, you will learn about the material it takes and the techniques needed to achieve a painting you will be proud to hang in your home. Class limit: 10. Materials fee: \$45.

A118 Young Thomas Jefferson

Sept 9, 16, 23, 30 (4 wks.)
1:45 - 3:00 p.m.

Instructor: Michael Malone

We know him as the third President of the U.S.; the major author and signatory to the Declaration of American Independence. We see his iconic image on Mt. Rushmore, the Two-dollar bill and the nickel. But what do we know of the younger man growing up in the "frontier" area of the Virginia Piedmont? Let's examine young Jefferson from the time of his birth (1743) through his early education and fledgling practice of law through the year 1770. We will focus on those antecedents that helped form the American icon that we think we know today.

Monday Courses Continued

A119 William Sheppard: Adventures in 19th Century Congo

Oct 7, 14, 21, 28 (4 wks)

1:45-3:00 p.m.

Instructors: Scott Bridges, Linda Beito and Robert Heath

The life story of William Sheppard (often referred to as the “Black Livingstone”) would put Indiana Jones to shame. We will pick up on the incredible life adventures of Sheppard when he arrives in Tuscaloosa in 1884 as a student at the recently formed Tuscaloosa Theology Seminary (later known as Stillman College) under the guidance of Reverend Charles Stillman. Sheppard longed to become a missionary to Africa. By the turn of the century he had traveled deep into the Congo jungle in search of a hidden kingdom. What follows is life as an educator, missionary, explorer, and a witness to the greed and terror of Belgian King Leopold in colonial Africa.

A120 America in the Fifties – Fabulous, Fantastic, and Sometimes Frightening

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28

1:45 - 3:00 p.m.

Instructor: Larry Fagen

Not exactly “Happy Days” but not very different. An era of conformity in the midst of seismic changes, an era of complacency and uncertainty, of uprooting and setting down new roots, of expression and censorship, of fortitudes and fears, hopes and despair. History and culture of the fifties will be remembered via visuals and sounds, and enhanced by the still vivid recollections of the instructor and OLLI members. Those who have taken previous offerings of this course should know that it will be presented in a different format, largely devoid of the Halberstam videos.

A121 Nutrition for Dummies and All the Rest of Us

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28

1:45 - 3:00 p.m.

Instructor: Mary Ann McKissick

YOU Are What You EAT! This course is designed to help you make wise food choices regardless of age, diet, health issues and dietary restrictions. It will focus on daily nutritional needs, diets for being Heart Healthy, Brain Healthy, Vegetarian, Vegan, Diabetic Healthy and more. We will cover guidelines for eating out, cooking nutritious meals (without being boring) and food purchasing. Let’s get healthy!

A122 The Art of Scrapbooking

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28

3:00 – 4:30 p.m.

Instructor: Willie Wells, Katie Terrell

Location: Stillman College, Wynn Center, Room 132

Stop hiding your favorite photos in boxes and envelopes! Bring your imagination and be as creative as you want to be. This class will provide an opportunity for you to scrapbook pictures of your favorite people, animals, plants, adventures, etc. You will be free to create and use items such as old jewelry, buttons, pins, postcards, greeting cards, wrapping paper, dried flowers, etc., to capture the essence of your scrapbook theme. Students will be required to provide their own scrapbook. Class limit: 12.

A123 Investment Titans

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28

3:15 - 4:45 p.m.

Instructor: Legrand Hutchison

We will examine the personal lives, investment history and investment principles and strategies of some of America’s investment giants during the last 100 years. People included in the discussion will be Jesse Livermore, Bernard Baruch, Demopolis born and bred Jimmy Rogers, Tennessee native John Templeton, Memphis raised Paul Tudor Jones, the Oracle of Omaha Warren Buffet and others. Each of these people has interesting and unique personalities as well as investment styles. This course should be both fun and educational.

A124 Get the Most Out of Your iPhone /iPad

Sept 9, 16, 23, 30 (4 wks.)

3:15 - 4:45 p.m.

Coordinator: Lisa McKinney

Are you ready to learn more about your iPhone or iPad? Get one-on-one tutoring by students in the UA Culverhouse LIFT program. In this hands-on learning environment, expect to have your questions answered and gain confidence in using your device. You will need to bring your own iPhone/iPad.

A125 Computer Basics

Oct 7, 14, 21, 28 (4 wks.)

3:15 - 4:45 p.m.

Coordinator: Lisa McKinney

Would you like to be able to do more with your computer? Get one-on-one tutoring by students in the UA Culverhouse LIFT program. They can guide you in beginning Word, Excel, or PowerPoint and answer your questions. Laptop computers are provided in class or you may bring your own.



Monday Courses Continued

A126 **Mad about these Movies**

Sept 9, 16, 23, 30; Oct 7, 14, 21, 28
3:15 - until end of the movie
Coordinator: Amelia Yessick

Sept. 9 - *The Upside* (2019)

Presenter: Peg O'Rear
American comedy-drama starring Nicole Kidman, Bryan Cranston, Keven Hart and Julianna Margulies. 2 hrs. and 6 mins.
Received an "A" on CinemaScore.

Sept. 16 - *Midnight Run* (1988)

Presenter: John Ryba
A buddy cop action comedy starring Robert DeNiro, Charles Grodin and Dennis Farina. Scored 96 on Rotten Tomatoes! 2 hrs. and 6 mins.

Sept 23 - *An American in Paris* (1951)

Presenter: Linda Thornton
A classic musical/dance film starring Gene Kelly and Leslie Caron, which won six Oscars.
1 hr. and 53 minutes.

Sept. 30 - *Green Book* (2018)

Presenter: Sandy Stimpson
A bio/comedy/drama set in 1962 starring Viggo Mortensen and Mahershala Ali. Won three Oscars and National Film Review Board "Best Film of the Year". 2 hrs. and 10 mins.

Oct. 7 - *Film Stars Don't Die in Liverpool* (2017)

Presenter: Jean Channel
A bio/romantic/drama starring Annette Benning, Vanessa Redgrave and Julie Walters. Selected 2018 AARP "Best Movie for Grown-ups". 1 hr. and 46 mins.

Oct. 14 - *Nebraska* (2013)

Presenter: Pam Loper
A black and white comedy/drama road film starring Bruce Dern and Bob Odenkirk. Nominated for six Oscars and Bruce Dern won for Best Actor. 1 hr. and 55 mins.

Oct. 21 - *Forget Paris* (1955)

Presenter: Richard Katz
A romantic/comedy produced, directed and starring Billy Crystal and co-starring Debra Winger and various NBA players in cameo appearances. 1 hr. and 41 mins.

Oct. 28 - *Finding Neverland* (2004)

Presenter: Amelia Yessick
A historical/fantasy/drama based on the play *The Man Who Was Peter Pan*. The film starring Johnny Depp and Kate Winslet received four Oscar nominations. 1 hr. and 41 mins.

TUESDAY COURSES

A127 **Science Matters!**

Sept 17, 24; Oct 1
9:00 - 10:15 a.m.

Instructors: Memie Mitchell and Ninette Cannon

Let's explore a scientific concept that is one of the most used, yet, one of the most misunderstood. How much do you really know about the force that gives you light, TV, computers? Don't be left in the dark... join us to learn more about electrical matters.

A128 **Cyber Security: Identity Theft**

Oct 8, 15, 22, 29
9:00 - 10:15 a.m.

Instructor: Ashley Ewing

In this four-week course, learn some of the common malicious tactics used to trick people into providing access to their computers and other personal information. We'll talk about how to recognize common phishing emails, how to secure your information, and how to destroy that information before disposal or donation of old devices. We'll present options on what to do in the event you fall victim to one of these schemes.

A129 **Your Money, Your Life**

Sept 17, 24; Oct 1, 8, 15, 22, 29
9:00 - 10:15 a.m.

Instructor: Lyle Aitken

Your time is your wealth. Join us, as we share ideas and knowledge on how to apply your financial assets to best serve you and your family. Learn income tax-efficient approaches to investing, income tax-saving strategies, proper asset allocation, how to manage your CDs, and how to leave a legacy for your loved ones, through proper estate planning. Specialists in accounting, estate planning, and investments will be guest speakers for the course.

A130 **Coming to America**

Sept 17, 24; Oct 1, 8, 15, 22, 29
9:00 - 10:15 a.m.

Instructor: Sharol Jacobson

America calls itself a nation of immigrants. In this course, we will examine the pushes and pulls that made various peoples emigrate to America, their experiences upon arrival, and the circumstances that shaped their acceptance or lack of it across our history. We cannot always be proud of how we have treated the tired, the poor, and the huddled masses. Contributions of immigrants to American life and new issues in recent migrations will also be discussed.

Get on board the
OLLI TROLLI

See page 5 for details

Tuesday Courses Continued

A131 Taking Care of the Caregiver

Oct 8, 15, 22, 29

10:00 - 11:15 a.m.

Instructor: Delors Walker

Location: Stillman College, Wynn Center, Room 132

Caregivers take care of others and often do not care for themselves properly. We will explore ways in which caregivers can manage their responsibilities and find time to relax and care for themselves. Find ways to de-stress your life, making lemonade out of lemons. Love much and laugh often is good medicine. Learn fun things you can do and many more keys to living and enjoying your life as a caregiver.

A132 Beginning Knitting

Sept 10, 17, 24; Oct 1, 8, 15, 22, 29

10:00 - 11:15 a.m.

Instructor: Judy Camp

Location: Clarke Building, Kentuck Art Center

In this class, you will learn basic knitting stitches and make one knitted item by the end of the session. You will need a size 8 wooden or plastic knitting needle (no more than 10 inches long) and a skein of soft 4-ply acrylic yarn.

A133 A History of Colors, Part 2

Sept 17, 24; Oct 1, 8, 15, 22, 29

10:30 - 11:45 a.m.

Instructor: Kitty Johnson

The History of Colors is the history of civilization. We will cover colors as instruments of social and industrial evolution, colors as engines of trade, colors in art history, and colors as just remarkable entities on their own. This lavishly illustrated course is an extension and revision of the History of Colors taught in Spring 2019.

A134 Everyday Genetics

Sept 17, 24; Oct 1, 8, 15, 22, 29

10:30 - 11:45 a.m.

Instructor: Ed Stephenson

This is an introduction to genes and gene function. No prior knowledge of biology is assumed. Topics will include what genes are, what they do, and how they work, all using examples from common experiences, such as cat coat color, human blood types, and human genetic diseases. Specialized topics will include biotechnology, genetically modified organisms, the genetics of cancer, genetic screening as used in forensics, genealogy and ancestry, and others.

A135 History of the Christian Church

Sept 17, 24; Oct 1, 8, 15, 22, 29

10:30 - 11:45 a.m.

Instructor: Larry Clayton

We will look at the Hebrew/Israelite origins, including the prophecies, the Messianic expectation, and the Jewish historical experience that led to the coming of Jesus. We then consider the historical life of Jesus within the context of Jewish civilization and Hellenized life under Rome and her immediate predecessors. We will focus on the departures in theology and doctrine from orthodox Jewish beliefs that Jesus preached, taught, and represented. These led eventually to a radical departure from the orthodox Jewish religion that emerged, ultimately, as the early Christian church. I'll have some suggested readings, and bring your Bibles or iPads for sure, the best source for early Christianity.

A136 Beginning Line Dancing

Sept 10, 17, 24; Oct 1, 8, 15, 22, 29

10:30 - 11:45 a.m.

Instructor: Jeri Acton

Location: Pine Valley Retirement Community

Have you ever wanted to take steps to learn how to Line Dance? Now is the time. This class offers the fundamentals of line dancing at a pace suited for the first time dancer. It is a popular means of socializing, sharpening your memory, and keeping you fit. Come and join this fun group!

A137 Mini-Medical School

Sept 17, 24; Oct 1, 8, 15, 22, 29

12:00 - 1:15 p.m.

Coordinator: Gloria Oglesby

UA's College of Community Health Sciences and University Medical Center are hosting a lecture series to explore medicine, health care, and health trends. Faculty physicians will lecture on issues and advances in medicine and research, incorporating science, research, and clinical applications. You will learn ways the body works, hear about advances that are changing how we see disease and health, and find out where cutting-edge research is headed.

Sept 17 Dr. Tom Weida

Medicare Wellness Visits

Sept 24 Dr. Louanne Friend

Hypertension

Oct 1 Suzanne Henson, RD

Eat Well, Age Well

Oct 8 Paige Parish, LCSW

Anxiety

Oct 15 Dr. Pamela Payne-Foster

Community-based

Participatory Research: What is it and why is it important?

Oct 22 Dr. James Robinson

Foot Problems

Oct 29 Dr. Brett Bentley

Spinal Stenosis



Tuesday Courses Continued

A138 German 2

Sept 17, 24; Oct 1, 8, 15, 22, 29
12:00 - 1:15 p.m.
Instructor: Chris Bell

If you have learned some German in the past and you want to continue increasing your understanding, speaking, and reading proficiency, then join this class. Through dialogue and simple stories, you will use vocabulary you already know in new situations. You will also learn new vocabulary, in a fun way, to keep your skills up.

A139 Arthritis Exercises and Awareness

Oct 8, 15, 22, 29
12:00 - 1:15 p.m.
Instructor: Carolyn Rhodes

This four-week course will introduce arthritis sufferers to a safe exercise plan. Increase your knowledge and awareness of how you can improve your daily activities safely as you work at your own pace, reduce stiffness, and improve range of motion, mood and coordination. Requirements: Bring a flat resistance band (or box of three) to the first class. Weights will be added by the second class. Class limit: 13.

A140 Writing Your Family Stories

Sept 10, 17, 24; Oct 8, 15, 22, 29
12:00 - 1:15 p.m.
Instructor: Judy Camp

Location: West Alabama Heritage Learning Center

If not you, then who? Who will record your family's memories and happenings for future generations, if you don't pick up a pen and get started? In this class, we will organize and write our family stories. Each week, we'll bring a new story and share it with the class for critiques and suggestions. For the final class, we will bind a booklet of our stories, autograph the booklet, and each class member will receive a copy. Class limit: 15. Materials Fee: \$10.

A141 Advanced Knitting and Crocheting

Sept 10, 17, 24; Oct 1, 8, 15, 22, 29
12:00 - 1:15 p.m.
Instructors: Mary Ann McKissick and Marty Massengale
Location: Clarke Building, Kentuck Art Center

Building on what we've learned in previous semesters, and participants own experience, we will pursue more difficult skills in both crafts.

A142 Discovering Alabama

Sept 17, 24; Oct 1, 8, 15, 22, 29
1:45 - 3:00 p.m.

Instructor: Doug Phillips

An overview of Alabama's natural history and natural diversity. Each class will include presentations of Discovering Alabama documentary television shows, together with other material, hands-on-learning activities and group discussion. The content is relevant to Alabama's Bicentennial celebration.



A143 Zen Meditation: An Introduction

Sept 17, 24; Oct 1, 8, 15, 22, 29
1:45 - 3:00 p.m.

Instructor: Hank Lazer

We will learn about and practice zazen (sitting meditation). The class in no way conflicts with any other religious/spiritual practices (including atheism, humanism, agnosticism). We will have brief readings (in the classic introductory book *Zen Mind, Beginner's Mind* by Shunryu Suzuki), and we will have a brief meditation session during each class meeting. The instructor has been practicing meditation for twenty years, has taught classes, and convened meditation groups for the past decade. No prior experience with meditation required. Class Size: 15.

A144 Presidential Assassinations

Sept 17, 24; Oct 1, 8
1:45 - 3:00 p.m.

Instructor: Richard Rhone

For most of American History, presidents had little personal protection surrounding them, as it was felt there was no need. In most administrations, a secretary and perhaps a police officer stood between the public and the president. Accessibility was generally available for those patient enough to wait. We will study how the assassinations of Lincoln, Garfield, McKinley and Kennedy, as well as, several other unsuccessful attempts, caused the drastic change in presidential protection.

A145 The Significance of the Lesser-Known Presidents

Oct 15, 22, 29
1:45 - 3:00 p.m.

Instructor: Richard Rhone

Public polls show how few of America's 45 presidents are remembered by the average citizen. In many cases, the name may be familiar, but their administration and their role in history are forgotten. We shall discuss several presidents who were significant in the past, but are shortchanged in the present, regardless of the vital roles they may have played in our national history.

Share your class experience
and upload photos to
facebook.com/olli.ua.edu



Tuesday Courses Continued

A146 **Beginning Sun Style Tai Chi I**

Sept 10, 17, 24; Oct 1, 8, 15, 22, 29

3:15 - 4:15 p.m.

Instructor: Gail Hasson and Carl Clement

Location: Canterbury Episcopal Church, Student Center

Tai Chi is a traditional Chinese martial arts form that today is practiced world-wide primarily for health and recreation. There are different styles of Tai Chi. The Sun style is characterized by gentle, slowly flowing movements with deep breathing and can be practiced and enjoyed at any age. In this 8-week course you will learn basic Tai Chi principles and a short form that promotes balance, coordination, and flexibility. Wear comfortable, loose-fitting clothes and flat-soled shoes. Class limit: 12

A147 **Classical Music in the 20th and 21st century: A Guided Tour**

Sept 17, 24; Oct 1, 8, 15, 22, 29

3:15 - 4:30 p.m.

Instructor: Blake Richardson

Do you run the other way anytime you see a work by a 20th or 21st-century composer? Are you a lover of classical music who would like to learn more about music written within the last 120 years? No matter your relationship to these composers and their works, this course will give you the chance to discover how composers built on the traditions of the past - or completely broke from them - to continue the development of classical music into the present day. Dr. Blake Richardson, UA's Director of Orchestral Studies and conductor of the Huxford Symphony, leads the course.

A148 **Nature's Beauty: A Gardener's World**

Sept 17, 24; Oct 1, 8, 15, 22, 29

3:15 - 4:30 p.m.

Coordinator: Katie Byrd

Do you enjoy playing in the dirt, planting flowers of all colors - red, yellow, orange? Then sitting back and enjoying the fruits of your labor. Only to discover that you have invited deer, raccoons, and other varmints to feast on your flowers/plants. Plus, after two weeks, all the flowers/plants seem to have died. This session is for you. Come learn from our experts!

Sept 17 New Plants and Southern Living Plants - Teresa Johnson

Sept 24 Tough Plants for Southern Gardens - Jason Powell

Oct 1 Japanese Maples - the Aristocrat of Trees - David Doggett

Oct 8 Before You Dig - Site Assessment, Soil Testing, Landscape Plans - Mary Jo Modica

Oct 15 Get Growing with Master Gardeners - Pam Sloan

Oct 22 Bees, Butterflies, and Hummingbirds Habitat - Brian Anderson

Oct 29 What's all the buzz? Intro to Beekeeping - David Crowe

A149 **Tom Hanks: Movies about Real People and Actual Events**

Sept 17, 24; Oct 1, 8, 15, 22, 29

3:15 - until the end of the movie

Coordinator: David McKissick

Tom Hanks is one of the most respected actors of the past 30 years and has successfully done both comedy and drama. This class will show him in roles portraying real people.

The Terminal (2004) Viktor Navorskin is an Eastern European tourist whose country is overthrown, leaving him stranded in JFK airport. Not having a valid passport, he cannot enter the United States, nor can he leave.

Charlie Wilson's War (2007) Texas congressman Charlie Wilson conducts covert dealings in Afghanistan, where his efforts are to assist rebels in their war with the Soviets.

Saving Mr. Banks (2013) Walt Disney meets with author P.L. Travers seeking to adapt her Mary Poppins books for the big screen.

Captain Phillips (2013) Captain Richard Phillips and the U.S.-flagged MV Maersk Alabama, is hijacked by Somali pirates, the first American cargo ship to be hijacked in two hundred years.

Bridge of Spies (2015) During the Cold War, an American lawyer is recruited to defend an arrested Soviet spy in court, and then help the CIA facilitate an exchange of the spy for the Soviet captured American U2 spy plane pilot, Francis Gary Powers.

Sully (2016) The story of Chesley Sullenberger, an American pilot, who became a hero after landing his damaged plane on the Hudson River, in order to save the flight's passengers and crew, and then, the intense investigation he must endure in its aftermath.

The Post (2017) A cover-up that spanned four U.S. Presidents leads to an unprecedented battle between the press and the government in the Post's efforts to publish "The Pentagon Papers".

A150 **Healthy Living**

Sept 10, 24; Oct 8

6:30 - 7:30 p.m.

Sheila Wilson

Stillman College, Wynn Center, Rm 123

In this three-session course, learn three strategies for healthy living.

Essential Oils - the benefits of using essential oils - in your home, cooking and healthy habits - they are cleansing, uplifting, rejuvenating and relaxing, with multiple uses for the entire family.

Eating the Rainbow - Learn to incorporate all colors of fruits and vegetables, herbs and spices to promote better digestion, balance, calorie-burning, and improved memory. Food can be a powerhouse for the body - health from the inside out.

The Gut - Where Natural Immunity Begins - Learn that the gut is the source for your body's immunity. Learn to detoxify your body naturally using foods, supplements and sauna therapies.

Dutch-treat Supper Club

6:30 p.m., Tuesdays

Let's eat! Register, then meet up with OLLI members at local restaurants. The registration deadline is the Friday prior to the supper club date. For more information, contact Janie Bostick jrsb1012@bellsouth.net.

A301 Sept 24 - R Davidson Chop House

2330 4th St, Tuscaloosa

A302 Oct 29 - The Levee Bar & Grill

1 Bridge Ave, Northport

A303 Nov 26 - Swen Chinese Restaurant

3380 McFarland Blvd # 1, Northport

WEDNESDAY COURSES

A151 Spanish 1

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

9:00 - 10:15 a.m.

Instructor: Kay Chesnut

Spanish I is for students who have had no prior Spanish. It is also a good refresher class for those who have had some Spanish, but who have forgotten it. Either way, we will have fun learning how to ask questions and carry on simple conversations. Class limit: 25 (don't put the limit in the catalog)

A152 Narrative Poetry

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

9:00 - 10:15 a.m.

Instructor: Bob Lipman

This course will explore some of the wonderful narrative poems of American and British poets. We will examine the poetic form, the poetic techniques and the rhythmical & rhyming patterns of these poems. Selections from Edgar Allan Poe, Robert Frost, Alfred Noyes, Alfred Lord Tennyson and Clement Moore are just some of the poetry to be shared. Sometimes the instructor's own narratives will be presented. Additionally, some famous poetic narrative song lyrics will be offered. All selections will include a biography of the author and interesting background information for each selection. Videos pertinent to each selection will also be offered.

A153 Introduction to Birding

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

9:00 - 10:15 a.m.

Instructor: Dwight Lammon

Join us for a classroom overview of the hobby of bird watching. You'll learn all about the identification of birds by sight or sound, some crucial do's and don'ts, the best places for birding,

considerations when feeding birds, the history of birding, and the entertainment of personal stories. We will be including many audio-visuals to give you real-life bird sounds. Bring your binoculars and a bird guide if you have them, but they are not necessary.

A154 Fresh Eyes/New Vision: An Introduction to Ikebana Floral Design

Sept. 18 & 25

10:00 a.m. - 12:00 p.m.

Instructor: Beth White

Location: Clarke Building, Kentuck Art Center

Learn the basic techniques of oriental floral design, including how to use simple materials with breathtaking results. Bring your own cutting tools; other supplies will be provided. Class Limit: 12. Materials fee: \$20.

A155 Birds of Costa Rica

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

10:30 - 11:45 a.m.

Instructor: Dwight Lammon

This class will be an overview of the beautiful avifauna of the happiest country in the world. We will show slides and film. Costa Rica, the same size as West Virginia, has more species of birds than all of North America. Dwight visited last year with an OLLI trip. All are welcome, even if you are not a birder. Sit back and enjoy.

A156 Predation in the Open Sea and Convergent Evolution

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

10:30 - 11:45 a.m.

Instructor: Bill Hamner

"There is no cover in the open sea, nowhere to hide from predators", says BBC's David Attenborough, describing spectacular new footage of sailfish attacking bait-balls of sardines at the sea surface. We will examine predator-prey interactions at sea, in grasslands and rainforests to see how top predators function in oceanic and terrestrial habitats. We will feature new BBC films on predation, new peer-reviewed scientific articles and new thoughts on the relative importance of convergent evolution in the sea, on land and over geological time.

A157 UA Museums: An Inside Look

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

10:30 - 11:45 a.m.

Instructor: Katherine Edge

This is a series of lectures that will cover a variety of subjects providing an unprecedented look at the inner workings of museums. Staff members from the University's museum units will present topics such as the Gorgas House and historic archaeology, insect flight, how history museums tell a story, and the unique preservation history of Moundville.



Wednesday Courses Continued

BONUS PROGRAMS

(one-time lectures) Open to the Public

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

12 - 1:15 pm

Bryant Conference Center

See Presenters and Topics on page 18

A158 **Beginning Oil Painting**

October 23 & Oct 30

1:00 - 3:00 p.m.

Instructor: Gary Creek

Location: Clarke Building, Kentuck Art Center

This fun, lively, two-session class continues to be an OLLI favorite. Students are introduced to the basics of oil painting. No artistic experience or talent is required - just a desire to learn the fundamentals of the medium. Students should bring three inexpensive 8x10 canvases or canvas panels. Class limit: 12. Materials fee: \$35.

A159 **Napkin Folding Techniques**

Sept 18

1:00 - 3:00 p.m.

Instructor: Lynette Rice

Location: Clarke Building, Kentuck Art Center

Whether you are hosting a fancy dinner party, family gathering or a romantic dinner for two, learn fun and simple ways to fold a napkin to enhance your table decor.

A160 **Elder Law**

Sept 11, 18, 25

1:45 - 3:00 p.m.

Instructor: Steve Wiggins

The class will examine the common legal issues encountered by senior citizens and discuss the available options and solutions. Topics will include powers of attorney, living wills, guardianships, conservatorships, civil commitments, elder abuse (physical and financial), wills and trusts, probate administration, paying for nursing home care, asset protection strategies, and preserving family harmony.

A161 **Navigating the Senior Care Options**

Oct 9, 16, 23, 30

1:45 - 3:00 p.m.

Instructor: Maria Lewis

Let us answer your questions and navigate through the four senior care options: Independent Living and Home Health Care; Assisted Living; Specialty Care Assisted Living; and Long-Term Nursing Care and Hospice.

A162 **The Life and Works of Leo Sowerby**

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

1:45 - 3:00 p.m.

Instructors: Faythe Freese and Joseph Sargent

The year 2020 is the 125th anniversary of the American composer and organist, Leo Sowerby (1895-1968). Dr. Sowerby composed 550 compositions for many diverse genres, many of which will be discussed. Of particular note are his 65 compositions for solo organ and another 30 works for organ with other instruments. Drs. Joseph Sargent, Professor of Music History, and Faythe Freese, Professor of Organ, will teach some classes at the BCC and some at Moody Concert hall.

A163 **Computer Basics**

Sept 11, 18, 25; Oct 2

3:15 - 4:45 p.m.

Instructor: Lisa McKinney

Would you like to be able to do more with your computer? Get one-on-one tutoring by students in the UA Culverhouse LIFT program. They can guide you in beginning Word, Excel, or PowerPoint and answer your questions. Laptop computers are provided in class or you may bring your own.

A164 **Get the Most out of your iPhone /iPad**

Oct 9, 16, 23, 30

3:15 - 4:45 p.m.

Instructor: Lisa McKinney

Are you ready to learn more about your iPhone or iPad? Get one-on-one tutoring by students in the UA Culverhouse LIFT program. In this hands-on learning environment, expect to have your questions answered and gain confidence in using your device. You will need to bring your own iPhone/iPad.

A165 **Airpower and the Allied Victory during World War II – a 75th Anniversary Retrospective**

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30

3:15 - 4:30 p.m.

Instructor: Robert Kane

Dr. Robert Kane, former Air Force historian, will demonstrate the significant effects of airpower during World War II in eight topics, with emphasis on airpower contributions to the Allied victory between Dec. 1941 and Sept. 1945.

A166 **Acrylic Pour (Wednesday)**

September 11

3:30 - 5:30 p.m.

Instructor: Diane Norris

Location: Clarke Building, Kentuck Art Center

Acrylic pours are a modern way of expression using vivid colors and a flowing movement. With the help of paint, catalyst, and a few simple tools, you will create a beautiful and quite striking painting right before your eyes. No experience necessary. Class limit: 8. Materials Fee: \$35.



THURSDAY COURSES

A167 **The Black Church in America**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

9:00 - 10:15 a.m.

Instructor: Rev. David E. Gay, Jr.

Location: Beulah Baptist Church, 3100 25 Street,
Tuscaloosa, AL 35405

This course will trace the beginning/history of “The Black Church in America”, slavery and its effect on the Black Church and the evolution, both positive and negative, past and present.

A168 **Line Dancing for the Experienced Dancer**

Sept 12, 19; Oct 3, 10, 17, 24, 31; Nov 7

(no class on Sept 26)

10:00 - 11:15 a.m.

Instructors: Betty Fagen and Dell Ann Nichols

Location: Morning Pointe Assisted Living

If you have already taken the Beginning Line Dancing class, then you are ready for the next step. This class will enhance your line dancing skills. Not only do you continue learning, but you also exercise, and have fun with other OLLI members.

A169 **Pottery and Lace**

Sept 12

10 a.m. - 12:00 p.m.

Instructor: Anna Beth Northington

Location: All Fired Up

Join us in this class, to learn how to create step-by-step your unique pottery piece, using the lace technique! Take advantage of this special offer with studio time, discounted pricing and fun with your OLLI friends, to create a fun work of art. Register with OLLI, but pay All Fired Up directly on the day of the class. Discounted class fee is \$6, and you'll pay for the pottery piece you select (range \$20 - \$50) for this project.

A170 **Spotlight on Alabama**

12:00 - 1:15 p.m.

Sept 12 **Alabama Bicentennial Quilt**

Yvonne Wells

Come hear about the making of this special quilt and the stories of Alabama's history it represents.

Sept 19 **The Annotated Pickett's History of Alabama**

James Pate

First published in 1851, Pickett's History, as it is commonly known, has been an invaluable resource for scholars studying and writing about Southeastern Indians and the expansion of the young United States into what was known as the “Old Southwest,” the present-day states of Georgia, Alabama, and Mississippi. Dr. James P. Pate, a scholar in the field, has devoted almost two decades to a painstaking annotation of Pickett's original two-volume work.



Sept 26 **Moundville Moments: Did you know?**

Alex Benitez

The presentation will focus on various histories and interesting facts about Moundville, from its Mississippian beginnings to the present day. In addition to the more well-known archaeological and recent histories of Moundville Archaeological Park, we will explore oddities and quirks about the Park and its history that many visitors may never learn.

Oct 3 **The Alabama Indigenous Mound Trail**

Mathew Gage

The Alabama Indigenous Mound Trail is a program designed to promote a better understanding and an appreciation for past cultures, and the monumental architecture Alabama's Native American populations undertook before European arrival. The trail highlights thirteen archaeological sites around the state and sheds light on cultures that once dominated the lands that became Alabama.

Oct 10 **Cultural Resource Management**

Matthew Gage

Cultural Resource Management is not something most Americans consider when it comes to industry and development. However, archaeology and historic preservation are an important part of the process of building everything from roads and infrastructure to residential developments in our country. Matt Gage, director of The University of Alabama Office of Archaeological Research, will discuss cultural resources and how they affect all of us.

Oct 17 **Tuscaloosa Bicentennial Celebration**

Cathy Randall

Tuscaloosa is celebrating 200 years and you can be part of the party. Cathy will share details of the activities and events still to come as part of the Tuscaloosa bicentennial celebration.

A171 **Facing the Future's Financial Challenges**

Sept 12, 19, 26; Oct 3 (4 wks.)

12:00 - 1:15 p.m.

Instructor: Thomas Stroud Regions

Everyone wants to protect and make the most of their money. During our Facing the Future's Financial Challenges classes, a financial expert will provide you with easy-to-understand advice and action-oriented steps you can take to have a better understanding of the future financial landscape. In this course, you will learn; How to protect yourself from identity theft, 10 ways to simplify your life using banking technology, tips and tools for helping seniors avoid financial exploitation and the basics of wills and trusts. Join us, to see what the future looks like for you and your money.

Share your class experience
and upload photos to
facebook.com/olli.ua.edu



Thursday Courses Continued

A172 **Beginning Crochet**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
12:15 - 1:45 p.m.

Instructors: Dolores and Irene Crawford

Location: Clarke Building, Kentuck Art Center

Goals of the class are to learn basic crochet steps, how to read a pattern, and how to choose a simple crochet pattern. For this class, you will need to bring scissors, a crochet hook (size H, I, or J) and a skein of any good 4-ply cotton yarn. You may need to purchase more yarn later for a crochet project.

A173 **Rise of the Third Reich: 1900-1939**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
1:45 - 3:00 p.m.

Instructor: Earl Tilford

This course attempts to address how such a dictatorial and evil regime could come to power so quickly, against comparatively little to no resistance in a country as culturally and intellectually advanced as Germany in the early 20th century. It examines how the Third Reich was constructed and how these structures and doctrines, rooted in German history, predisposed the “Thousand-Year Reich” to destruction in just a dozen years. In Spring Semester 2020, we will cover Part II, “Fall of the Third Reich: 1939-1945”.

A174 **Alabama Heritage on the Bicentennial**

Sept 12, 19, 26; Oct 3, 17
1:45 - 3:00 p.m.

Instructor: Alabama Heritage editors and writers

Experts featured in the upcoming book *Alabama from Territory to Statehood: An Alabama Heritage Bicentennial Collection* - Ed Bridges, Mike Bunn, Jim Lewis, Tom Reidy, and Sam Webb, will bring Alabama's formative period to life. Get access to Alabama Heritage's first-ever book - before it is officially released!



A175 **Zotero for Research and Writing**

Oct 24, 31 (OPEN TO THE PUBLIC)
1:45 - 3:00 p.m.

Instructor: Donna Baker

Get a solid introduction to the free software product used worldwide by scholars and writers to collect, analyze and organize their research. Great for students, faculty, authors, historians, librarians, and genealogists. A lifeline to anyone with a dissertation, article, or book in the works.

A176 **Finding Your Ancestors: Genealogy for Beginners**

Sept 12, 19, 26; Oct 3, 17, 24, 31
3:30 - 4:45 p.m.

Instructors: Donna Baker and Susan Reynolds

Are you curious, dabbling, or self-trained and seeking the core principles, tools, and methods of genealogy? This course will ground beginning-level students in the fundamentals of

computer-based family history research. Students are encouraged to bring Wi-Fi-enabled laptops or tablets, though these are not essential. Warning: Genealogy can be wondrously addictive!

A177 **Alabama: The First Decade**

Sept 12, 19, 26; Oct 3
3:30 - 4:45 p.m.

Instructor: Chris McIlwain

Alabama was finally admitted to the Union in 1819, but there was no guarantee that it would ever become a viable state. We know it eventually did, but the challenges Alabamians had to overcome were daunting and seemingly insurmountable. This course will cover all of that and more.



A178 **Getting to Know your Heart**

Oct 10, 17, 24, 31
3:30 - 4:45 p.m.

Instructor: Nada Memon

The goal of this lecture series is to inform and educate the public about the electrical system of the heart, medical issues related to this system and various treatment options. The seven classes will answer these questions: What is atrial fibrillation and how is it treated? Is my passing out related to my heart? How do pacemakers and defibrillators work? Why is my heart racing? Why do I need to be on a blood thinner? Why do I need all these heart tests and what do they mean?

A179 **Calligraphy: The Art of Beautiful Writing**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
3:45 - 5:30 p.m.

Instructor: Angie Cooper

Location: Crimson Village

In this class, we will incorporate the history, early usages, and contemporary trends in calligraphy, as well as, great ideas for ways to use your newly acquired talent. Join us, as we master chancery cursive-style writing. Class Limit: 15. Materials Fee: \$20.

FRIDAY COURSES

A180 **Bead Building and Jewelry Class**

Nov 8
9 a.m. - 4 p.m. (lunch break included)

Instructor: Lee Anne Jones

Location: Stillman College, Jackson Annex, Rm 105

Learn the basics of working with polymer clay to build canes using a pasta machine, brayer, and blade. Polymer clay is a synthetic clay that can be used to make unique beads in a multitude of colors. We will create some handmade beads and use them to build earrings and a bracelet. Lee Anne is a self-taught polymer and ceramic clay artist. Class limit: 8. Materials fee: \$30.

BONUS PROGRAMS

Wednesday, Noon - 1:15 p.m.
Bryant Conference Center

Bonus Programs are open to the public.
Registration is not needed.
Coordinator: Mary Jon Sneckenberger

Sept 11 Collusion at the Bay of Pigs: The CIA, The Mafia and the Plan to Assassinate Fidel Castro

Presenter: Dr. Howard Jones

In the pre-dawn hours of April 17, 1961, a small band of 1500 Cuban exiles invaded their homeland at the Bay of Pigs in an attempt to overthrow Fidel Castro. Masterminded by the CIA, the amphibious operation hinged on covert action, a pre-emptive strike, and, its greatest innovation, a contract with the Mafia to assassinate Castro. The Kennedy administration had embarked on a new direction in foreign policy, one dependent on assassination and military force. What caused this White House obsession with Fidel Castro?

Sept 18 France Remembers: 100 Years of Gratitude

Presenter: Mort Jordan

In July 2018, Mort Jordan visited the WWI battlefields of France, where the 167th Regiment of the famed 42nd Rainbow Division had fought in 1918. The 167th was composed largely of Alabama boys. Most had been members of the 4th Alabama National Guard and all were volunteers. The Alabama Regiment saw more action than any other American unit in the War. Hear about Mort Jordan's trip to regions of France in relation to the 167th in 1918 and world events that brought it all about. His talk will cover the land, the backdrop of 1918, and the centennial event of 2018.

Sept 25 Opera Preview 2019 - 2020

Presenter: Paul Houghtaling

Professor and Director of Vocal Performance and Opera Programs in the School of Music, Dr. Paul Houghtaling, will talk about the 2019-2020 UA Opera Theatre season, as well as lead in a discussion on current trends in the United State opera production. This opera season will include two exciting world premieres. One premiere is in collaboration with the Tuscaloosa Symphony Orchestra. This bonus presentation promises to be energetic and full of passion, hallmarks of Dr. Houghtaling's engaging style.



Oct 2 Tuscaloosa's Treasure

TUSCALOOSA
CENTENNIAL



Presenter: Carole Taylor

No matter where you go in town or the county, you are bound to run into a PARA place! The Parks And Recreation Authority offers something for everyone with almost 2,000 acres of green space. This includes over 35 parks, boat landings, six activity centers, an 18 hole golf course, award-winning tennis facility, recreation and leisure activities for all ages. Come and hear what PARA has planned for the fall....maybe trips to Mexico or Memphis' House of Blues.

Oct 9 Not a Question of If, But When

Presenters: Cpt Steve Rice and Sgt Lachlan Chronister

Whether you read the newspapers, watch TV or listen to the radio, you can't escape the news that just about once a week, there is a shooting involving a crowd of innocent bystanders. If an active shooter incident occurs, what have you done to prepare yourself? The Tuscaloosa Police Department has a presentation that will cover the history of events in the U.S., what you can do (Run, Hide, Fight), and what to expect from agency response. Even if you don't think you need this information, just remember that your children and grandchildren, unfortunately, do.

Oct 16 Crooks, Scoundrels, and Other Politicians

Presenter: Steve Flowers

Few states have had as colorful a history as Alabama. Some of the most colorful have been figures in government and politics such as George Wallace, Big Jim Folsom, Lister Hill, Frank M. Johnson Jr., and Howell Heflin. Then there are others like Rankin Fite, Roger Bedford, Paul Hubbert, Bill Baxley, John Patterson, Fob James, Albert Brewer, and recently, Mike Hubbard and Robert Bentley. We will also learn about the "Sin City", Phenix City. Former state legislator, author, columnist, TV and radio personality Steve Flowers, weaves a thread through all of these stories and legends, spinning a yarn that is captivating, educational and actually truthful.

Oct 23 History of Alabama's Early Transportation

Presenter: Milton Denny

Professional Land Surveyor, author and Land Survey Historian, Milton Denny, presents a walkthrough the early transportation of 1780 - 1920 in Alabama. This walk through history will cover Indian trails, early roads, early bridges, wagons, stagecoaches, early automobiles and motorcycles. Transportation coming of age in the state of Alabama promises to be an exciting and most informative bonus talk.

Oct 30 History of Alabama's Early Transportation, continued

Presenter: Milton Denny

Hear the continuing story of Alabama's history with Milton Denny.

JOIN US FOR A NIGHT FILLED WITH LAUGHS, LOVE, ADVENTURE, AND MURDER!

Special Program

A401 Mystery Dinner Theater

November 19, 5:30 PM

Bryant Conference Center

Fee: \$50 (includes dinner and admission)

Curse of the Cobra's Kiss will have you bursting at the seams with laughter. Traveling back to the Roaring '20s, the discovery of King Rottenlux's tomb has brought together some of the world's most illustrious people. When one of the characters meets an unfortunate end, you can participate in piecing together the threads of the mystery. We encourage all members to join us for the whodunit spectacular of the semester!

This program is produced by OLLI members for OLLI members and we encourage all to get involved! We are grateful to have an organization overflowing with talent and we need YOU to make **Curse of the Cobra's Kiss** a success. Whether your passions lie in acting, set design, marketing, or a plethora of other niches, there is a place for you.

For information on how you can get involved, please call the OLLI Office at (205) 348-6482.



Curse of the Cobra's Kiss

Interested in registering?
Here's how!
Call 205-348-3000 or Go
online olli.ua.edu/register.php

Annual Membership is \$50. To take courses, go on field trips or participate in supper club active membership is required. To take one or more courses, simply pay the Semester Course Package Fee of \$50. Register for any courses you plan to attend at your chapter or other OLLI at UA chapter. Some courses have a nominal materials fee to offset the class materials expense. Most field trips have a fee for the costs associated with that trip.



Class Locations

All courses are held at the UA Gadsden Center, unless otherwise noted in the catalog.

UA Gadsden Center
121 North 1st Street

Gadsden Public Library
254 College Street

**Downtown Civic Center
(Senior Activity Building)**
629 Broad St.



Member-at-Large
Shirley du Pont, slild01@aol.com
Social Chair
Jan Mackey, calkid4747@yahoo.com

Monday Courses

G101 Monday Morning Quarterback Club

September 9, 16, 23, 30; October 7, 14, 21, 28
10:00 - 11:30 a.m.

Instructor: Craig Scott

Location: Gadsden Public Library, Lena Martin Room
Need your sports "fix" for the week? Then, join the OLLI Sports Club at the Gadsden Public Library for a lively discussion about football, baseball, basketball or just about every other sport known to man! We will have special guests drop in and our topics will be ever changing, but always centered on the sports world... including local, state and professional. Join us for the banter and fun. There will be a major discussion topic each week to start things off. Class discussion will focus on that subject. If you love sports, you are invited, regardless of gender. Be there!

G102 Inventing Science

September 9, 16, 23, 30; October 7, 14
1:00 - 2:30 p.m.

Instructor: Bill Browning

Location: UA Gadsden Center, Rm 110

For the past couple of decades, science has gotten a bad rap. A huge number of Americans don't believe in it; even more don't understand what science is and what scientists do. The Internet is awash with fake-science as well as "fake news", all this at a time when the day-to-day operation of the world depends more deeply on scientific understanding. Science is a method of knowing and understanding how the world works. The first systematic scientific investigations have their roots in the ancient Greeks. Join Bill in this exploration of science and its significance.

G103 Getting to Know Our First Ladies

September 9, 16, 23; 30
1:00 - 2:30 p.m.

Instructors: Multiple

Location: UA Gadsden Center, Rm 111

Join us as we continue our look into the lives and accomplishments of our First Ladies. Over the course of history, the role of the First Lady has changed and evolved. From Martha Washington to Melania Trump, each has left her mark on the office. You may be surprised at some of the things these women have done or were instrumental in getting done. Come be surprised and sometimes amazed.

G104 The Movies of Jo Anne Woodward

Oct 7, 14, 21, 28
12:45 - 2:45 p.m.

Instructor: Shirley du Pont

Location: UA Gadsden Center, Rm 111

Note: This is a special time

Oct 7: *Three Faces of Eve*

Oct 14: *The Long Hot Summer*

Oct 21: *The Sound and the Fury*

Oct 28: *The Drowning Pool*

Monday Courses Continued

G105 Ancient Christianity - The Early Church

September 9, 16, 23, 30; October 7, 14, 21, 28

3:00 - 4:30 p.m.

Instructor: Carl Saxton

Location: UA Gadsden Center, Rm 110

Have you ever wondered where all the different Christian denominations came from? Why they are different? How did different denominations come into being? The story is filled with interesting characters and sometimes unbelievable twists and turns. Join us, as we examine the lasting effect these early days have had on our modern day.

G109 Religion in Tudor England

September 10, 17, 24; October 1, 8, 15

1:00 - 2:15 p.m.

Instructor: Keith Robinson

Location: UA Gadsden Center, Rm 110

This course will survey the Tudor period (1485-1603), the zenith of royal power in England and a time of sweeping religious change. We will discuss the Tudor monarchs and how their political aims and private desires had major implications on religious life and practice in England and Europe. Come learn more about the Tudors - the most famous of England's monarchs, and hear all their juicy stories!

G110 Developing "The Want To"

September 10, 17, 24; October 1, 8, 15, 22, 29

3:00-4:30 p.m.

Instructors: Al and Fran Andrepont

Location: UA Gadsden Center, Rm 110

As contributing writers to *Gadsden Style Magazine*, and foodies to begin with, Al and Fran have created a plan for life that works. They will provide you with a practical and comprehensive guide on how to gain control of your eating habits and put you on the road to maintaining a healthy lifestyle. Join us and reap the benefits of our research and sample our recipes.

TUESDAY COURSES

G106 The Civil War

September 10, 17, 24; October 1, 8, 15, 22, 29

10:00 - 11:30 a.m.

Instructor: Norman Dasinger, Jr.

Location: UA Gadsden Center, Rm 110

We will continue our study of the War Between the States for the fall session. This will be our last look at this time in our nation's history. We will look at how these cities were involved or connected to the war: Jacksonville, Talladega, Asheville, Anniston and Cherokee County. Class format will be: Lecture and then field trip. As always, Norman will describe the history of the places we visit and their importance in the war.

G107 Mahjong

September 10, 17, 24; October 1, 8, 15, 22, 29

1:00 - 2:30 p.m.

Instructor: Charlotte Cohn

Location: UA Gadsden Center, Rm 113

Learn about this ancient Chinese tile game that is part luck, part skill, and all fun. We will begin with the basics for absolute "newbies", as well as provide strategies and pointers for those wanting to improve their playing skills. We must have six people for this class to make.

G108 Bridge for Beginners

September 10, 17, 24; October 1, 8, 15, 22, 29

1:00 - 2:30 p.m.

Instructor: Miki Cook

Location: Downtown Civic Center (Senior Activity Center) an elevator is available

This course is designed for those who have some experience playing bridge, but may have forgotten many of the common bridge practices, rules, and regulations. You will review how to evaluate your hand, bid, respond, make your contract, and play bridge. You will play bridge every week and practice, practice, practice. Do not miss this opportunity to keep your mind active.

Dutch-treat Supper Club

Members meet at 5 p.m. at the Gadsden Center, then carpool to the restaurant. Be prepared to drive your vehicle, if needed for transportation. Registration deadline for the supper club is the Friday prior to the supper club date. For more information contact Shirley du Pont, slild01@aol.com.

G301 50 Taters – Tuesday, September 17

1497 County Park Rd, Scottsboro, AL

G302 Saltgrass Steak House - Tuesday, October 1

14 Perimeter Park S, Birmingham, AL

G303 P.F. Chang's - Tuesday, October 15

33 Summit Blvd, Birmingham, AL

WEDNESDAY COURSES

G111 History Over Easy

September 11, 18, 25; October 2, 9, 16, 23, 30

10:00 - 11:30 a.m.

Moderators: John McFarland and Randy Holland

Location: UA Gadsden Center, Rm 111

Be a part of one of the most popular class offerings thus far. This "history-over-easy" approach revisits historical events, characters, and movements, while class members chip in their "two cents" worth. Topics range from military campaigns to people, ideas, and movements that influenced local, national and international events. Religious and political discussions are allowed only in a historical context; no one need fear offending anyone!

Wednesday Courses Continued

G112 **That Sound. That Music. Where did it come from?**

September 11, 18, 25; October 2
10:00 - 11:30 a.m.

Instructor: Michael R. Gagliardo

Location: UA Gadsden Center, Rm 110

We will take four weeks and look at the four families of instruments in the orchestra - strings, woodwinds, brass, and percussion. Each week we will review the instruments, hear them individually, hear them isolated as a section and then hear them with the full orchestra. Come be a part of this musical experience!

G113 **String Along with Amelia**

September 11, 18, 25; October 2, 9, 16, 23, 30
1:00 - 2:30 p.m.

Instructor: Amelia Day, Karen Walsh, Kay Gray and Delores Thompson

Location: UA Gadsden Center, Rm 110

Make a fashion statement with a creation all your own. This is a chance to practice the techniques of jewelry making with a skilled instructor and go home with pieces uniquely your own. If you have taken a jewelry class before, join us for more advanced techniques. Materials Fee: \$15

G114 **Alabama Before Statehood**

September 11, 18, 25; October 2, 9, 16, 23, 30
1:45 - 3:00 p.m.

Instructor: Skip Campbell

Location: UA Gadsden Center, Rm 111

Note: This is a special time.

This course examines the origins of our state's history and concludes with Alabama achieving statehood in 1819. Topics will include indigenous people who inhabited what is now Alabama and their cultural contributions and way of life. Europeans may have come to Alabama first and had an impact on its colonization. The course will discuss the forming of the Mississippi and Alabama Territories that led to statehood for Alabama.

G115 **The Bible AS Literature/The Bible IN Literature**

September 11, 18, 25; October 2, 9, 16, 23, 30
3:00 - 4:30 p.m.

Instructor: Dave Murdock

Location: UA Gadsden Center, Rm 110

Apart from its status as Holy Scripture, the Bible is an extraordinary work of literature. To be more precise (even if it tortures the grammar), the Bible is an extraordinary WORKS of literature. What we know as the Bible contains examples of several different genres of ancient Eastern Mediterranean literature – wisdom literature, apocalypse, epistolary... just

to name a few. We will discuss not only the different genres of Biblical literature, but also the ways in which those genres affected and influenced the imaginative literature of the Western world. We will also discuss the various efforts of translation from the Bible's original Hebrew, Greek, and just a little bit of Aramaic, into other languages, focusing on its journey into English.

THURSDAY COURSES

G116 **Exercise for Your Health**

Sept 12, 19, 26; Oct 3, 10, 17, 24
9:00 - 9:45 a.m.

Instructor: Belinda Brock

Location: Downtown Community Center (Senior Activity Building)

Regular physical activity can help control your weight, lower your risk of heart disease, lower your risk of Type 2 diabetes and metabolic syndrome, lower your risk of some cancers, strengthen your bones and muscles, and the list goes on. Fitting exercise into your daily routine may seem difficult at first, but even 10 minutes a day is fine. Join us for exercise, fun, and all those benefits to your health.

G117 **Genealogy Club**

Sept 12, 19, 26; Oct 3, 10, 17, 24
9:30 - 11:30 a.m.

Instructor: Craig Scott

Location: Gadsden Public Library 2nd Floor Computer Room (elevator available)

The search for your roots is an ongoing process. Regardless of where you are in that search, Craig will provide you with sources and links to the past. Using the latest software and Internet sites allows you to shed light on your famous and infamous ancestors. This is not a class for the beginning genealogist. Previous computer experience is a MUST!

G118 **Armchair Travel**

Sept 12, 19, 26; Oct 3, 10, 17, 24
3:00 - 4:30 p.m.

Coordinator: Shirley du Pont

Location: UA Gadsden Center, Rm 110

Pack your bags as we take off once again. This travel group heads for destinations both historical and entertaining. Remember: no money, no passport, and no shots required – just come enjoy cultures and countries different from ours, as well as, our own. Join us, for seven fun-filled weeks as we travel the globe. We return on week eight to enjoy tasty tidbits from each locale.

Sept 12 – Peggy's Cove/Halifax, Nova Scotia

Presenter: Gail Ragland

Sept 19 – The Kentucky Derby

Presenter: Sheila Mountain

Sept 26 – Pompeii

Presenter: Shirley du Pont

Oct 3 – Spain

Presenter: Frances Douglas

Oct 10 – Greece

Presenter: Elizabeth Wheeler

Oct 17 – Africa

Presenter: Bill Haller

Oct 24 – Arizona and New Mexico

Presenter: Richard Rhone

Oct 31 – International Food Day

It is time for our taste buds to travel where our minds and hearts have been these previous weeks. Join us, for a sampling of delicacies from around the globe.

BONUS PROGRAMS

Thursdays, 1:00 - 2:30 p.m.

UA Gadsden Center

Bonus programs are open to the public.

No registration needed.

Coordinator: Shirley du Pont, slild01@aol.com

September 12: Get to Know How Your Court System Works

Presenter: Cassandra (Sam) Johnson, Circuit Clerk, Etowah Cty
Cassandra will speak on Protection from Abuse cases that will include Protection from Elder Abuse, Jury Service (What is my role as a juror?) and programs that the court provides for the rehabilitation of individuals that have cases in our criminal judicial system. We will finish up with “How to Vote Absentee” and “Can I Serve as a Poll Worker?” in an election. Join us, for a journey through the court system. There may even be a few special guests with Cassandra (could it be a judge or maybe two?)

September 19: Operation Rolling Thunder: How not to Conduct an Air Campaign

Presenter: Dr. Robert Kane

In April of 1965, the United States began Operation Rolling Thunder, a strategic air campaign that developed into an air interdiction campaign. Despite its length (over three years) and hundreds of tons of bombs dropped on North Vietnamese targets and large American losses, the campaign failed to move the North Vietnamese leaders to the negotiations table.

September 26: Guess Who?

Presenter: Stan Moss

The theme of Alabama’s bicentennial year of statehood (2019) focuses on its people. We will be looking at people who made Alabama a great place to live. There will be an overflowing cast of your favorite figures in Alabama history. The challenge is “Can you guess Who?” Join us for the fun of discovering who were the movers and shakers.



October 3: The Egyptians – How They Played

Presenter: Catherine Hawkins

Artifacts related to daily activities and hundreds of documents written by the ancient Egyptians shed light on their lives—the food, clothing, furnishings, cosmetics, trades, crafts and the fundamental social unit of ancient Egyptian civilization, the family. Just like you, they played games. Evidence of an ancient game, Senet, was found in “Tut’s” tomb. Come learn more about this ancient civilization and what they did for fun.

Oct 10: Sloss Furnaces and the World Wars

Presenter: Ty Malugani

Many people do not realize the important role that Birmingham industry played in the war effort during World War I and World War II. Not only did the iron and steel that came out of Birmingham help win those wars, but the effort involved also boosted Birmingham’s economy to new heights, and in the case of World War II, saved the city from collapsing during the Great Depression. Sloss-Sheffield Steel and Iron Company was just one part of Birmingham’s war effort, but serves as a good example of the greater effort put forth by Birmingham industry.



October 17: The Two Linebacker Operations: The Correct use of Air Power, 1972

Presenter: Dr. Robert Kane

The two Linebacker Campaigns: Linebacker in April - June 1972, and Linebacker II in December 1972, demonstrated a significantly much better use of American airpower, despite the problems, which occurred during these two air campaigns.

October 24: The Origin of Nursery Rhymes

Presenter: Stan Moss

The history and origins of most nursery rhymes reflect events in history. Two examples of these types of nursery rhymes are “Ring Around the Rosies” which refers to the Bubonic Plague and “Remember, Remember” nursery rhyme which alludes to Guy Fawkes’ foiled attempt to blow up the English Houses of Parliament. Many of the words and nursery rhyme lyrics were used to parody the royal and political events of the day; direct dissent would often be punishable by death. These events in history are still portrayed through children’s nursery rhymes, when, for most of us, the historical events relationship to the nursery rhymes themselves is long forgotten.

October 31: Halloween Party

Coordinator: Shirley du Pont

It’s Halloween and we are going to have a Halloween party; enough said. Join us for the food and fun!

Share your class experience
and upload photos to
facebook.com/olli.ua.edu



Interested in registering?
Here's how!
Call 205-348-3000 or Go
online olli.ua.edu/register.php

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Greater Birmingham Locations

The Vestavia Hills Civic Center and Library in the Forest serve as our core facilities, and we partner with other area locations. See below for GPS-ready addresses and phone numbers.

Vestavia Hills Civic Center

1975 Merryvale Rd, Vestavia, AL 35216, 205-978-0166

Vestavia Hills Library in the Forest

1221 Montgomery Hwy, Vestavia, AL 35216, 205-978-4678

Homewood Public Library

1721 Oxmoor Rd, Homewood, AL 35209, 205-332-6600

Bessemer Public Library

400 19th Street N, Bessemer, AL 35020, 205-428-7882

Hoover Senior Center

400 Municipal Dr, Hoover, AL 35216, 205-739-6700

North Shelby Library

5521 Cahaba Valley Rd, Birmingham, AL 35242, 205-439-5500

Shades Valley Presbyterian Church

2305 Montevallo Rd, Mountain Brk, AL 35233; 205-871-7309
Park at back of building (preschool children may be in area) and enter church there; go up the stairs to Fellowship Hall

Shades Mountain Baptist Church (Field Trip departures)

2017 Columbiana Rd, Vestavia Hills, AL 35216; 205-822-1670

Advisory Chair - Bob Kolar, rvkpe@yahoo.com

Curriculum Chair - Nancy Ekberg, nanekberg@aol.com

Board Member-at-Large - Connie Arnwine, cbarnw@gmail.com

Marketing Chair - Glenn Morgan, dglennmorgan@charter.net

Membership Chair - Cathy Storch, cacdvs@aol.com

Social Co-Chair - Joanne Bruer, joannebruer@att.net

Social Co-Chair - Diane Burrell, ddburrell@charter.net

Field Trip Chair - Beth White, wytelhaus1@msn.com

Lunch Bunch Chair - Joyce West, westjoyce@bellsouth.net

Catalog - Martha Weber

Vestavia Hills Liaison - Julie Harper, jharper@vhal.org

MONDAY COURSES

B101 “The Artist’s Way”

October 7, 14, 21, 28

10:00 – 11:15 a.m.

North Shelby Library

Instructor: Katie Seifert, a writer with passion

Based on the international best seller, *The “Artist’s Way”* by Julia Cameron, this class is designed for those who know they are creative but may have lost their way, or for those who are quick to say, “I’m just not creative.” Yes you are! Join us and learn how to bring your creative self into sync with your intellectual, emotional, physical, and spiritual self. Learn how to cope with creative blocks, how to handle negative feedback, and how to grow artistically. Writers, dancers, musicians, actors, visual artists, and designers are just a few who will benefit.

B102 Milestones of Birmingham’s History

October 7, 14, 21, 28

11:30 a.m. – 12:45 p.m.

North Shelby Library

Instructor: Vulcan Park & Museum Representatives

Our focus will be on the history of Birmingham and the significance of Vulcan Park, home to the world’s largest cast iron statue as well as Birmingham’s most comprehensive history museum. The series will include a special presentation on the historic train depot, Terminal Station, highlighting the current exhibit in the Linn-Henley Gallery inside the museum.



B103 Surpassing Genius – the Art and Legacy of Leonardo da Vinci

October 7, 14, 21, 28

1:00 – 2:15 p.m.

North Shelby Library

Instructors: Nick Boulter and Beth White

This year marks the 500th anniversary of the death of Leonardo da Vinci. We’ll mark the occasion by looking at the science and technique behind his timeless masterpieces, from the Mona Lisa and Last Supper to the incredibly accomplished drawings in his notebooks. With newly published information from the recent biography by Walter Isaacson, we’ll see how Leonardo’s unquenchable desire to understand the laws underlying nature made his art the most accomplished of his day, and irreplaceable for ours.

Share your class experience
and upload photos to
facebook.com/olli.ua.edu



TUESDAY COURSES

B104 The Nitty-Gritty of Photography

September 3, 10, 17, 24

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Instructor: George Ritchey, professional photographer, teacher, and world traveler

In this course on the basic elements of photography for both beginners and seasoned photographers, we will learn about equipment, basics of selecting a location or subject, shutter speed, depth of field, metering, exposure, balance, lighting, focus, methods of image stabilization, silhouettes, low light and wildlife techniques, and horizon location. Cameras are invited but not required. A second course in the spring will teach image capture using all types of equipment, including cell phones.

B105 World Religions

October 1, 8, 15, 29 (No class on 10/22)

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Oct 1: Hinduism. Pratibha Khare, teacher, Hindu Temple and Cultural Center of Birmingham

Oct 8: Judaism. Barry Ivker, retired professor of Comparative Literature with ongoing lifetime of Judaic studies

Oct 15: Christianity. Bill King, retired Episcopal Priest

Oct 29: Islam. Ashfaq Taufique, President, Birmingham Islamic Society

Learn the history and the many faces of each religion, taught by those who teach and practice the faiths.

B106 Constitutions

November 12; December 10

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Nov 12: U.S. Constitutional Law: The Supreme Court

Carl Doerfler, Associate Professor of Political Science, University of Montevallo

The critical decisions by the U.S. Supreme Court and their effect on U.S. constitutional law.

Dec 10: Alabama's Constitution

Howard Walthall, Professor of Law,

Cumberland School of Law, Samford University

Alabama has had six constitutions. Howard will give us a brief overview of the one that established us as a State, and then describe the many aspects of the last one, the 1901 Constitution that was established to suppress the black vote and cement power in the hands of the legislators in Montgomery. He can tell the story of that document with its more than 900 amendments, some of which he helped bring about.



Tuesday Lunch Bunch

Enjoy fellowship and explore ethnic food and fine dining with OLLI friends. Register online at olli.ua.edu or call Registration Services at 205-348-3000. The registration deadline is the Tuesday before the lunch bunch date. Meet at the restaurant at 11:00 a.m. For more information, contact Joyce West, westjoyce@bellsouth.net or 904-887-9445.

B301 Sept 17 Saltgrass Steak House

14 Perimeter Park S, Birmingham, AL 35243

B302 Oct 22 El ZunZún

4105 Crosshaven Dr, Vestavia Hills, AL 35243

B303 Nov 19 Bistro proVare,

Jeff St Shelby-Hoover Campus

4600 Valleydale Rd, Birmingham, AL 35242

Merritt Health Science Bldg, Ground Floor, Front Left Side

WEDNESDAY COURSES

B107 Drug and Non-Drug Methods to Deal With Pain Plus a New Hazard: Vaping

September 4, 11, 18, 25

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Sept 4, 11: Nick Doleys, certified nutritional pain mgmt. teacher

Sept 4: **Non-Drug Treatment of Pain Plus Industry News About Opioids**

Sept 11: Foods and Nutritional Guides to Eliminate Pain

Sept 18: Vaping. Kimberly Cook, Councilor, Vestavia Hills and advocate of tobacco/e-cigarette legislation, and Susan Walley, Ph.D., UAB School of Medicine, Pediatrics

What vaping is, why it is attractive to teens, the cycle of addiction, and recent legislation.

Sept 25: Cannabis Oil (CBD). Rhonda Dial, certified nutritionist

B108 Social and Political Climate of Antebellum Alabama

October 2, 9

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Instructor: Skip Campbell, Ph.D., Director/Adjunct Professor, Gadsden Center, UA

We will look first at Alabama as a territory and then at Alabama after statehood, with the focus on Jefferson County and surrounding areas.



Wednesday Courses Continued

B109 Understanding and Navigating Media Options

October 16, 23

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Oct 16: How to Recognize Fake News. Chris Roberts, Ph.D. Associate Professor, Graduate Coordinator, Department of Journalism and Creative Media, UA

Learn how to check the sources, modes of identification, dates, structures, and content of what you receive on TV, computer, iPad, or iPhone. Weed out the fake information and become an educated editor.

Oct 23: Cutting the Cord. A&T Representative

Many of us now have DirectTV, U-verse, and cable TV. Learn about the alternative of streaming services such as DIRECTV NOW, Roku, Firestick, and Amazon Fire TV Stick; plus some members will share their personal experiences in actually cutting the cord.

B110 Preparing for the Presidential 2020 Election

November 13, 20

10:30 a.m. – 12:00 p.m.

Vestavia Hills Civic Center

Instructor: Natalie Davis, Howell T. Heflin Professor Emerita of Political Science, Birmingham-Southern College

Dr. Davis will refresh our memories on how we elect presidents: primaries, delegates, the Electoral College, and “all that jazz.” Remember that the Alabama legislature approved an early primary in order to be a player in presidential selection. It will be March 3, 2020.

B112 Money and Banking and How They Work Together

October 10, 17, 24, 31

10:30 a.m. – 12:00 p.m.

Vestavia Hills Civic Center

Instructors: John Kottmeyer, Adjunct Professor, Economics, Finance, & Quantitative Analysis, Samford University; and Marshall Clay, Member & Senior Advisor, The Welch Group

Oct 10: Banking in general: Central banking/Federal Reserve. Money supply, interest rate setting. Financial markets (stock and bond markets). (Kottmeyer)

Oct 17: Investing, cash flow, and tax efficiencies. (Clay)

Oct 24: The economy in general: Monitoring economic trends. What to look for. Recent trends from 2007 to the present. (Kottmeyer)

Oct 31: Pros and cons of reverse mortgages and annuities. (Clay)

B113 The History of Theater Through the Ages: Classical Greek Theater

November 7, 21

Vestavia Hills Library in the Forest

1:30 – 3:00 p.m.

Instructor: Ward Haarbauer, founder, Department of Theatre, UAB; teacher and director more than 50 years

A discussion of the great Greek theater based on materials available to modern scholars, including the buildings, performance conventions, costumes, scenery, and scripts, emphasizing the inevitable need to draw conclusions from incomplete resources and drastic differences between the Greeks' culture and our own. This course begins a series on the history of theater, including Medieval, Renaissance, and Japanese, to follow in future semesters.



THURSDAY COURSES

B111 Western Film Series: A History of the Wild West

September 12, 19, 26

Homewood Public Library

1:00 – 4:00 p.m.

Sept 12: “Stagecoach” (1939). Passengers on the Overland stagecoach contend with an escaped outlaw and the threat of an Apache attack as they travel across the Wild West.

Sept 19: “The Shootist” (1976). A dying gunfighter spends his last days looking for a way to die.

Sept 26: “The Ox-Bow Incident” (1942). Townspeople, joined by two drifters, form a posse to catch the men who murdered a farmer and stole his cattle.

After each film, theater critics Ward Haarbauer, Martha Haarbauer, Jesse Bates, and Leslie West will discuss its acting, lighting, foreshadowing, theme, and characteristics.

HOLIDAY OPEN HOUSE

Introduction to Spring Semester

Thursday, December 12

2:00 – 4:00 p.m.

Homewood Public Library – Large Auditorium

Hear professional musician Joe Breckenridge play upright bass, electric bass, acoustic guitar, and harmonica for us. Joe was a songwriter as part of the famous Muscle Shoals sound in 1975.

Enjoy refreshments and connect with friends

BONUS PROGRAMS

**Bonus programs are Open to the Public.
No registration needed.**

“The Guardians”: A Documentary about Property Asset Theft (A collaboration of New Horizons and OLLI)

Thursday, September 5
9:30 a.m. – 12:00 p.m. (Coffee served at 9:00)
Shades Valley Presbyterian Church
Coordinator: Sandra Vinik, lawyer, member of New Horizons and OLLI

We will watch a chilling saga about educated seniors with assets who were deprived of their liberty and finances. Armed with court orders obtained under dubious circumstances, court-appointed guardians had these elderly people removed from their homes, isolated them from their families, and then systematically emptied their bank accounts. Burton Dunn, an elder law attorney, will attend to answer questions on Alabama law and how seniors should protect themselves.

Alabama’s Encyclopedia

Thursday, October 3
10:30 – 12:00 p.m.
Bessemer Public Library
Instructor: Laura Hill, Communications Editor,
Encyclopedia of Alabama



Discover places to visit. Uncover unique stories and remarkable history. Learn how the Encyclopedia of Alabama, an award-winning online resource, places the State’s history, culture, and natural environment at your fingertips.

The Moon’s Purpose, Composition, and Impact

Thursday, October 3
1:30 – 3:00 p.m.
Vestavia Hills Library in the Forest
Instructor: Gene Byrd, Professor Emeritus, Department of
Physics and Astronomy, UA

Beyond the moon landing 50 years ago, we would like to learn about the moon’s origins, substance, possible life, and many fables and traditions. The world Outer Space Treaty even prohibits countries from claiming sovereignty of any celestial body, including the moon.

Growing Up in Venezuela and Watching the Change From Afar

Tuesday, October 22
1:00 – 2:30 p.m.
Homewood Public Library
Instructor: Carlos Izcaray, Music Conductor, Alabama
Symphony Orchestra

Carlos Izcaray, the new, highly acclaimed conductor and director of the Alabama Symphony Orchestra in Birmingham, is a native

of Venezuela. He will describe growing up there, moving to Birmingham, and watching his native country from afar. He will also tell us about his new role with the Alabama Symphony Orchestra.

Human Trafficking

Wednesday, November 6
2:30 – 4:00 p.m.
Homewood Public Library
Instructors: Helen Smith, Victim Specialist, Birmingham
Division, FBI; and Lisa Rhodes, nurse practitioner and
member, North Alabama Human Trafficking Task Force

Interstate 20 is a conduit for human trafficking of boys, girls, and young women between Atlanta and the West Coast of the United States. Human trafficking is a thriving business in Alabama. The presenters will provide personal stories; explain how to identify trafficking, and how to help prevent it. Alabama recently passed legislation to impede the practice of human trafficking.

Sorting Out Social Media

Monday, December 2
10:00 – 11:30 a.m.
Vestavia Hills Civic Center

Instructor: Jade Butler, social media specialist
Facebook, Twitter, Snapchat, LinkedIn, hashtag#, and all the acronyms out there: What do they mean, what do they do, and who uses them? What are the positives and what are the dangers? Jade will sort it all out for us. She says it is her passion to teach people how to communicate with each other.

Home Weatherization

Monday, December 9
Hoover Senior Center
1:30 – 3:00 p.m.
Instructor: Clay Pittman, founder and owner, Allied
Installation

Are high-energy bills caused by leaks in your doors, windows, utility ports, or recessed lights; or by insufficient insulation? Learn about identifying the problems, the many forms of insulation, and do-it-yourself or professional solutions.

“Wild Strawberries:” An Ingmar Bergman Swedish Film on Santa Lucia Day

Friday, December 13
1:00 – 4:00 p.m.
Homewood Public Library

This Swedish film by director Ingmar Bergman (with English subtitles) is often considered to be one of Bergman’s greatest and most moving. After living a life marked by coldness, an aging professor is forced to confront the emptiness of his existence. Following the showing, critics Ward Haarbauer, Martha Haarbauer, Jesse Bates, and John Spinks will help us understand the film.

Interested in registering?
Here's how!
Call 205-348-3000 or Go
oli.ua.edu/register.php

Annual Membership is \$50. To take courses, go on field trips or participate in supper club active membership is required. To take one or more courses, simply pay the Semester Course Package Fee of \$50. Register for any courses you plan to attend at your chapter or other OLLI at UA chapter. Some courses have a nominal materials fee to offset the class materials expense. Most field trips have a fee for the costs associated with that trip.

Membership Chair

Teresa Plowman, 61plowman.teresa@gmail.com

Curriculum Chair

Craig Patterson, chief@starboardrailbooks.com

Open House and Registration Bicentennial Buffet

Tuesday, August 27

5:30 – 7:30 p.m.

Gordo City Hall, 25226 Hwy 82

Facilitators: Teresa Plowman and Vickie House

Each attendee will bring a dish for sampling that would have been on the menu 200 years ago and will tell the group about the recipe, preparation of the dish, and the source of the recipe. If you can't bring a dish, you are welcome to join us to learn about and sample dishes from early 19th Century Alabama.



NEW! Dutch-treat Supper Club Registration is required.

P320 The Levee Bar & Grill

1 Bridge Ave, Northport

Tuesday, Sept 17, 6:30 pm

Meet at 5:30 p.m. at Gordo City Hall to ride the UA van
\$10 (transportation)



P220 NEW TRIP! Steel Magnolias, the play

Sunday, October 6

2 p.m. Play at the Bean Brown Theater, 9500 Old Greensboro Rd, Tuscaloosa, AL

12:30 p.m. Meet at Gordo City Hall to ride UA van to Tuscaloosa

Cancellation deadline: Thursday, Sept 12

Fee: \$30 (includes transportation and admission)

In celebration of the 30th anniversary of the movie premiere, we will travel to Tuscaloosa for this iconic story on stage.

BONUS PROGRAMS

Bonus Programs are open to the public.
Registration is not needed.

Local Fruit and Vegetable Gardening

Tuesday, October 15

5:30 - 7:30 p.m.

Gordo City Hall, 25226 Hwy 82

Presenter: Sam Boring

Regional Extension Agent Sam Boring of the Alabama Cooperative Extension System will share his expertise in several areas of home horticulture in our region. Take this opportunity to meet your agent and ask your gardening questions.

19th Century Crafting

Tuesday, November 19

5:30 - 7:30 p.m.

Gordo City Hall,
25226 Hwy 82

Facilitator: Teresa Plowman

Crafting skills were necessary in the rural homestead when Alabama became the 22nd State. Local crafters will be demonstrating several of these skills.

The Life of Colonel John McKee

Tuesday, December 10

5:30 - 7:30 p.m.

Gordo City Hall,
25226 Hwy 82

Presenter: Craig Patterson

Learn about the life of Col. John McKee, one of Alabama's first settlers. He was an Indian agent, military officer, congressman, and plantation owner, who had personal dealings with President Washington, President Madison, and General Jackson.



Interested in registering?
Here's how!

Call 205-348-3000 or Go

olli.ua.edu/register.php

Annual Membership is \$50. To take courses, go on field trips or participate in supper club active membership is required. To take one or more courses, simply pay the Semester Course Package Fee of \$50. Register for any courses you plan to attend at your chapter or other OLLI at UA chapter. Some courses have a nominal materials fee to offset the class materials expense. Most field trips have a fee for the costs associated with that trip.

Curriculum Chair

Ian Crawford, chasian@gmail.com

Board Member

Edward "Buck" Whatley, woodbuckone@gmail.com

BONUS PROGRAMS

Bonus Programs are open to the public.
Registration is not needed.

Bridge for Beginners

Tuesday, September 10

5:30 – 6:30 p.m.

Presenter: Sandra Busby

Location Noel-Ramey House, 909 Market St, Greensboro

Playing Bridge is fun and a great mental exercise. You will strengthen your memory and strategy power. Come learn the terminology and how to bid and you will be on your way to "play bridge". Invite a friend!

Sarah Kemble Knight: From Colonial Boston to Magnolia Grove

Tuesday, October 8

5:30 – 6:30 p.m.

Presenter: Winnie Cobb

Location: Magnolia Grove, 1002 Hobson St, Greensboro, AL

This is the story of Sarah Kemble Knight and one of the treasures of Magnolia Grove. Knight is remembered today for the extraordinary journal she kept during a journey she made in 1704, on horseback and unchaperoned, from Boston to New York.

Russian Imperial Style

Tuesday, November 12

5:30 – 6:30 p.m.

Presenter: Ian Crawford

Location: Noel-Ramey House, 909 Market St, Greensboro

A look into the fashion, jewelry, palaces and porcelain of the Romanov Tsars and Tsarinas.

For complete trip details and how to register,
pick up a brochure in the OLLI office or
visit the website. Let's go places!

America's Cowboy Country

September 15 – 22, 2019

Trip Leader – Beth Seale (sealeb51@gmail.com)

\$3749 Triple occupancy

\$3799 Double occupancy

\$5099 Single occupancy

Includes: Roundtrip airfare, eight days and seven nights of accommodations, seven breakfasts, three dinners, and a tour guide for the duration of the trip. Pick up brochure in the OLLI office.

Visit Yellowstone, Grand Tetons National Park, Mount Rushmore, and the Crazy Horse Memorial on this eight-day trip into cowboy country. Watch Old Faithful erupt, marvel at the towering peaks of the Grand Tetons, and tour the National Museum of Wildlife Art.

Asheville, NC, and the Biltmore Estate for the Holidays

Tuesday, December 10 – Friday, December 13

Trip Leaders: Beth Seale (sealeb51@gmail.com) and Mary Ann McKissick (savanica66@gmail.com)

Depart BCC: 6:30 a.m., December 10; return 3:30 p.m., December 13

Cancellation Deadline: Thursday, October 3

Fee: \$579, double occupancy, \$689 single occupancy (\$75 due at registration, balance by October 3)

Celebrate the holidays with a tour of Asheville, NC, and the Biltmore Estate, decked out in glorious Christmas finery. Travel by deluxe motor coach to enjoy the wonders of the decorated mansion, grounds and winery of the Biltmore Estate, then tour Asheville and share the city's celebration of the season. There will be time to shop as well as tour!



FIELD TRIPS FOR ALL MEMBERS

Interested in registering?
Here's how!

Go olli.ua.edu/register.php

or call 205-348-3000

or -1866-432-2015

Register online at olli.ua.edu or call Registration Services at 205-348-3000 or 1-866-432-2015. Registration is on a first come, first served basis. Fees must be paid with registration. Cancellations may only be made by contacting Registration Services. Refunds will not be issued for cancellations after the trip cancellation deadline. Substitutions are not allowed. If a field trip is full, call the OLLI office to be added to the wait list. If you have further questions, please contact the trip leader or the OLLI office.

Departs from Tuscaloosa

Tuscaloosa trips will depart from the Bryant Conference Center (BCC), 240 Paul W. Bryant Drive, Tuscaloosa. Transportation for the local trips will be by charter bus or vans. The type of transportation provided is at the sole discretion of the OLLI Program Director. For more trip details, email the trip leader or call the OLLI office, (205) 348-6482.

A201 Confederate Museum & Memorial Park, Marbury AL, and Alabama State Capitol

Thursday, September 12, 2019

Trip Leaders: Becky Embrey (emb619@aol.com) and Jennifer Woods (jwoods9388@gmail.com)

Cancellation Deadline: Thursday, August 29, 2019

Depart BCC: 7:30 a.m.; return 6:30 pm

Fee: \$70

Activity Level: moderate (walking, standing, some stairs)

Our day of "Alabama Past and Present" begins in Marbury at the Confederal Memorial Park, site of Alabama's only Confederate soldiers' home, operated from 1902 to 1939. Our guided tour by Calvin Chappelle, director of the site, includes the museum, as well as, a drive through the park and cemeteries. On to Montgomery for a Dutch-treat lunch at the Commerce Café, just steps from the beautiful Alabama Capitol Building. Our guided tour of the Capitol Building will culminate with a visit to the Goat Hill Museum store offering a selection of Alabama gifts and souvenirs.

A202 Two Centuries of History on Display! Hoole Special Collections Library and Paul W. Bryant Museum

Friday, September 20

Peggy Hamner (sswims2001@gmail.com) and Joanne Hawthorne (nanajo946@gmail.com)

Cancellation date: Tuesday, September 10

Depart BCC: 9:45 a.m.; return 2:45 p.m.

Fee: \$25

Activity level: moderate (walking and standing)

At the W.S. Hoole Special Collections Library in Mary Bryant Harmon Hall, we'll examine books, maps, photographs and more that document history and culture unique to the state of Alabama and to Tuscaloosa. Library staff will explain how you can use the UA Special Collections on site, as well as online, to delve deeper into this history and to learn more about The University of Alabama's past. After a Dutch-treat lunch, we will move on to the Paul W. Bryant Museum for more recent history, with a talk about the museum's recent renovation by Director Ken Gaddy. You'll have plenty of time to explore the museum's new state-of-the-art displays covering the long history of UA football, including videos of great players, plays and games from its archives.

A203 Mobile Inside and Out

Thursday, October 3 – Saturday, October 5

Trip leaders: David Maxwell (dhmaxwell1@gmail.com) and Becky Embrey (emb619@aol.com)

Cancellation deadline: Tuesday, Sept 17

Depart BCC: 7:30 a.m., Oct 3; return 4:00 p.m., Oct 5

Fee: Single \$548, Double \$420 (lunch on 10/05, dinners on 10/03 and 10/04 are Dutch-treat)

Activity Level: Moderate but fast-paced 10/03 and 10/04

Experience the history and charm of Alabama's premier port city! Our Mobile adventure begins with lunch and a tour at the beautiful antebellum Bragg-Mitchell Mansion, followed by a tour of the History Museum of Mobile. Dinner is on your own at one of several restaurants near our hotel. Friday includes the Delta Wildlife Boat Tour of the 5 Rivers Delta area. Lunch with a tour at the GulfQuest Maritime Museum is followed by our Secretly Awesome Boat Tour of the harbor and Port of Mobile, then dinner at the renowned Felix's (Dutch-treat). On Saturday, we tour the Mobile Carnival Museum and stop at the Ellicott Stone on our way home, with lunch at Gaston's Grill in Thomasville.

Members may participate in field trips at any of the chapters.



FIELD TRIPS FOR ALL MEMBERS

A204 Modern Aquaculture - Farmed Fish & Plants

Friday, October 11

Trip Leaders: Cade Cook (cadecook53@hotmail.com) and Peggy Hamner (sswims2001@gmail.com)

Cancellation deadline: Thursday, September 26

Depart BCC: 8:00 a.m.; return 5:00 p.m.

Fee: \$17

Activity level: Easy

Join us to learn about modern aquaculture under the tutelage of Greg Whitis, Alabama Extension Specialist in Aquatic Resources. At the Alabama Fish Farming Center in Greensboro Greg will explain the mission of the Center, then take us to a catfish pond to learn more about this growing industry while we watch the farmed fish being harvested. After a Dutch-treat lunch in Greensboro we will tour a commercial aquaculture and hydroponic farm near Columbiana, Alabama, to see firsthand how it's possible to raise fish and edible organic plants together.

A205 Jasper, Alabama – Small Town, Outsized History!

Friday, October 18

Trip Leaders: Peggy Hamner (sswims2001@gmail.com) and Marilyn Nevin (marilyn.nevin07@gmail.com)

Cancellation deadline: Thursday, October 3

Depart BCC: 8:00 a.m.; return 3:45 p.m.

Fee: \$36

Activity Level: Moderate (walking, some stairs)

Jasper may be a small town, but it has an outsized share of fascinating history, boasting two history-making congressmen, one of the South's finest actresses, and a church with a stained glass dome that rivals any in Europe. We will start at the Bankhead Heritage House and Museum to learn about Senator William Bankhead and his daughter - actress Tallulah. There we will also see the travelling Bicentennial exhibit, "Making Alabama". After a Dutch-treat lunch, we will visit the home of U.S. Congressman Carl Elliot, who was the first recipient of the John F. Kennedy Profile in Courage Award. Before leaving Jasper, we will stop at the beautiful First United Methodist Church, considered by the Alabama Historical Commission to be "among Alabama's most outstanding examples of Beaux-Arts neoclassicism."

A206 A Day of Animals, Fossils, and Fish in Bulldog Country!

Friday, October 25

Trip Leaders: Sheree Miller (evergreens3@yahoo.com) and Dan Miller

Cancellation deadline: Thursday, October 10

Depart Northport Civic Center parking lot: 7:30 a.m., return 4:45 p.m.

Fee: \$37

Activity level: moderate (walking and standing)

Join us for a day of adventure on the M.S.U. campus (Bulldog Country) to see the College of Veterinary Medicine, the Lois Dowdle Cobb Museum of Archaeology, the Cullis Wade Depot Art Gallery, and the Aquaculture Unit. See ancient artifacts,

Near Eastern sculptures, and even a replica of the famous Rosetta Stone. Encounter some Mississippi catfish and wild shrimp and learn just what aquaculture is exactly. Learn what it really takes to become a veterinarian and see where large and small animal lives are saved daily. Enjoy an on-campus lunch, taste student-made ice cream (from local cows) and take some mouth-watering cheese home on the bus. You might even encounter a live M.S.U. bulldog (or maybe just a campus squirrel) on the prowl!

Geologic Field Trip of Tuscaloosa County

A207 Friday, November 1 OR

Cancellation deadline: Thursday, October 15

A208 Friday, November 15

Cancellation deadline: Thursday, October 31

Trip Leader: Philip Malone (philipmalone@gmail.com)

Depart BCC: 8:00 a.m.; return 5:00 p.m.

Fee: \$10 (includes transportation)

Activity level: Easy/moderate (most time traveling in van)

Sign up for either November 1 or November 15, but not both. The trips will be identical.

This will be a field trip of roadside geology. We will travel to the far corners of Tuscaloosa County to learn about its diverse geology. We will visit rock outcrops at Lake Tuscaloosa, Brookwood, Vance, Elrod and Buhl, as well as, sites around the city of Tuscaloosa. Dutch-treat lunch will be at a restaurant.

A209 Trash or Treasure

Thursday, November 14, 2019

Trip Leaders: Beth Seale (sealeb51@gmail.com) and Judy Campbell (judytcampbell@yahoo.com)

Cancellation deadline: Wednesday, October 30

Depart: BCC 9:00 a.m.; return: 3:30 p.m.

Fee: \$37

Activity Level: Easy (walking indoors on flat surface)

From fishing rods to chandeliers, from the ornate to farmhouse chic, Irondale Pickers has something for everyone. If, by chance, you manage to see everything the 400+ vendors have to offer, visit the surplus store next door or stroll down to Junky 2 Funky or Stewart's Antiques. Once our shopping is finished, we will continue the fun with a Dutch-treat lunch at the Irondale Café, the original Whistlestop Café.



FIELD TRIPS FOR ALL MEMBERS

A210 Covered Bridges of Alabama

Tuesday, November 19

Trip Leaders: Richard Katz (rmoseskatz@gmail.com) and Philip Malone (philipgmalone@gmail.com)

Cancellation deadline: Monday, November 4

Depart BCC: 7:00 a.m.; Return 6:00 p.m.

Fee: \$18

Activity level: Easy/moderate (most of time in van traveling)

We will visit the following covered bridges in east Alabama: Kymulga, Waldo, Coldwater, Easley, Horton Mill, and Swann. You will get to witness some of Alabama's treasures from the past and see some great scenery. Bring your camera. We will travel in two 12-passenger vans because access to some of the bridges is limited, and we'll enjoy a Dutch-treat lunch along the way. The vans will allow us to get close to the bridges and actually drive across one of the longest covered bridges open to vehicle traffic in Alabama.

A211 American Village Christmas Lunch & Tour, plus Alabama National Cemetery

Monday, December 9

Trip Leader: Teresa Plowman
(61plowman.teresa@gmail.com)

Cancellation deadline: Thursday, November 1

Depart BCC: 8:45 a.m.; return 4:00 p.m.

Fee: \$66 (includes tour, lunch and transportation)

Celebrate the holidays at the American Village, an innovative American history and civics educational center in Montevallo. We will travel back to the 18th century to rediscover America's journey to independence, liberty and self-government. We will visit replicas of Mount Vernon and Liberty Hall, and perhaps meet George Washington or his family. After our tour, we will enjoy a delicious colonial Christmas luncheon in the East Room of the White House. After lunch, we will have a guided tour of the nearby Alabama National Cemetery, consecrated in 2009.



Departs from Gadsden

These trips depart from UA Gadsden Center. Registration fee must be paid with registration. Cancellations must be made by contacting Registration Services, 205-348-3000 or 1-866-432-2015. Refunds will not be issued after the cancellation deadline. Substitutions are not allowed. If a field trip is full, call the OLLI office to be added to the wait list.

G201 Mayfield Dairy, Athens, TN

Friday, September 20

Trip Leader: Shirley du Pont (slild01@aol.com)

Cancellation Deadline: Friday, September 13

Depart: 8:00 a.m.

Fee: \$30 (includes transportation, admission)

Activity Level: Easy

You will see for yourself how your favorite Mayfield products are made with a fun and educational behind-the-scenes tour! While there, we will browse the Mayfield gift shop and, of course, enjoy a generous scoop of your favorite ice cream at the old-fashioned ice cream parlor. It's fun and delicious!

G202 Tupelo, MS, and Memphis, TN

Friday, October 4-6

Trip Leader: Shirley du Pont (slild01@aol.com)

Cancellation Deadline: September 20

Depart: 8:00 a.m.

Fee: \$340 dbl, \$490 sgl (includes transportation, lodging, admission)

Activity Level: Moderate

We will visit the birthplace of the "King of Rock and Roll" and see the church he attended, the story wall, the theater, and so much more here, where his story began. In downtown Memphis, we will walk along Beale Street and enjoy the sights and sounds. Our trip includes a tour of Graceland mansion and the grounds. Dinner together and more sightseeing. We will head home Sunday, after we see 'the ducks' at the famous Peabody Hotel.

G203 The Simon and Garfunkel Story, Oxford, AL

Sunday, November 3

Trip Leader: Jan Mackey (calkid4747@yahoo.com) and Shirley du Pont (slild01@aol.com)

Cancellation Deadline: October 25

Depart: 4:30 p.m.

Fee: \$45 (includes transportation, admission)

Activity Level: Easy

"The Simon and Garfunkel Story" is a critically acclaimed concert style theater show about two young boys from Queens, New York, who went on to become the world's most successful music duo of all time. Using state of the art video projection, incredible lighting and a full live band, "The Simon & Garfunkel Story" is a moving and powerful concert featuring all the hits such as "Mrs. Robinson", "Bridge Over Troubled Water", "Homeward Bound", "Scarborough Fair", "The Boxer", "The Sound of Silence" and many more. This is not a show to be missed!

FIELD TRIPS FOR ALL MEMBERS

G204 National Memorial for Peace and Justice, Montgomery, AL

Friday, October 25

Trip leader: Shirley du Pont (slild01@aol.com)

Cancellation Deadline: October 19

Depart: 8:00 a.m.

Fee: \$50 (includes transportation and admission)

Activity Level: Moderate (walking, mostly outdoors)

Located on the site of a former warehouse where black people were enslaved in Montgomery, Alabama, this narrative museum uses interactive media, sculpture, videos and exhibits to immerse visitors in the sights and sounds of the domestic slave trade, racial terrorism, the Jim Crow South, and the world's largest prison system. On a six-acre site atop a rise overlooking Montgomery, the national lynching memorial is a sacred space for truth telling and reflection about racial terror in America and its legacy.

Share your trip experience
and upload photos to
[facebook.com/olli.ua.edu](https://www.facebook.com/olli.ua.edu)



Departs from Birmingham

Greater Birmingham field trips depart from Shades Mountain Baptist Church, unless otherwise stated. Fees must be paid with registration. Cancellations must be made by contacting Registration Services, 205-348-3000 or 1-866-432-2015. Refunds will not be issued after the cancellation deadline. Substitutions are not allowed. If a field trip is full, call the OLLI office to be added to the wait list.

B201 An Automotive Adventure in Lincoln, AL

Wednesday, September 11

Trip Leader: Kay Kelley (kaykelley9@gmail.com)

Cancellation Deadline: Thursday, September 5

Fee: \$62 (admissions, catered lunch, transportation)

Depart Shades Mountain Baptist Church 8:00 a.m.; return by 5:00 p.m.

Activity Level: Moderate

This automotive adventure begins with a 1.5-hour, self-guided tour of the International Motorsports Hall of Fame at the Talladega Speedway (including exhibition hall, pavilion, and library) and van ride around the track. Enjoy a catered lunch from Good Ole Boys BBQ. We then visit the Honda manufacturing plant for a 1.5-hour tour of the assembly line.



B202 NASA Marshall Space Flight Center

Redstone Arsenal, Huntsville, AL

Thursday, September 19

Trip Leaders: Sam Romano (sdr216erwin@att.net) and

Betty Digges (bseph@aol.com)

Cancellation Deadline: Thursday, September 5

Fee: \$76 (admission, transportation) plus Dutch-treat lunch

Depart Shades Mountain Baptist Church 8:00 a.m.; return by 6:00 p.m.

Activity Level: Moderate - multiple on and off bus stops; limited restrooms

Required for Admission: Picture ID, U.S. citizens only, bags searched

Short of becoming a rocket scientist, there is no better way to understand NASA's Marshall Space Flight Center than on the NASA bus tour with a trained Museum Presenter. This unusual tour includes stops at the Historic Test Stands and the Propulsion Research and Development Laboratory. Our trip starts with a Dutch-treat lunch at 11:00 a.m., where our leader, Sam Romano, a retired NASA employee, will share personal and historical background information. The 2.5-hour tour begins at 12:30 p.m. and includes touring Redstone Arsenal.

B203 Appreciating the Dixie Art Colony, Wetumpka, AL

Friday, October 18

Trip Leader: Beth White (wytehaus1@msn.com)

Cancellation Deadline: Friday, October 11

Fee: \$48 (admissions, catered lunch, transportation)

Depart Shades Mountain Baptist Church 8:00 a.m.; return by 5:00 p.m.

Activity Level: Moderate

During the 1930s and 1940s, a thriving artist group, The Dixie Art Colony, gathered every summer, under the direction of Kelly Fitzgerald, to encourage selected artists to explore their creative side. Although most were "Sunday Artists," a few were more serious and later became well-known Southern artists. The colony's legacy is broad and varied. Some of the colonists were instrumental in founding many of the South's finest regional art museums while others, like Frank Applebee, left their mark as prominent educators. Mark Harris, director of the Dixie Art Colony Foundation, will be our host and guide as we explore the art and artists. We will begin at the DAC Museum and Gallery in Wetumpka. We will then travel to the Trinity Episcopal Church fellowship hall for a slide presentation, catered lunch, and lecture. On the way home, we will visit the Nobles Ferry site where the summer camp was held.

Members may participate in field trips at any of the chapters.

FIELD TRIPS FOR ALL MEMBERS

B204 “Phantom of the Opera” at the Alabama Theatre, Birmingham, AL

Sunday, October 27

Trip Leader: Pam Moore (pamlmoore@hotmail.com)

Cancellation Deadline: Monday, October 21

Fee: \$10.00; optional Dutch-treat meal at Pizitz Food Hall

Meet at the theatre at 1:15 p.m.

Activity Level: Easy

Join fellow OLLI friends at the beautiful Alabama Theatre for the original 1925 black and white “Phantom of the Opera” film. In this silent horror classic, aspiring young opera singer Christine Daaé discovers that she has a mysterious admirer intent on helping her become a lead performer. This enigmatic, masked presence is Erik, also known as the Phantom (Lon Chaney), a horribly disfigured recluse who lives underneath the Paris Opera House. When the Phantom takes Christine prisoner and demands her devotion and affection, her suitor, Vicomte Rauol de Chagny, sets out to rescue her. The movie will be accompanied by “Big Bertha,” the 1927 Mighty Wurlitzer theatre organ, as originally shown. After the movie, enjoy a Dutch-treat meal at the nearby Pizitz Food Hall.

B205 The Classics Go POP at the Alabama Symphony

UAB Alys Stephens Center/Jemison Hall, Birmingham, AL

Friday, November 1

Trip Leader: Betty Digges (bseph@aol.com)

Cancellation Deadline: Friday, October 18

Fee: \$22 (coffee and Danish, concert, discussion with Christopher Confessore)

Meet at 9:45 a.m. at UAB Alys Stephens Center (parking information TBA)

Activity Level: Easy

Indulge in the romantic charm and passion of music from Norwegian composer Edvard Grieg’s “Peer Gynt” and Russian Alexander Borodin’s piece, “The Polovtsian Dances.” Conducted by the renowned Christopher Confessore, Resident Conductor and Principal POPS! Conductor of the Alabama Symphony. This production includes classical music adapted to current themes. Listen for “Stranger in Paradise” and be surprised by others. Pastries and coffee are served 10 – 11 a.m., followed by a 1-hour concert and a post-concert discussion with Christopher Confessore.

B206 St. Nicholas Slavic/Russian Food Festival

Park & Pastor Streets, Brookside, AL

Saturday, November 2

Trip Leaders: Betty Digges (bseph@aol.com) and Mary Frances Stayton (lovingcats@windstream.net)

Cancellation Date: Friday, October 25

Fee: Free; Dutch-treat lunch

Depart Shades Mountain Baptist Church 9:00 a.m. if

carpooling; return by 5:00 p.m. May drive personally if preferred.

Activity level: Moderate

St. Nicholas Church was founded in Brookside in 1894. The ladies of the Sisterhood of St. Olga have prepared the food and pastries from recipes handed down from relatives and friends who emigrated from Western Ukraine (what is now known as Slovakia) and Russian members of the church. Tour the Temple; enjoy the food, music, shopping, and festivities of this daylong event.

B207 Looking Back – Alabama’s Six State Constitutions and the National Memorial for Peace and Justice, Montgomery, AL

Friday, November 15

Trip Leader: Beth White (wytehaus1@msn.com)

Cancellation Deadline: Friday, November 8

Fee: \$75 (admissions, lunch, transportation)

Depart Shades Mountain Baptist Church 8:00 a.m.; return by 5:00 p.m.

Activity Level: Moderate

OLLI history buff ALERT! The Alabama Department of Archives and History is presenting an exhibit of all six of Alabama’s State Constitutions, which will be open for only 60 days. Take advantage of this rare opportunity to see the progression of the documents. We will spend the morning at the ADAH and the afternoon at the National Memorial for Peace and Justice. The National Memorial for Peace and Justice was conceived with the hope of creating a sober, meaningful site where people can gather and reflect on America’s history of racial inequality. Set on six acres, the memorial uses sculpture, art, and design to contextualize racial terror. We will tour the museum and the memorial.

B208 Handel’s “Messiah” at Riverchase United Methodist Church

Sunday, November 24

Trip Leader: Beth White (wytehaus1@msn.com)

Cancellation Deadline: Monday, November 18

Fee: Free

Performance time: 3:00 p.m. Please arrive by 2:00 p.m. (This is a free event that is always standing room only). Carpooling from Shades Mountain Baptist Church available; arrange with Trip Leader

George Frideric Handel composed this oratorio at his home in three weeks in 1741. The first performance took place at the New Musick Hall in Dublin on April 13, 1742, with about 50 musicians. It has been performed around the world, and is performed every November by the Alabama Civic Chorale. The 63rd annual performance, under the direction of Bebe Clark Kok, will be a glorious event, with 100 voices, 13 orchestra members, and organist Walt Rogers. What a great way to begin the celebration of the Christmas season.

Box 870388
Tuscaloosa, Alabama 35487-0388

Join Us!

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Tuscaloosa

Welcome Back & Open House
Wednesday, August 14, 2–4 pm
Bryant Conference Center
240 Paul W Bryant Dr

Greater Birmingham

Fall Registration & Social
Friday, August 9, 3–5 pm
Homewood Public Library
1721 Oxmoor Rd

Gadsden

Welcome Back & Open House
Thursday, August 15, 4–6 pm
UA Gadsden Center
121 North 1st St

Greensboro

Welcome Back & Open House
Tuesday, Sept 10, 5:30–6:30 pm
The Noel-Ramsey House
909 Market St

Pickens County

Welcome Back & Open House
Tuesday, August 27, 5:30–7:30 pm
Gordo City Hall
25226 Hwy 82

