

Registration begins Monday, May 6.

You may register online
<https://register.ccs.ua.edu>
or call Registration Services
205-348-3000.

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Summer
2019

Inside:

- Bicentennial Lectures
- Variety of Courses
- Exciting Trips
- Social Gatherings
- Grow with OLLI



Older
Lifelong
Learner
Institute

OLLI

THE UNIVERSITY OF ALABAMA®

Tuscaloosa • Greater Birmingham • Gadsden • Greensboro • Pickens County

Grow with OLLI



Greetings,

Whether you are an active OLLI member who enjoys classes and trips with OLLI, a non-participating friend who supports OLLI but cannot take classes just now, or someone who has recently discovered OLLI – this message is for you!

OLLI is a flourishing organization whose members grow and expand their interests, knowledge and skills through classes, lectures, trips, social events, and leadership opportunities. “Grow with OLLI” is a new campaign to get the word out, letting everyone know how each individual can grow with OLLI.

What keeps OLLI on top of its game? It is the incredible generosity of OLLI people who contribute regularly to our ongoing financial needs, the support of UA’s College of Continuing Studies, and the OLLI members who contribute their time and expertise teaching classes, leading trips, and working on committees and the advisory board. They work hard to develop policies, procedures, and best practices that make us one of the premier OLLI programs anywhere. The spirit of giving is alive and well at OLLI and we all benefit, so let’s keep it going!

While you are growing, what can you do to help grow OLLI? First, join us! Then, tell your friends, neighbors and colleagues about OLLI. Get involved by teaching a class. No degree is required – just volunteer to teach your passion! Crafts, sports, history, science, contemporary films, birdwatching or music... there is something you care deeply enough about to share with your OLLI contemporaries. Finally, open your wallet to help support scholarships, the OLLI Trolli, or another aspect of the program that excites you.

Grow with us! See you in class!

Elizabeth Aversa, President

olli.ua.edu | 205-348-6482

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OLLI is one of the many programs in the College of Continuing Studies and we are proud to be a part of the 100 Year Celebration.

OLLI STAFF

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All About OLLI

The Osher Lifelong Learning Institute (OLLI) at The University of Alabama is a member-directed organization that provides adults with social, educational, travel, and leadership opportunities.

An inclusive, welcoming, and volunteer-led program, OLLI focuses on lifelong learning and socialization.

Annual Membership fee \$50 includes:

- **Bonus Programs** weekly presentations – no registration required.
- **Library of Pre-recorded Lectures** – view on your own computer.
- **Supper Club/Lunch Bunch** – organized with other members and Dutch-treat.
- **Access to Courses at all Chapters** - academic and leisure courses on a variety of topics. Semester course fee required.
- **Access to Field Trips at all Chapters** – organized by members. Some trips are local and at no cost while others require a fee to cover transportation and activity related charges.
- **Access to International trips** – Trips are coordinated by a member and sometimes partnered with a tour group company. Additional fee is required.

Semester Course Package – There is a required \$50 fee each semester. One semester fee allows members to register for multiple courses during that term at any of the chapters. Some courses may have a material fee.

Member Benefits include:

- A community of people dedicated to lifelong learning
- Socializing with other mature adults and cultivating friendships.
- Opportunities for leadership.
- Platform for service – teach, facilitate, serve on a committee.
- Bama Perks and UA library admission with Action Card.
- Community Programs and Events.

Due to the financial support from the Bernard Osher Foundation, The University of Alabama's College of Continuing Studies, program partners, and generous contributions, membership in OLLI is able to remain affordable. There are scholarships available to provide additional financial assistance. For scholarship assistance, complete the scholarship form on our website, olli.ua.edu or pick up a form at the OLLI Office.

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Registration Guidelines

- Members must register in order to attend a course.
- Members may register to be added to a course even after the course has begun, if space is available.
- If your plans change and you need to drop out of a course, please go online to cancel or contact Registration Services to drop the course. This will allow other members to enroll in the course.
- If you are enrolled in a course that has a limited capacity stated in the catalog, please be sure you can commit to all sessions.
- Please provide your email and phone number at registration, so that in the event of a change you receive the notification.
- Bonus Programs are open to members and their guest; no registration is needed.
- If a class is full, call the OLLI office to be added to the wait list.

Give to Support OLLI

Thanks to the generous contributions of OLLI members and others in the community, many need-based individuals receive the opportunity to participate in lifelong learning activities. Contributions are accepted year-round online at olli.ua.edu, on the registration form, and at the OLLI office.

Cancellation/Refund

OLLI reserves the right to cancel courses, programs, or trips as necessary, due to insufficient enrollment, inclement weather, etc. There are no refunds for material fees after the course has begun. Each field trip has its cancellation deadline stated in the catalog.

Share your ideas and get involved with OLLI in Tuscaloosa!

Membership – Kit Moss, mckittrick01@yahoo.com

Curriculum – David Maxwell, dhmaxwell1@gmail.com

Travel – Peggy Hamner, sswims2001@gmail.com

Social – Mary Ann McKissick, savanica66@gmail.com

Marketing – Amelia Yessick, ameliaheath@hotmail.com

Would You Like to Get More Out of OLLI?

Many people find being an OLLI volunteer can enrich their lives. A few ways to volunteer are instructing, facilitating, and joining one of our many committees. If you are interested in learning more about volunteer opportunities, please call the OLLI office at 205-348-6482. Also, be on the lookout for our informational meetings we will be conducting this Summer semester.

Class Locations:

Unless otherwise noted the course will be held at the Bryant Conference Center.

All Fired Up, 1825 McFarland Blvd N #190, Tuscaloosa

Bryant Conference Center, 240 Paul Bryant Dr, Tuscaloosa

First United Methodist Church, 800 Greensboro Ave, Tuscaloosa

Kentuck Art Center, 503 Main Ave., Northport

McAbee Activity Center, 3801 Loop Rd, Tuscaloosa

Pine Valley Retirement Community, 800 Rice Mine Rd. N, Tusc.

Restoring Piece, 2207 5th St, Northport

Stillman College, Wynn Center, 3601 Stillman Blvd. Tuscaloosa

YMCA, Downtown, 2300 13th St, Tuscaloosa

Parking Information

Members taking courses on the UA Campus must have a parking permit. Please follow this simple 3-step process:

1. Purchase a UA Parking Permit through OLLI registration, \$10 valid through Aug 2019.
2. Complete the Parking Permit Request Form and turn it into the OLLI Office.
3. Pick up a temporary parking permit from the OLLI Office to use until your UA hangtag arrives in the mail.

For more information, contact the OLLI Office at 348-6482.

MONDAY COURSES

A101 Organizing and Preserving Your Pictures

June 3, 10, 17, 24

9:00 – 10:15 a.m.

Instructor: Ken Kuntz

Location: Bryant Conference Center

This class is aimed at all levels of photographers. Do you want to feel more comfortable handling your pictures on a computer? Topics will include: Moving pictures from your phone to a computer; Organizing images so that they can be recalled; Setting up effective and safe backup schemes; Cloud storage - iCloud and Google Photos; and Copying old family prints and slides with minor retouching.

A102 Creative Photography

July 8, 15, 22, 29

9:00 – 10:15 a.m.

Instructor: Philip Malone

Location: Bryant Conference Center

Want to get more creative with your photography? We will look at ways to see images in a more creative way and to use your camera to produce those images. The aim is to give you a few tools to explore your creativity and develop your own style. No Photoshop will be used in this class. The class will be very interactive with the attendees. Bring your camera and we will do some in-class photo experiments. A phone camera is OK. This class is for those looking to get more out of their photographs.

A103 A Historical Investigation of Paul

June 3, 10, 17, 24; July 8, 15, 22, 29

9:00 – 10:15 a.m.

Instructor: David Chumney

Location: Bryant Conference Center

The New Testament includes 13 letters attributed to the Apostle Paul, but are all those letters authentic? The Book of Acts provides information about the apostle's life and work, but is that version of events consistent with the autobiographical material found in his letters? Paul's teaching often focuses on the Law of Moses, but why does he characterize its mandates negatively in one context and then positively in another? This class will examine the letters of Paul in their mid-first-century milieu to reconstruct what history can confirm about the man and the message he proclaimed.

A104 Introduction to Machine Embroidery

July 8, 9 and 15, 16 (Monday/Tuesday)

9:00 a.m. – 12:00 p.m.

Instructor: Barbara Barker

Location: Clarke Building, Kentuck Art Center

In four lecture/demonstration classes, Barbara will go over items needed for machine embroidery, demonstrate the uses of each component and show participants how to access and use patterns, etc. from the Internet. Participants are encouraged to bring paper and pens for note taking and a camera. Barbara will bring her machine for demonstration purposes, but no one else needs to bring one. Class limit: 12

Monday courses continued

A105 Overview of France

June 3, 10, 17, 24

10:30 – 11:45 a.m.

Instructor: Constance Dawson

Location: Bryant Conference Center

This course will include a general look at the geography of France, a summary of France's history, famous landmarks, contributions of the French to world science and culture, French customs and traditions, and, of course, food!

A106 Abstract Painting with Acrylic Pour

July 22

9:30 – 11:00 a.m.

Instructor: Diane Marie Norris

Location: Clarke Building, Kentuck Art Center

Acrylic pours are a modern way of expression using vivid colors and a flowing movement. With the help of paint, catalyst, and a few simple tools, you will create a beautiful painting right before your eyes. No experience necessary. Diane is a professional artist, who creates commission work and teaches other art classes. Class limit: 8. Material fee: \$35.

(See A148 for a Thursday afternoon class)

A107 Elder Law

July 8, 15, 22, 29

10:30 – 11:45 a.m.

Instructor: Steve Wiggins

Location: Bryant Conference Center

The class will examine the common legal issues encountered by senior citizens and discuss available options and solutions. Topics include powers of attorney, living wills, guardianships, conservatorships, civil commitments, elder abuse, wills and trusts, probate administration, paying for nursing home care, asset protection strategies, and preserving family harmony.

A108 Itch to Write? Scratch It!

June 3, 10, 17, 24

10:30 – 11:45 a.m.

Instructor: Don Brown

Location: Bryant Conference Center

Each class member will write a story of their choice, with guidance toward the essence of sound writing and developing story ideas. There will be class discussions and gentle, positive critique by the instructor.

A109 Bones Do Tell Tales – Episodes in Human Identification

July 8, 15, 22, 29

Instructor: Cassandra Hill

10:30 - 11:45 a.m.

Location: Bryant Conference Center

This series of lectures will cover topics of general interest in forensic anthropology, such as prehistoric and historic archaeological sites, and include reviews of colonial expansion, burial practices, and social issues such as gender identification.

A110 Fashions of the First Ladies

June 3, 10, 17, 24; July 8, 15, 22, 29

12:00 - 1:15 p.m.

Instructor: Ian Crawford

Location: Bryant Conference Center

This class will examine how the wives and hostesses of the White House influenced tastes, culture, policies and fashions for Americans from 1901 – today.

A111 OLLI Book Club

June 3 and July 8

12:00 – 1:15 p.m.

Discussion Leaders: Carol Prickett and

Jan Mercier

Location: Bryant Conference Center

Join us as we discuss two books; one fiction and one non-fiction. Book club members select the books for the next term.

June 3 *The Other Woman*, by Daniel Silva

July 8 *The Books that Mattered*, by Frye Gaillard

A112 Audio Stories

June 10, 17, 24 (three weeks)

12:00 - 1:15 p.m.

Instructor: Tanya Ott

Location: Bryant Conference Center

Learn about the basics of public radio-style storytelling (newsworthiness, interviewing, audio-recording, broadcasting writing, and audio editing) in the classroom and in the field. Each student will leave the class with a fully-formed radio feature story.

A113 Intermediate PowerPoint

July 15, 22, 29 (three weeks)

12:00 - 1:15 p.m.

Instructor: Ed Stephenson

Location: Bryant Conference Center

How to improve the design, appearance and functionality of PowerPoint presentations. Use of templates, color schemes, inserting and formatting images and videos, drawings, animations, etc. Knowledge of basic operations is assumed.

*Monday courses continued***A114 Book Folding**

June 3, 10, 17, 24

1:00 – 2:30 p.m.

Instructor: Carole Byars

Location: Clarke Building, Kentuck Art Center

What are you going to do with all of those paperback romance novels that you know you'll never read again? Or maybe you still have some old textbooks sitting around? In this class, you will learn basic folds that will turn those old books into unique décor.

A115 TV Documentaries and Exposés of the Stranger Kind

June 3, 10, 17, 24; July 8, 15, 22, 29

1:45 – 3:00 p.m.

Instructor: Larry Fagen

Location: Bryant Conference Center

Offering a series of lesser known TV documentaries and exposés, ranging from the mundane to the mysterious and from the serious to the sublime. Some are controversial productions of the BBC, largely unfettered by the stifling pressure of commercial sponsors. Selections are intended to interest, amaze, and entertain. One or two sessions may need to start a few minutes early or extend a few minutes longer to accommodate the documentary and related enlightenment.

A116 One Step Forward, Two Steps Back: Reconstruction in Alabama

June 3, 10, 17, 24

1:45 – 3:00 p.m.

Instructor: Kate Matheny

Location: Bryant Conference Center

The conclusion of the Civil War and the end of slavery began a period of major upheaval in the Southern United States, marked by changes that were simultaneously welcomed and resented, always difficult, and in many cases ephemeral. This course is an unflinching survey of the story of Reconstruction in Alabama, using historical documents and newspapers to illustrate these new social and political realities. It will move chronologically, exploring the era in three phases — emancipation (1863-1866), reconstruction (1867-1871), and “redemption” (1872-1877) — and ending with a discussion of the scars the period left on the state for years to come.

**A117 Old Testament Heroines**

July 8, 15, 22, 29

1:45 – 3:00 p.m.

Instructor: Jill Stokley

Location: Bryant Conference Center

Each week, we will discuss the life of one of the heroines in the Old Testament from a historical perspective. Come and share your thoughts in the discussion. The women we will discuss are Sara, Miriam, Deborah and Ruth, potentially Judith as well.

A118 Greatest Sports Teams and Failures

June 3, 10, 17, 24; July 8, 15, 22, 29

3:15 – 4:30 p.m.

Instructor: Brian Hamilton

Location: Bryant Conference Center

The 2015 38-0 Kentucky Wildcats; the 2007 18-0 New England Patriots; the 1992 32-0 UNLV Running Rebels; the 2018 Alabama Crimson Tide. Everyone has a list of the “Best Teams that Never Won a Title.” What is the psychology of going undefeated? Is it worth it? This course will study some of the (could've been) best teams of all time and we will discuss several factors that prevented these teams from reaching their destiny. This class will discuss the art of losing a game (NFL resting players) and the art of collapsing when you are 38-0 and in the Final Four.

A119 Movies You Loved and Enjoy Seeing Again (and Again)

June 3, 10, 17, 24; July 8, 15, 22, 29

3:15 – 5:00 p.m.

Instructor: David McKissick

Location: Bryant Conference Center

The movies to be shown have mostly ensemble casts with a couple of Kevin's thrown in. Titles may include (no particular order): *American Graffiti*, *Soapdish*, *The Big Chill*, *Silverado*, *Grand Canyon*, *Bull Durham*, and *Field of Dreams*.

A120 The Art of Scrapbooking

June 3, 10, 17, 24; July 8, 15, 22, 29

3:00 – 4:30 p.m.

Instructor: Willie Wells, Katie Terrell

Location: Stillman College, Wynn Center, Room 132

Stop hiding your favorite photos in boxes and envelopes! Bring your imagination and be as creative as you want to be. This class will provide an opportunity for you to scrapbook pictures of your favorite people, animals, plants, adventures, etc. You will be free to create and use items such as old jewelry, buttons, pins, postcards, greeting cards, wrapping paper, dried flowers, etc., to capture the essence of your scrapbook theme. Students will be required to provide their own scrapbook. Class limit: 12.

Tuesday Courses**A121 Your Money, Your Life**

June 4, 11, 18, 25

9:00 – 10:15 a.m.

Instructor: Lyle Aitken

Location: Bryant Conference Center

Your time is your wealth. Join us, as we share ideas and knowledge on how to apply your financial assets to best serve you and your family. Learn income tax-efficient approaches to investing, income tax-saving strategies, proper asset allocation, how to manage your CDs, and how to leave a legacy for your loved ones, through proper estate planning. Specialists in accounting, estate planning, and investments will be guest speakers for the course.

Tuesday courses continued

A122 Medical Matters

July 9, 16, 23, 30

9:00 – 10:15 a.m.

Coordinator: David Maxwell

Location: Bryant Conference Center

Instructors Robert Pieroni, MD and Katelin Lisenby, PharmD will present two sessions:

July 9 Folk Medicine: Facts and Fantasies

July 16 Potentially Harmful Alternative Medicine Practices

Instructor Fred Ernst, MD (Retired Anesthesiologist) will present two sessions:

July 23 Anesthesia: Options and Post-Anesthesia Issues

July 30 Office-Based Surgery: Perils and Pitfalls

A123 German for True Beginners

June 4, 11, 18, 25; July 9, 16, 23, 30

9:00 – 10:15 a.m.

Instructor: Chris Bell

Location: Bryant Conference Center

Whether you are planning to travel to a German-speaking country, or if you have always wanted to learn some German, this is the course for you. We will concentrate on learning to pronounce, read and speak German, learn something about German culture and Germany's geography, and just have fun acquiring some German speaking skills. Although it certainly takes more than eight weeks to learn German, you will be surprised how much you can learn.

A124 Beginning Line Dancing

June 4, 11, 18, 25; July 9, 16, 23, 30

10:30 – 11:45 a.m.

Instructor: Jeri Acton

Location: Pine Valley Retirement Community

Have you ever wanted to take steps to learn how to Line Dance? Now is the time. This class offers the fundamentals of line dancing at a pace suited for the first time dancer. It is a popular means of socializing, sharpening your memory, and keeping you fit. Come and join this fun group.

A125 19th and 20th Century Short Stories

June 4, 11, 18, 25; July 9, 16, 23, 30

10:30 – 11:45 a.m.

Instructor: Bob Lipman

Location: Bryant Conference Center

This course will examine the eight key elements common to the structure of so many short stories. The selection of authors and their stories to be presented will be drawn from a number of the following: Katherine Mansfield, *The Doll's House*; O. Henry, *The Gift of the Magi*, *The Last Leaf*, *Witches' Loaves*, *The Cop & the Anthem*; Alphonse Daudet, *The Last Lesson*; Guy de Maupassant, *The Necklace*; Kurt Vonnegut *EPICAC*; Shirley Jackson, *The Lottery*; James Thurber, *The Secret Life of Walter Mitty*; Willa

Cather, *Paul's Case*; Edgar Allan Poe, *The Tell-Tale Heart*; Hans Christian Andersen, *The Steadfast Tin Soldier*; D.H. Lawrence, *The Rocking Horse Winner*; Kate Chopin, *The Story of an Hour*. Each story will initially address the biography of its author & the forces that often influenced the work at hand. Following each story will be a video that closely adheres to the plot details. There will also be a class discussion, and on occasion, the instructor's own narrative poem will be offered that closely adheres to the plot details.

A126 NVC – Non-Verbal Communication

June 4, 11, 18, 25

10:30 – 11:45 a.m.

Instructor: Ronda Lee

Location: Bryant Conference Center

Communication is composed of words and surrounding factors including body language, time, touch, environment, physical appearance, voice tone, and space. NVC is a study of how these components influence your ability to communicate effectively and how to make them work to your advantage.

A127 A History of Information – Communication, Code-Breaking, and Computers

July 9, 16, 23, 30

10:30 – 11:45 a.m.

Instructor: Brian Rivera

Location: Bryant Conference Center

This course will explore the methods of communication that have been developed through the ages, from smoke signals to the telegraph and beyond. It will also study the historical lessons in information warfare, the problems with safe communication (encryption/code-breaking). Finally, it will analyze the role that computers have played in human affairs, as mediators or information between people. Students will learn about the history of human communication and the forms that it has taken over the years. They will also learn about communication pioneers such as Charles Babbage, Alan Turing, and Claude Shannon; what they did and how it shaped today's world. Finally, students will learn the basics of the mathematics behind the patterns of communication we inhabit every day.

A128 The Artist's Way – A Spiritual Path to Higher Creativity

June 11, 18, 25 (three weeks)

12:00 – 1:15 p.m.

Instructor: Kathy Echols

Location: Bryant Conference Center

The Artist's Way written by Julia Cameron is a course in discovering and recovering your inner creative self. Julia works from the framework that art is a spiritual transaction. She uses a few simple tools to guide people in this self-exploration. The challenges are recovering a sense of identity, a sense of possibility, and a sense of connection, among others. Julia Cameron has now written more than 20 books since this original book, continuing to guide people into deeper self-exploration.

*Tuesday courses continued***A129 Arthritis Exercise and Awareness**

July 9, 16, 23, 30

12:00 – 1:15 p.m.

Instructor: Carolyn Rhodes

Location: Bryant Conference Center

This four-week course will introduce arthritis sufferers to a safe exercise plan. Increase your knowledge and awareness of how you can improve your daily activities safely, as you work at your own pace, reduce stiffness, and improve range of motion, mood, and coordination. Requirements: After the first class, you will be asked to buy Resistance Bands and Weights. There are many band sizes, so I will instruct you in person. (If you already own these, please bring them.) Class limit: 14.

Bonus Programs (One-time lectures)**Open to the Public****June 4, 11, 18, 25; July 9, 16, 23, 30****12 – 1:15 p.m.**

See Presenters and Topics on page 12.

A130 Introduction to Book Arts

July 9, 16, 23, 30

1:00 – 4:00 p.m.

Instructor: Jillian Sico

Location: Clarke Building, Kentuck Art Center

In this four-week class, students will learn how to bind their own handmade books. In the first week, we will learn how to sew a simple pamphlet book and fold one-page book structures inspired by book artist Hedi Kyle. In weeks two and three, we will make suminagashi, or Japanese marbled paper, which we will use for the covers of hand-sewn long stitch journals. For the final class, we will make accordion books and begin to generate content for our books through watercolor, drawing, writing and collage. Class limit: 8. Materials fee: \$30.

A131 America's Aquaculture Industry

June 4, 11, 18, 25

1:45 – 3:00 p.m.

Instructor: Gregory N. Whitis

Location: Bryant Conference Center

American aquaculture, including Alabama's catfish industry, has grown significantly in the past several decades, due to the decline of the global harvest of wild fisheries. Topics will include the growth of the U.S. catfish industry and other species such as farm-raised trout, salmon, tilapia, shrimp and alligators. We will explore methods of production - in ponds, indoor systems and raceways. Also, a look into an exciting new segment of aquaculture--aquaponics, where edible plants and fish are grown in a symbiotic system. Whitis has over thirty years of experience in aquaculture.

**A132 Bloody Tuesday**

June 4, 11, 18, 25

1:45 – 3:00 p.m.

Coordinator: Willie Wells

Location: Bryant Conference Center

Hear Ye! Hear Ye! The real life stories of Bloody Tuesday, June 9, 1964, as told by four foot soldiers who dared to “dream the impossible dream”. Along with countless others, they braved tear gas bombs, water hoses, bully clubs, cattle prods, sticks and bottles, broken bones, injuries, and jail. See how their efforts changed the course of life for all in Tuscaloosa, Alabama. Bloody Tuesday, June 9, 1964, became a pivotal moment in the Civil Rights struggle for Freedom, Justice and Equality for Blacks in Tuscaloosa.

June 4 Willie Wells**June 11 Harrison Taylor****June 18 Danny Steele****June 25 Maxie Thomas****A133 Eating for a Healthy Mind**

July 9, 16, 23, 30

1:45 – 3:00 p.m.

Instructor: Christine Ferguson

Location: Bryant Conference Center

Led by a registered dietitian, this four-week course will cover foundational nutrition concepts, debunk common food myths, dive deep into the MIND diet for neuroprotection, and build the bridge between convenience and healthy eating. This course is designed to provide practical and realistic information to help you take charge of your health.

A134 For the Love of Dogs

July 9, 16, 23, 30

1:45 – 3:00 p.m.

Instructor: Tammy Tierce

Location: Bryant Conference Center

Join fellow dog-lovers to learn the history of canine domestication and explore the human/canine connection and the important roles they play in our lives. We will examine the similarities between the lifecycles of humans and canines and draw understanding in coping with the loss of a canine companion. Are you looking to get a dog? Learn how to find the right canine for your home and life and when and how to add new four-legged family members. This course will also discuss alternatives to the responsibilities of full-time ownership.

A135 Card Making for All Occasions

June 4, 11, 18, 25; July 9, 16, 23, 30

4:30 – 5:30 p.m.

Instructor: Katie Terrell, Willie Wells

Location: Stillman College, Wynn Center, Room 132

Get creative and have fun! Create your own unique cards for all occasions using common items and your own style. Some materials will be provided, but you are encouraged to bring items to embellish your cards such as ribbons, buttons, photos or previous greeting cards.



TUSCA200SA

Tuesday courses continued

A136 Selections from World War II

June 4, 11, 18, 25; July 9, 16, 23, 30

3:15 – 4:30 p.m.

Location: Bryant Conference Center

Lectures and videos of events surrounding World War II shared by Maxwell AFB Historians Dr. Robert Kane and Dr. Daniel Haulman and OLLI members James Sims and David Maxwell

June 4 The Doolittle Raid - America Strikes Back (Kane)

June 11 Pearl Harbor - Into the Arizona (Simms)

June 18 Japanese Americans During World War II: Another Story of Prejudice and Heroism (Kane)

June 25 The Tuskegee Airmen in History (Haulman)

July 9 Navajo Code Talkers (Kane)

July 16 Top Secret Rosies: The Female Computers of WWII (Maxwell)

July 23 The Holocaust Jews from Prejudice to Extermination (Kane)

July 30 USS Indianapolis: The Final Chapter (Simms)

Wednesday Courses

A137 The Nordic Walking Difference

June 5, 26; July 17; Aug 7 (four sessions)

8:30 – 9:30 a.m.

Instructor: Leroy Hurt

Location: YMCA, downtown

Millions of people around the world do it to burn up to 46 percent more calories than regular walking and to get a full body workout while reducing impact to their joints. They do it to move their health numbers going in the right direction. They do it as a social activity and just because it's fun. It's called Nordic Walking and looks like cross-country skiing without the skis. It's especially suitable for active agers, because it is a low-impact activity. It also allows those with joint issues and chronic conditions to participate.

In these sessions, you'll learn Nordic walking history and technique. Supplemental exercises will include elements of balance, yoga, flow movement, strength, cardio, and power. You'll also learn how to program your workouts and how Nordic walking enhances all your well-being in all dimensions.

Dress for the weather, and wear shoes designed for comfortable walking or trekking. Poles will be provided.

A138 Meditation and Effects on Aging

June 19

9:30 – 11:30 a.m.

Instructor: Rani Vasireddy

Location: YMCA, downtown

A growing body of research by Harvard, UCLA and Nobel Prize-winning biologist Elizabeth Blackburn, supports the benefits of meditation. Meditation increases concentration, reduces stress, enhances happiness and improves overall health.

At the molecular level, meditation not only increases the cortical thickness of our brain, but also increases our DNA telomeres, both of which decrease as we age. Though we cannot change our age, we can definitely slow down the pace at which we age, by meditation.

By attending this class, Rani Vasireddy will help us learn about meditation and how it affects our aging process. We can also learn how to meditate, using our breath and body, chakras and mantra, the technique that is as old as the Indian civilization.

A139 Macramé

July 10, 17, 24, 31

10:00 – 11:30 a.m.

Instructor: Carole Byars

Location: Clarke Building, Kentuck Art Center

You don't have to be a Scout or sailor to turn basic knots into décor and useful objects. In this class, you will make keychains and a wall hanging. Class limit: 8. Materials fee: \$20.

A140 Clay Creations with All Fired Up (Ornament)

July 10 and 24

10:00 – 11:30 a.m.

Instructors: Shelby Castellanos, Anna Beth Northington

Location: All Fired Up

Participants will experience a clay molding experience. We will celebrate Christmas in July with handmade clay ornaments. After the molding process, we will bake the items in our industrial kilns. Next, you will return to paint your creation with our underglaze. After the final bake, you may pick up your beautiful piece of art at the store. Class limit: 25. Materials fee: \$11.

A141 Basics of Sign Language

July 10 and 24

12:00 – 1:15 pm

Instructor: Vickie Brown

Location: YMCA, downtown

Have you ever wanted to learn sign language? Come and discover the history and basics of American Sign Language. ASL is a visual gestural language and is expressed through the hands and face and is perceived through the eyes. We will explore the most common concepts used in everyday communication.

**Get on board
the OLLI Trolli**

*Wednesday courses continued***A142 DIY Creations: Creating Art from Everyday Household Items**

June 5, 12, 19, 26; July 10, 17, 24, 31

1:00 – 3:00 p.m.

Instructor: Tangie Fuller

Location: Clarke Building, Kentuck Art Center

Each week, we will be creating different crafts using everyday household items. From self-portraits to hand scrubs to decorative centerpieces, everyone will end the course with several unique arts to keep or give as a gift. Class limit: 8. Materials fee: \$10.

A143 Cure It With Color: Annie Sloan Chalk Paint

June 5, 12, 19, 26; July 10, 17 (six weeks)

1:00 – 2:30 p.m.

Instructor: Jeni Bowen

Location: Restoring Piece

During Cure It with Color, participants will learn our five favorite ways to transform furniture and other decorative pieces by using Annie Sloan Chalk Paint®. In this six-week course, you will learn how to layer color through distressing, a smooth modern finish, a rustic finish, using the paint as a stain, and how to create special effects with gilding wax. This beginner workshop does not require any prior training. Class limit 13. Materials fee: \$50.

A144 Yoga for Healthy Aging

June 5, 26; July 10

1:15 – 2:15 p.m.

Instructor: Linda Dunn

Location: First United Methodist Church, Activity Center

Come and learn the many benefits of practicing yoga. Practicing yoga can improve your balance, flexibility, and concentration. Yoga is a beneficial form of movement and breath work that you can practice for life. Please bring your own yoga mat, wear comfortable clothes, and have a mind and body ready to learn.

A146 Beginning Crochet

June 6, 13, 20, 27; July 11, 18, 25; August 1

12:15 – 1:45 p.m.

Instructors: Dolores and Irene Crawford

Location: Clarke Building, Kentuck Art Center

Goals of the class are to learn basic crochet steps, how to read a pattern, and how to choose a simple crochet pattern. For this class, you will need to bring scissors, a crochet hook (size H, I, or J) and a skein of any good four-ply yarn. You may need to purchase more yarn later for a crochet project. Class limit: 8.

A147 Pickleball 101

June 6 and 13

1:00 – 2:00 p.m.

Instructors: Scott Hilliker and Carolyn Willingham

Location: McAbee Activity Center

Want to meet new friends, get some great exercise and have a good time? Then, join us for this introduction to Pickleball. Pickleball is the fastest growing sport in America. It is a paddle sport that combines the elements of badminton, tennis, and table tennis. Two or four players use solid paddles to hit a perforated polymer ball, similar to a whiffle ball, over a net. Learn to play! Equipment is provided.

A148 Abstract Painting with Acrylic Pour

July 18

3:00 – 4:30 p.m.

Instructor: Diane Marie Norris

Location: Clarke Building, Kentuck Art Center

Acrylic pours are a modern way of expression using vivid colors and a flowing movement. With the help of paint, catalyst, and a few simple tools, you will create a beautiful and quite striking painting right before your eyes. No experience necessary. Diane is a professional artist, who creates commission work and teaches other art classes. Class limit: 8. Material fee: \$35. (See A106 for a Monday morning class)

Thursday Courses**A145 Clay Creations with All Fired Up (Dish)**

June 6 and 20

10:00 – 11:30 a.m.

Instructors: Shelby Castellanos, Anna Beth Northington

Location: All Fired Up

Participants will experience a clay molding experience. In June, we will create a small dish perfect for jewelry or keys. After the molding process, we will bake the items in our industrial kilns. Next, you will return to paint your creation with our underglaze. After the final bake, you may pick up your beautiful piece of art at the store. Class limit: 25. Materials fee: \$13.

Friday Courses**A149 Bead Building and Jewelry Class**

July 19

9 a.m. – 4 p.m. (lunch break 11:45 – 1:00)

Instructor: Lee Anne Jones

Location: Clarke Building, Kentuck Art Center

This course will teach you the basics of working with polymer clay to build canes using a pasta machine, brayer, and blade. Polymer clay is a synthetic clay that can be used to make unique beads in a multitude of colors. We will create some handmade beads and use them to build earrings and a bracelet. Lee Anne is a self-taught polymer and ceramic clay artist. Class limit: 8. Materials fee: \$30.

Bonus Programs

Tuesdays, Noon – 1:15 p.m.
Bryant Conference Center

Bonus Programs are open to the public.
Registration is not needed.
Coordinator: Mary Jon Sneckenberger

June 4 The Alabama River System 1780-1920 Presenter: Milton Denny

Come and take a walk through the History of Alabama's Waterways with Milton Denny, Land Survey Historian. Subjects covered will be River Ferries, River Locks, Indian Canoes, Flat Bottom and Keel Boats and the always popular Steamboats.



June 11 The Alabama River System 1780-1920 - Part 2 Presenter: Milton Denny

Continuing a walk through the History of Alabama's Waterways with Milton Denny, Land Survey Historian. Subjects covered will be River Ferries, River Locks, Indian Canoes, Flat Bottom and Keel Boats and the always popular Steamboats.



June 18 Alternative Energy – Is it for Everyone? Presenter: Chuck Jay

Although you may think you know everything there is to know about solar power, there is still more to learn. Chuck Jay will take you through his experiences in trying to bring solar energy power to the masses.

June 25 Chinese Sisterhood of Tuscaloosa Presenter: Qiaoli Liang and Yan Wang

For the past four years, Dr. Qiaoli Liang and Professor Yan Wang, and several other organizers of The Chinese Sisterhood of Tuscaloosa (CST), have worked to give their members' children the goal of maintaining their Chinese culture, while learning how to assimilate into Southern culture.

July 9 The Alabama Blues Project Presenter: Ashley Wheat

For the past 20 years, the Alabama Blues Project (ABP) has been bringing a variety of innovative Blues music programs to Alabama residents. Ashley Wheat, the new Executive Director, is planning to not only build upon the traditions of the organization, but expand the services. For the week of July 8th, there will be many opportunities to enjoy The Alabama Blues Project in Tuscaloosa.



July 16 Man on the Moon: 50 years ago this week
Presenter: Maury Musgrove
This week celebrates the amazing landing on the moon by Neil Armstrong and Buzz Aldrin. Maury has a passion for space and has met Buzz Aldrin. Maury gives members a look back at the Apollo 11 mission, the stories behind the crew, the flight controllers, and its impact on a generation.



July 23 Alabama's Bicentennial: Celebrating Alabama's History, Culture, and People Presenter: Erik London

Erik London, Education Program Specialist with the Alabama Bicentennial Commission, will present a detailed summary of local and statewide Alabama Bicentennial Commission initiatives, both planned and ongoing. Over the course of three years, the Alabama Bicentennial Commission has celebrated 200 years of rich history, from the earliest inhabitants to modern industries and everything in between. 2019 is the penultimate year of this celebration and Alabama's bicentennial year, culminating in a celebration in Montgomery, Alabama, on December 14, 2019.



July 30 Lost Masterpiece Presenter: Robert Mellown

Dr. Robert Mellown will present a study of the architectural significance of the Alabama Capitol (located in Tuscaloosa) 1826-1847 history, destruction and site interpretation.



Dutch-treat Supper Club 6:30 p.m., Tuesdays

Let's eat! Register, then meet up with OLLI members at local restaurants. The registration deadline is the Friday prior to the supper club date. For more information, contact Janie Bostick jrsb1012@bellsouth.net.

- A301 June 25 301 Bistro**
301 Greensboro Ave, Tuscaloosa, AL 35401
- A302 July 30 Cypress Inn**
501 Rice Mine Rd N, Tuscaloosa, AL 35406

See Field Trips section beginning on page 20.

If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.



Share your ideas and get involved with OLLI in Gadsden!

Member-at-Large

Shirley du Pont, slild01@aol.com

Social Chair

Jan Mackey, calkid4747@yahoo.com

Would You Like to Get More Out of OLLI?

Many people find being an OLLI volunteer can enrich their lives. A few ways to volunteer are instructing, facilitating, and joining one of our many committees. If you are interested in learning more about volunteer opportunities, please call the OLLI office at 205-348-6482.

Class Locations

All courses are held at the UA Gadsden Center, unless otherwise noted in the catalog.

UA Gadsden Center

121 North 1st Street

Gadsden Public Library

254 College Street

Downtown Civic Center (Senior Activity Building)

629 Broad St.



MONDAY COURSES

G101 What Did Gadsden Look Like Way Back When?

June 3, 10, 17, 24; July 8, 15 (6 weeks)

10:00 – 11:30 a.m.

Instructor: Mike Goodson

UA Gadsden Center, Room 110

Join Mike for a journey through days gone by in Gadsden. Did you know we had six movie theaters? Did you know there was a train station downtown? Did you know we had saloons on Broad Street? It's all true and Mike has the pictures to prove it. This class is an interesting look at where we were and how far we have come. Come, sit back, and enjoy a nostalgic visit to the past.



G102 The Plantagenet

June 3, 10, 17, 24; July 8, 15, 22, 29

1:00 – 2:30 p.m.

Instructor: Linda York

UA Gadsden Center, Room 110

We will continue our study of war, treachery, mistresses and royalty. The House of Plantagenet was a royal house that originated from the lands of Anjou in France. Under the Plantagenet, England was transformed – although this was only partly intentional. War, assassinations, illegitimate children, mistresses, treachery, debauchery and constant jockeying for power - what more could you ask for in a class?

G103 Never Kill a Mockingbird

June 3, 10, 17, 24; July 8, 15 (6 weeks)

3:00 – 4:30 p.m.

Instructor: Keith Robinson

UA Gadsden Center, Room 110

Join us for a look into the life and writings of Nelle Harper Lee. A study of Lee's life would not be complete without spending some time with the characters of *To Kill a Mockingbird* and *Go Set a Watchman*. As we continue in Alabama's Bicentennial celebration, it is only fitting to learn more about the Alabama author who received so much notoriety. She was an American novelist widely known for *To Kill a Mockingbird*, published in 1960. Immediately successful, it won the 1961 Pulitzer Prize and has become a classic of modern American literature. The manuscript for *Go Set a Watchman* was found in Lee's safe-deposit box in 2014. On February 3, 2015, it was announced that HarperCollins would publish *Go Set a Watchman*, which includes versions of many of the characters in *To Kill a Mockingbird*. There is more to learn about this lady and her stories. Join us!



TUESDAY COURSES

G104 **We Are at War! Us – This Nation!**

June 4, 11, 18, 25; July 9, 16, 23, 30

10:00 – 11:30 a.m.

Instructor: Norman Dasinger, Jr

UA Gadsden Center, Room 110

Before the Civil War, the United States experienced a whole generation of nearly unremitting political crisis. The American Civil War (also known by other names) was a war fought in the United States from 1861 to 1865, between the North and the South. The sectional conflict of the Civil War (1861-65) pitted the Union against the Confederate States of America and resulted in the death of more than 620,000, with millions more injured. We will look at this violent conflict through battles, documents, associations and biographical information.

G105 **The Crown, Season 2**

June 4, 11, 18, 25; July 9, 16, 23, 30

1:00 – 2:30 p.m.

Instructor: Linda York

UA Gadsden Center, Room 110

We will watch Season 2 of *The Crown* and discuss its historical content. We begin when Queen Elizabeth asks her husband, Phillip, to find a way to stay together as husband and wife. She finds a secret picture in his suitcase from a pretty ballerina. She suspects he is cheating on her. Want to know? Join us for the next installment in the life of the longest reigning monarch.

G106 **Mah Jong**

June 4, 11, 18, 25; July 9, 16, 23, 30

1:00 – 2:30 p.m.

Instructor: Charlotte Cohn

UA Gadsden Center, Room 113

Learn about this ancient Chinese tile game that is part luck, part skill, and all fun. We will begin with the basics as well as provide strategies and pointers for those wanting to improve their playing skills. Mah Jong is fast becoming the most-played game in the city. Get on board and learn with this class, or just come and play to improve your skills.

G107 **Let's Eat!**

June 4, 11, 18, 25; July 9, 16, 23 (7 weeks)

3:00 – 4:30 p.m.

Instructors: Frances Douglas and Sheila Mountain

UA Gadsden Center, Room 101

Most of us have had something to eat or drink that was so good we just had to have the recipe. Come enjoy a five-course meal. We will spread our meal over a six-week period starting with Appetizers, then Soups/Stews, Salads, Casseroles/Main Courses, Crockpot Cooking, and Desserts. We will discuss the course, its ingredients, and preparation as well as share the recipes for preparing meals at home. Who wants to come to dinner?

WEDNESDAY COURSES

G108 **History Over Easy**

June 5, 12, 19, 26; July 10, 17, 24, 31

10:00 – 11:30 a.m.

Moderators: John McFarland and Randy Holland

UA Gadsden Center, Room 111

This novel approach to history introduces a “topic du Jour” and allows class participants to chart the course of the discussions. With Internet sources available, the moderators’ wide range of knowledge, and members’ input, you can expect a kaleidoscope of ideas. John and Randy will once again introduce topics for participants to consider, digest, or dissect in as much detail as the moderators will allow.

G109 **Antebellum Alabama (cont'd from spring semester)**

June 5, 12, 19, 26; July 10, 17, 24, 31

1:45 – 3:00 p.m.

Instructor: Skip Campbell

UA Gadsden Center, Room 111

Note: Special Time

This course explores the social and political environment affecting the history of Alabama, from statehood in December of 1819 to the beginning of the Civil War. We started our exploration of our state in the spring session. Join us, as we continue learning the history of Alabama.



G110 **Create Some Glamour!**

June 5, 12, 19, 26; July 10, 17, 24, 31

1:00 – 2:30 p.m.

Instructor: Karen Walsh

UA Gadsden Center, Room 110

Create your own one-of-a-kind jeweled fashion accessory with as much “bling” as you want. Everyone loves a new piece of jewelry and you can make it special. Karen will demonstrate the basics of jewelry making. Learn how to mix and match stones, beads, and glass. Join us, for the fun of creating something beautiful. Materials Fee: \$10.

G111 **First Ladies, Get to Know Them**

June 5, 12, 19, 26; July 10, 17, 24, 31

3:00 – 4:30 p.m.

Instructors: Multiple

UA Gadsden Center, Room 110

Though first ladies aren't elected and don't have any official duties, it's still a remarkably high-powered position. There are currently five living former First Ladies. First Ladies are the hosts of the White House, serve as advisors to the president, and are often involved in social issues. Over the course of American history, the role of the First Lady has changed and evolved. We will examine the lives of those who served as the First Lady. Martha Washington set many standards for American First Ladies, but from Abigail Adams and Eleanor Roosevelt to Hillary Clinton and Melania Trump, each has left her mark on the office. Come for the gossip!

THURSDAY COURSES

G112 Look Better, Feel Better - Exercise with Us

9:00 – 9:45 a.m.

June 6, 13, 20, 27; July 11, 18, 25 (7 weeks)

Instructor: Belinda Brock

Downtown Community Center (Senior Activity Building)

Regular physical activity is one of the most important things you can do for your health. It can help control your weight, lower your risk of heart disease, lower your risk for type 2 diabetes and metabolic syndrome, lower your risk of some cancers, strengthen your bones and muscles, improve your mental health and mood, improve your ability to do daily activities and prevent falls, and increase your chances of living longer. The key is to find the right exercise for you. It should be fun and should match your abilities. Join us for exercise, fun and all those health benefits to boot!

G113 Genealogy Club

June 6, 13, 20, 27; July 11, 18, 25; Aug 1

9:30 – 11:30 a.m.

Instructor: Craig Scott

Class Location: Gadsden Public Library

2nd Floor Computer Room (elevator available)

The search for your roots is an ongoing process. Regardless of where you are in your search, Craig will provide you with sources and links to the past for your use. Using the latest software and internet sites allows you to shed light on your famous and infamous ancestors. This is not a class for the beginning genealogist. Previous computer experience is a MUST!

G114 War and Remembrance

June 6, 13, 20, 27; July 11, 18, 25; Aug. 1

3:00 – 4:30 p.m.

Instructor: Shirley du Pont

UA Gadsden Center, Room 110

The saga of the Henry family, begun in “The Winds of War” continues, as America is attacked by Japan and enters World War II. For Victor Henry, an upwardly mobile naval career sets him in command of a cruiser with sights on selection for the Admiralty. At the same time, however, Victor must struggle with a failing marriage, as well as a love affair, with the daughter of a prominent British radio news reporter. Victor’s son Byron has equal success as a submarine officer, eventually selected to command his own ship, and yet all the while must deal with the separation of his wife and son who are held in German custody as enemy alien Jews. “War and Remembrance” unfolds into an all-encompassing and fascinating story of the Second World War.

BONUS PROGRAMS

1:00 – 2:30 p.m., Thursdays

UA Gadsden Center, Room 110

Bonus Programs are open to the public.

Registration is not needed.

Coordinator: Shirley du Pont, slild01@aol.com

June 6 Let’s Do Something about Those Bugs!

Presenter: Eric Shavey

Do you have bugs? If you garden, you probably do, or will have, at some time. It’s only natural that some types of insect pests will attack plants in your garden. However, not every insect in a garden is an enemy. To control insects, you need to know what kind of insect you are dealing with, what plants it favors, and what time of year to expect it. The first line of defense against garden insect pests is identification. Know their life cycles, how to identify insects that are harmful to your plants, and how to use organic and natural pesticides to get rid of garden pests when growing vegetables, fruits, flowers and plants.

June 13 The Women’s Suffrage Movement; The Fight for Women’s Right to Vote

Presenter: Dr. Robert Kane

In August 1920, the U.S. Congress finally ratified the 19th Amendment, which gave women the right to vote after a long and hard struggle. The presentation covers the women’s rights movement since the 1600s (Colonial America) until 1920, and the passage of the 19th Amendment, with a focus on the struggle for women to gain the right to vote.

June 20 Exploring the World of Minutia

Presenter: Catherine Hawkins

Minutia was borrowed into English in the late 18th century from the Latin plural noun *minutiae*, meaning “trifles” or “details” and derived from the singular noun *minutia*, meaning “smallness.” Catherine has invited us into her home to see and hear about the many pieces she has created. Each piece is to scale of its inspiration. These intricate, detailed pieces were crafted by a master and will amaze you in their detail. Join us for this wonderful opportunity. Class limit: 15.

June 27 Early Fourth of July Celebration

Presenter: Shirley du Pont

We will celebrate the Fourth of July today to get the nation’s birthday parties started. Come join us for an early celebration. Hooray for the red, white and blue. It will all be ready for you to enjoy!

GADSDEN

July 11 The Holocaust European Jews from Prejudice to Extermination

Presenter: Dr. Robert Kane

From ancient times to the present, in most societies in which they have lived, Jews have been the subject of varying degrees of prejudice and discrimination. This presentation covers the long, twisted road from prejudice in the ancient world, to discrimination, to extermination by the Nazi regime and their European collaborators during World War II. NOTE: The presentation will be somewhat graphic when presenting the Holocaust.

July 18 Prattville and Early Alabama Industry

Presenter: Ty Malugani

Alabama experienced an interesting relationship with industry throughout its entire history. The idea of what industry in Alabama could, and should, look like changed many times over the years prior to the Civil War. The most important pre-war industrial shift, however, came with the ideas of Daniel Pratt. After creating the first major company town in Alabama, known as Prattville, Pratt promoted the financial and moral qualities of industry as he saw them throughout the state. His town created the foundation for Alabama's later industrialization and served as a model for Alabama industrialists in his time and beyond.

July 25 Mississippian Societies and the Intrusion of Hernando de Soto

Presenter: Randy Holland

The Mississippian culture was a mound-building Native American civilization archeologists date from about 800 CE to 1600 CE, varying regionally. This group is also referred to as the mound builders, because they built many large ceremonial mounds within fortified towns. However, archeologists refer to them as Mississippian, because the culture was located in the Mississippi River valley. Historical and archaeological information shows that mounds were closely associated with Mississippian chiefs. Mississippian Indians built pyramid-shaped platform mounds out of earth. They conducted their political and religious affairs on top of these mounds. Some platform mounds were 100 feet high and contained millions of cubic feet of earth.

Share your class experience
and upload photos to
[facebook.com/olli.ua.edu](https://www.facebook.com/olli.ua.edu)



Dutch-treat Supper Club

Members meet at 5 p.m. at the Gadsden Center, then carpool to the restaurant. Be prepared to drive your vehicle, if needed for transportation. Registration deadline for the supper club is the Friday prior to the supper club date. For more information contact Shirley du Pont, slild01@aol.com.

G301 Linde Marie's Steakhouse on the Square

Thursday, June 13

18 Broad St, Cave Spring, GA, 706-381-2097

G302 Stevarino's – Thursday, June 27

3509 S Broad St., Ste 207, Scottsboro, AL, 35769,
256-259-5420

G303 Turk's Bama Bucks Thursday, July 18

323 Bryant Rd., Sardis, AL, 35956, 256-281-9234

Special Program

Open to the Public



G401 James Spann, Chief Meteorologist 33/40

July 16, 10:00 a.m.

UA Gadsden Center, Room 101

James Spann is a long-time media meteorologist. He heads the weather department at the ABC affiliate in Birmingham, Alabama, hosts the weekly podcast "WeatherBrains", and does the weather on radio stations all over the nation, including the syndicated Rick and Bubba show. He is a self-proclaimed weather geek and will entertain us with his weather experiences.

See Field Trips beginning on page 20.

If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

Share your ideas and get involved with OLLI of Greater Birmingham!

- Advisory Chair** - Bob Kolar, rvkpe@yahoo.com
Curriculum Chair - Nancy Ekberg, nanekberg@aol.com
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Social Co-Chair - Diane Burrell, ddburrell@charter.net
Field Trip Chair - Beth White, wytehaus1@msn.com
Lunch Bunch Chair - Joyce West, westjoyce@bellsouth.net
Catalog - Martha Weber
Vestavia Hills Liaison - Julie Harper, jharper@vhal.org

Tuesday Lunch Bunch

Enjoy fellowship and explore ethnic food and fine dining with OLLI friends. Register online at olli.ua.edu or call Registration Services at 205-348-3000. The registration deadline is the Tuesday before the lunch bunch date. Meet at the restaurant at 11:00 a.m. For more information, contact Joyce West, westjoyce@bellsouth.net or 904-887-9445.

- B301 June 18 Pizzeria GM**
600 Oak Grove Rd, Homewood, AL 35029
- B302 July 16 Bright Star**
304 19th St N, Bessemer, AL 35020
- B303 Aug 20 Oscar's at the Museum**
Birmingham Museum of Art
2000 Reverend Abraham Woods Jr, Blvd
Birmingham, AL 35203

Greater Birmingham Locations

The Vestavia Hills Civic Center and Library in the Forest serve as our core facilities, and we partner with other area locations. See below for GPS-ready addresses and phone numbers.

Vestavia Hills Civic Center
1975 Merryvale Rd, Vestavia, AL 35216, 205-978-0166

Homewood Public Library
1721 Oxmoor Rd, Homewood, AL 35209, 205-332-6600

Bessemer Public Library
400 19th Street N, Bessemer, AL 35020, 205-428-7882

TUESDAY COURSES

- B101 Writing Your Memoirs**
June 4, 11, 18, 25
1:30 – 3:00 p.m.
Vestavia Hills Civic Center
Instructor: Ralph Voss, Professor Emeritus of English, UA
If you don't write your memoirs, who will? How often have you regretted not asking your family about stories from their lives or validation of fables long held to be true? Why make your children do this? Learn how to write it down.
- B102 The History of Art: The Renaissance – 14th to 17th Centuries**
July 30; August 6, 13
1:30 – 3:00 p.m.
Vestavia Hills Civic Center
Instructor: Shannon Flynt, Assistant Professor of Classics, Samford University
- July 30: Painting**
August 6: Sculpture
August 13: Architecture

WEDNESDAY COURSES

- B103 Energy Today and Tomorrow**
June 5, 12, 19
1:30 – 3:00 p.m.
Vestavia Hills Civic Center
- June 5: Nuclear. David Lambert, nuclear engineer, Southern Companies, Southern Nuclear**
We will receive an overview of commercial nuclear power in the U.S. David will discuss the newest storage plans for spent fuel, which has been an issue in the past. For environmentalists, nuclear power is the cleanest of all power sources, leaving NO carbon footprint. It is the source of power for most of France and used in several other countries. Come and learn what Southern Companies plans for the future.
- June 12: Solar. Michael Churchman, COO, Eagle Solar & Light**
As solar is fast becoming the energy of choice for Americans, we will hear about drastic decreases in prices and advances in technology. We will learn how 30% tax credits and depreciation options continue to drive this technology to be the largest addition in new electric generation in the nation. We will also learn that while there continue to be hurdles to the expansion of residential solar in most of Alabama, there are great investment opportunities for expansion in the commercial and industrial sectors.
- June 19: Electric Cars. Marty Robinowich, engineer committed to sustainable transportation**
An owner of an all-electric Nissan and a solar-powered ELF, Marty will discuss the growth of electric car use and production in Europe, China, and everywhere but America. He will explain the reasons.

GREATER BIRMINGHAM

Wednesday courses continued

B104 “Stayin’ Alive” Information for Living

July 10, 17, 24, 31; August 7
1:30 – 3:00 p.m.
Vestavia Hills Civic Center

July 10: Diagnostic Testing. Cynthia Smothers, Supervisor, Highland Laboratory, UAB. What happens in the clinical laboratory? Who performs the testing and how is it done? How do accreditation and quality processes validate the results you receive from your doctor? We will look behind the laboratory door.

July 17: Drug Interactions. Patricia Baldone Naro, Director, Experiential Programs, Samford University School of Pharmacy. Patricia will review drug-drug interactions, drug-disease interaction, ways to prevent them, and resources to access information.

July 24: Self Defense. Instructors from World Class Tae Kwan Do. Instructors will teach us basic moves to overwhelm an assailant. More importantly, they will teach us how to avoid becoming a target or victim in the first place.

July 31: Critical Exercise. Lillie Skelton, certified exercise trainer. Lillie will teach us exercises for balance and health that we can do in the privacy of our homes.

Aug 7: Conversations Between Our Brain and Our Gut. John Tingley, retired urologist. We will explore how our brain and gut communicate with each other and especially the connection of the microbiome to the Gut-Brain Axis.

THURSDAY COURSES

B105 America’s Founders Plus a Woman of Influence

June 6, 13, 20, 27
10:30 a.m. – 12:00 p.m.
Vestavia Hills Civic Center
Instructor: Richard Rhone, historian, retired educator

June 6: Thomas Jefferson
June 13: Benjamin Franklin
June 20: John Hancock
June 27: Abigail Adams

B106 Lurleen Wallace

July 25; August 1
2:00 – 3:30 p.m.
Homewood Public Library
Instructor: Joanne Bruer, retired professor of history, Jacksonville State University

Lurleen was the wife of Governor George Wallace and succeeded him after he had fulfilled his first term. The Alabama Constitution until 1968 did not allow a governor to serve two consecutive terms. However, he ran again after her death. Lurleen was Alabama’s first woman Governor, serving from January 1967 until her death in May 1968.

BONUS PROGRAMS

Bonus Programs are open to the public.
Registration is not needed.

The Creek War

Wednesday, June 12
10:30 a.m. – 12:00 p.m.
Bessemer Public Library

Instructor: Richard Rhone, historian, retired educator

As part of the War of 1812, the Creek War was very important to the soon-to-be new State of Alabama. Not only did it provide a major land area for the state, but it also forever changed the lives of Alabama’s first inhabitants as well as began Andrew Jackson’s path to national prominence.

Counterintelligence

Tuesday, July 9
10:30 a.m. – 12:00 p.m.
Vestavia Hills Civic Center
Instructor: John Davis, Retired U.S. Counterintelligence Officer

John will draw from his experiences as a U.S. Counterintelligence officer in Europe during the Cold War. He will describe the influences which brought him to a life in the secret world of counterintelligence and how these impacted his dealings with the moral and ethical challenges of such a career. He will offer insights on the value of learning foreign languages, continuing education, and making time for international awareness.

Discover the Actor in You

Tuesday, July 16
1:00 – 2:30 p.m.
Homewood Public Library
Instructor: Martha Haarbauer, Founder, The Seasoned Performers, actors performing statewide

We will experience the basics of acting, starting with some games that allow inexperienced actors to try out some acting skills. Then, we will try participating in a few scenes from a script or we may make up lines to create a scene. We will learn what it takes to make a scene work.

For All Mankind: The Eagle has Landed. Celebrating the July 20, 1969 landing on the moon, a 50-year anniversary

Thursday, July 18
1:30 – 3:30 p.m.
Vestavia Hills Civic Center

Instructors: OLLI members and NASA representatives

Join us to watch the documentary film, *For All Mankind*, which includes new footage and perspectives of the astronauts. Help celebrate one of the most historical moments of our generation through discussion on what this moment meant to us, its importance, and legacy. Astronomers and researchers from NASA have been invited to join us.



GREATER BIRMINGHAM

Bonus Programs continued

The Alabama Criminal Justice System and Prisons

Tuesday, July 23

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Instructor: State Senator Cam Ward, Chair, Judiciary Committee, and Chair, Joint Oversight for Prisons Committee, Alabama Legislature



Alabama's prisons are overcrowded and understaffed. Do we need more prisons or fewer larger and more efficient ones? Come hear what Senator Ward has learned as Chair of the State's Prison Reform Committee the past several years.

Miracle Worker Movie and Comments by Helen Keller's Great-Grandniece

Friday, August 2

1:00 – 3:00 p.m.

Homewood Public Library



After the film, Keller Johnson Thompson will describe her great-granddaughter, Helen Keller.

Ethics Puzzles in the Law Created by Emerging Technology

Tuesday, August 20

1:30 – 3:00 p.m.

Vestavia Hills Civic Center

Instructor: Matt King, Assistant Professor of Philosophy, UAB

We will discuss:

1. Reproductive assistance technology that allows in vitro fertilization and imaging
2. Maintaining privacy in the face of social media, private drones, and commercial corporations that can track our buying trends
3. Cognitive sciences' application to the criminal law via our understanding of consciousness

See Field Trips beginning on page 20.

FALL REGISTRATION & SOCIAL

Friday, August 9

3:00 - 5:00 p.m.

Homewood Public Library – Large Auditorium

SOUTHERN TAPAS, TEA & PUNCH

SOUTHERN RHYTHM & BLUES

Performed by

ROBERT HARRIS, PROFESSIONAL MUSICIAN

Join friends to learn about OLLI
and to register for the Summer term

PICKENS COUNTY

Share your ideas and get involved with OLLI in Pickens County!

Membership Chair

Teresa Plowman, 61plowman.teresa@gmail.com

Curriculum Chair

Craig Patterson, chief@starboardrailbooks.com
and Vickie House, v.house.2012@gmail.com

BONUS PROGRAMS

Bonus Programs are open to the public.
Registration is not needed.

Open House and Registration

Boy Scouts of America in Pickens County

Tuesday, June 25

5:30 – 7:30 p.m.

Gordo City Hall, 25226 Hwy 82

Presenters: Regional and Local Troop Leaders and Scouts

Our regional and local leaders will describe the positive impact that Boy Scouts of America has had upon Pickens County, from its establishment to the present and how it will continue to grow. Several local troop members will talk about their experiences with the Scouts.

What You Need to Know About Firearms

Tuesday, July 30

5:30 – 7:30 p.m.

Gordo City Hall, 25226 Hwy 82

Presenters: Gordo Police Officers

It is important to learn to recognize firearms and how to handle them safely. This program will cover firearm recognition, safety, applicable laws, what is deadly force, and alternatives to using firearms.

Bicentennial Buffet

Tuesday, August 27

5:30 – 7:30 p.m.

Gordo City Hall, 25226 Hwy 82

Facilitators: Teresa Plowman and Vickie House

Each attendee will bring a dish for sampling that would have been on the menu 200 years ago and will tell the group about the recipe, preparation of the dish, and the source of the recipe. If you can't bring a dish, you are welcome to join us to learn about and sample dishes from early 19th Century Alabama.



See Field Trips beginning on page 20.

If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

FIELD TRIPS FOR ALL MEMBERS

General Information – All Chapters

Register online at olli.ua.edu or call Registration Services at 205-348-3000 or 1-866-432-2015. Registration is on a first come, first served basis. Fees must be paid with registration. Cancellations may only be made by contacting Registration Services. Refunds will not be issued for cancellations after the trip cancellation deadline. Substitutions are not allowed. If a field trip is full, call the OLLI office to be added to the wait list. If you have further questions, please contact the trip leader or the OLLI office.

OLLI field trips are educational and fun! Members are encouraged to participate in field trips at any of the chapters.

DEPARTS FROM TUSCALOOSA

Tuscaloosa trips will depart from the Bryant Conference Center (BCC), 240 Paul W. Bryant Drive, Tuscaloosa. Transportation for the local trips will be by charter bus or vans. The type of transportation provided is at the sole discretion of the OLLI Program Director. For more trip details, email the trip leader or call the OLLI office, (205) 348-6482.

A201 The ECO Car to Earthquakes: UA Campus

Friday, June 14

Trip Leader: Amelia Yessick (ameliaheath@hotmail.com)

Cancellation deadline: Thursday, May 30

Depart BCC: 10:00 a.m., return 1:15 p.m.

Fee: \$22 (includes transportation)

Activity Level: moderate (standing, stairs)

You won't need your 3-D glasses to visit the new H.M. Comer College of Engineering Building on the campus of The University of Alabama, even though we will be learning about the latest innovations in 3-D Printing in their expanded lab. Then you will see for yourself the prototype of the ECO car and visit the Large Structures Lab where they research the effect of earthquakes on large buildings, plus a few other engineering projects underway. Dutch-treat lunch will be at Fresh Foods Company, a popular campus eatery.

A202 Newtown (old West End)

Wednesday, June 19

Trip Leader: Mary Lee (alshadows@icloud.com)

Cancellation Deadline: Thursday, June 6

Depart BCC: 3:00 p.m., return 6:00 p.m.

Fee: \$10 (includes transportation)

Activity Level: Easy

Discover many facts and little known stories of the people, buildings and history of the lower Tuscaloosa area called Newtown. This will be a class-on-the-go format. Members will ride in a van as Angie talks us through the years before Tuscaloosa was even surveyed. Following the tour members will enjoy a Dutch-treat supper at a local restaurant.

A203 Bryant-Denny Stadium and The Mal Moore Athletic Facility

Wednesday, June 26

Trip Leaders: Janie Bostick (jrsb1012@bellsouth.net) and Beth Seale (sealeb51@gmail.com)

Cancellation Deadline: Wednesday, June 12

Depart BCC: 10:15 a.m., return 3:00 p.m.

Fee: \$30 (includes transportation and stadium tour)

Activity Level: moderate/difficult (lots of walking and stairs)

Put on your walking shoes for a tour of Bryant Denny Stadium and the Mal Moore Athletic Facility!! We will go by bus to the Stadium to tour the skyboxes, press boxes, dressing rooms and The Zone, plus many other interesting parts of the stadium. After the tour, we will take a short walk across the street for a Dutch-treat lunch at Rama Jama's. Then back on the bus to the Mal Moore Athletic Facility for a guided tour. This facility is usually not open to the public, so this tour is a special treat!

A204 Walking Tour of Tuscaloosa

Thursday, July 18

Trip Leaders: Kaylon Fowler (kefowler@ccs.ua.edu)

Cancellation Deadline: Tuesday, July 16

Meet at Monarch Coffee at 9:00 a.m.; End by 1:30 p.m.

Fee: No Charge

Activity Level: Strenuous (much walking and standing)

Please join us for an educational walking tour of downtown Tuscaloosa. We will meet at Monarch Coffee Bar (714 22nd Ave, Tuscaloosa, AL 35401) for our first session. We will then walk around the downtown area exploring the history and startup of various businesses. We will end our day with a Dutch-treat lunch downtown at Heat Pizza Bar.

A205 U.S. Space and Rocket Center, Huntsville, AL

Wednesday, July 24

Trip Leaders: Maury Musgrove (musgrove2010@gmail.com) and Philip Malone (philipmalone@gmail.com)

Cancellation Deadline: Wednesday July 10

Depart BCC: 8:00 a.m., return 8:00 p.m.

Fee : \$110 (includes transportation, museum/movie ticket and guided tour)

Activity Level: Moderate (standing and walking)

At the Space and Rocket Center we will explore the outdoor rocket exhibits and take a guided tour of the Saturn V Center before a Dutch-treat lunch in the Mars Grill Restaurant. After lunch, we will have a guided tour of the main museum, including newly updated displays that celebrate the Apollo mission's 50th anniversary, and enjoy a special movie presentation in the National Geographic Theater. The tour will end about 5 pm and we will have a rest/snack stop during our drive home.

Members may participate in field trips at any of the chapters.

Check out our website to see the upcoming travel abroad offerings.

FIELD TRIPS FOR ALL MEMBERS

A206 Ulysses S. Grant Presidential Library and More, Starkville, Mississippi

Wednesday, July 31

Trip Leader: Sheree Miller (evergreens3@yahoo.com) and Tommy Brittain

Cancellation Deadline: Tuesday, July 16

Depart BCC: 7:45 a.m., return 5:00 p.m.

Fee: \$85 (includes transportation)

Activity Level: easy (walking, mostly indoors)

Join us as we travel to Mississippi State University to tour the Grant Presidential Library. We will also see the Frank and Virginia Williams Collection of Lincolniana, one of the nation's largest, privately owned holdings of President Abraham Lincoln research materials, a clock museum, the Charles H. Templeton Sr. Music Museum, and the John Grisham Room. Enjoy a Dutch-treat lunch at one of about five places on campus, and finish the day in Starkville with ice cream, courtesy of M.S.U.-owned dairy cows!

A207 Rickwood Caverns

Tuesday August 13

Trip Leader: Philip Malone (philipgmalone@gmail.com)

Cancellation deadline: Tuesday, July 30

Depart BCC: 8:00 a.m., return 4:00 p.m.

Fee: \$65 (Transportation and group cave tour)

Activity Level: strenuous (walking uneven/outdoors)

Escape summer's sweltering heat with a guided tour of Rickwood Caverns. This underground wonder maintains a constant 58-62 degrees temperature. Enjoy a Dutch-treat lunch after our tour.

DEPARTS FROM GADSDEN

These trips depart from UA Gadsden Center. Registration fee must be paid with registration. Cancellations must be made by contacting Registration Services, 205-348-3000 or 1-866-432-2015. Refunds will not be issued after the cancellation deadline. Substitutions are not allowed. If a field trip is full, call the OLLI office to be added to the wait list.

G201 Oxford, MS

Friday - Sunday, June 6-9

Trip Leader: Shirley du Pont, slild01@aol.com

Cancellation Deadline: Friday, May 24

Depart: 8:00 a.m.

Fee: \$200 Dbl; \$325 Sgl (includes transportation, lodging, admission)

Activity Level: Moderate

Join us for this trip to Rowan Oak, the historic home of William Faulkner. Though the "Rowan Oak" is a mythical tree, the grounds and surrounding woods of Rowan Oak contain hundreds of species of native Mississippi plants, most of which date back to antebellum times. We will visit the L.Q.C. Lamar House Museum and the historic College Hill Presbyterian Church. You will have plenty of time to spend on the Square, a cultural and economic hub of the city.

G202 Always, Patsy Cline

Sunday, June 16

Trip Leader: Shirley du Pont, slild01@aol.com

Cancellation deadline: Friday, June 7

Depart: 1:00 p.m.

Fee: \$60 Activity Level: Easy

ALWAYS, PATSY CLINE is based on a true story about Cline's friendship with a fan from Houston named Louise Seger, who befriended the star in a Texas honky-tonk in 1961, and continued a correspondence with Cline until her death. The hilarious and poignant musical includes many of Patsy's unforgettable hits such as *Crazy, I Fall to Pieces, Sweet Dreams*, and *Walking After Midnight*. The title was inspired by Cline's letters to Seger, which were consistently signed "Love ALWAYS, Patsy Cline."

G203 Huntsville, AL

Friday, June 28

Trip Leaders: Karen Walsh and

Shirley du Pont, slild01@aol.com

Cancellation Deadline: Friday, June 14

Depart: 8:00 a.m.

Fee: \$25

Activity Level: Easy

This is a trip to a wonderland we will call the "bead place" in Huntsville - more beads and jewelry-making material than you have possibly ever seen. We will explore and buy to our hearts content, before heading back home. Lunch will be Dutch-treat.

G204 Coosa Queen

Friday, July 12

Trip Leader: Shirley du Pont, slild01@aol.com

Cancellation Deadline: Friday, June 28

Depart: 2:30 p.m.

Fee: \$55

Activity Level: Easy

The Coosa Queen is a 50-passenger riverboat that offers two-hour cruises. The boat will also allow cruisers a catered dinner while they enjoy the sights, sounds and atmosphere of the Coosa River. We will ride down Lake Logan Martin, listening to music and enjoying a wonderful meal. Want to dance? Do it!

G205 Sewanee

Friday, July 26

Trip Leaders: Carl Saxton and

Shirley du Pont, slild01@aol.com

Cancellation Deadline: Friday, July 12

Depart: 8:00 a.m.

Fee: \$30

Activity Level: Easy, some walking

Known familiarly as "Sewanee" by its students, faculty, staff and friends, The University of the South offers an unmatched educational experience. There is a gigantic cross on the campus that is a must-see. It sits atop a mountain overlooking a vista of the valley below and the view from the bottom of the cross looking out takes your breath away. We will take a few minutes to shop at the bookstore and gift shop for unusual and decorative things. Lunch will be Dutch-treat.

FIELD TRIPS FOR ALL MEMBERS

DEPARTS FROM BIRMINGHAM

Greater Birmingham field trips depart from the Vestavia Hills Civic Center unless otherwise stated. Fees must be paid with registration. Cancellations must be made by contacting Registration Services, 205-348-3000 or 1-866-432-2015. Refunds will not be issued after the cancellation deadline. Substitutions are not allowed. If a field trip is full, call the OLLI office to be added to the wait list.

B201 Alabama Public Television Tour

2112 11th Ave S, Suite 400, Birmingham, AL 35205

(5 Points South area)

Friday, June 14

Trip Leader: Betty Digges (bseph@aol.com)

Cancellation Deadline: Monday, June 10

Fee: No Charge

Meet at the APT studio 9:45 a.m. - 11:45 a.m.

Activity Level: Moderate

Alabama Public Television, which began broadcasting in 1955, was the first educational television network in the U.S. and the model for 26 other state networks and for educational networks in Japan and Europe. Birmingham is the hub of APT's nine-station network, broadcasting four unique channels 24 hours every day. It is the home of APT's award-winning documentary film team, administration, marketing and development, and one of the largest education departments nationwide. Learn what APT does for students and teachers in the digital age. Explore APT's role in homeland security and emergency communications. See the Operations Center that controls transmitters and watch an example of local productions. This two-hour tour entails a moderate amount of walking and standing on two floors with stairs and elevators.

B202 Food for Thought Lecture: Alabama and the Moon Landing, Montgomery, AL

Thursday, June 20

Trip Leader: Beth White (wytehaus1@msn.com)

Cancellation Deadline: Thursday, June 13

Fee: \$45 (includes transportation and box lunch)

Depart VHCC: 8:30 a.m.; return by 5:30 p.m.

Activity Level: Moderate

The Alabama Department of Archives and History is the state's government records repository, special collections library, and home to the state history museum, the Museum of Alabama. The day begins with touring the Museum of Alabama in the morning, followed by a one-hour "Lunch and Learn" lecture. The topic is Alabama and the Moon Landing. The rest of the day will be spent exploring the museum's collections.

Share your trip experience
and upload photos to
[facebook.com/olli.ua.edu](https://www.facebook.com/olli.ua.edu)



B203 The Beer Making Process/Cahaba Brewing Company Tour

4500 5th Avenue S Building C, Birmingham, AL 35222
(Avondale area)

Friday, July 12

Trip Leader: Beth White (wytehaus1@msn.com)

Cancellation Deadline: Monday, July 8

Fee: \$10 (includes tour)

Meet at Cahaba Brewing Company 3:00 p.m. - 5:00 p.m.

Dr. Tracy Hamilton will lead a tour of the Cahaba Brewing Company, where we will learn the process of making beer. Founded in 2011, the company is now in their second location, a new building located in the Historical Continental Gin Complex in Avondale. The production facility has expanded to include six fermenter tanks, two brite tanks, and a canning line with five filler heads. Cahaba Brewing is also involved in the community, sponsoring events to support non-profit groups, the film festival, artists, and more. Their Taproom is family friendly and pet welcoming; and includes a variety of ball, video, and board games. The tour will end with a sampling.

B204 Cathedral Caverns State Park, Woodville, AL

Monday, July 22

Trip Leader: Beth White (wytehaus1@msn.com)

Cancellation Deadline: Monday, July 15

Fee: \$70 (includes transportation, box lunch, and cave tour)

Depart VHCC: 9:30 a.m.; return 5:00 p.m.

Originally called Bat Cave, Cathedral Caverns opened in the 1950s. The cave was renamed because of its cathedral-like appearance and purchased by the state in 1987. Inside the cavern, at a comfortable 60 degrees, are some of the most beautiful formations Mother Nature has ever created. Our day will include a picnic box lunch, tour of the cave, and lecture from the park naturalist.

B205 CATS at the Fabulous Fox Theatre, Atlanta

Saturday, August 10

Trip Leader: Kay Kelley (kaykelley9@gmail.com)

Cancellation Deadline: Thursday, August 1

Fee: \$135 (includes transportation and orchestra level ticket to *CATS*)

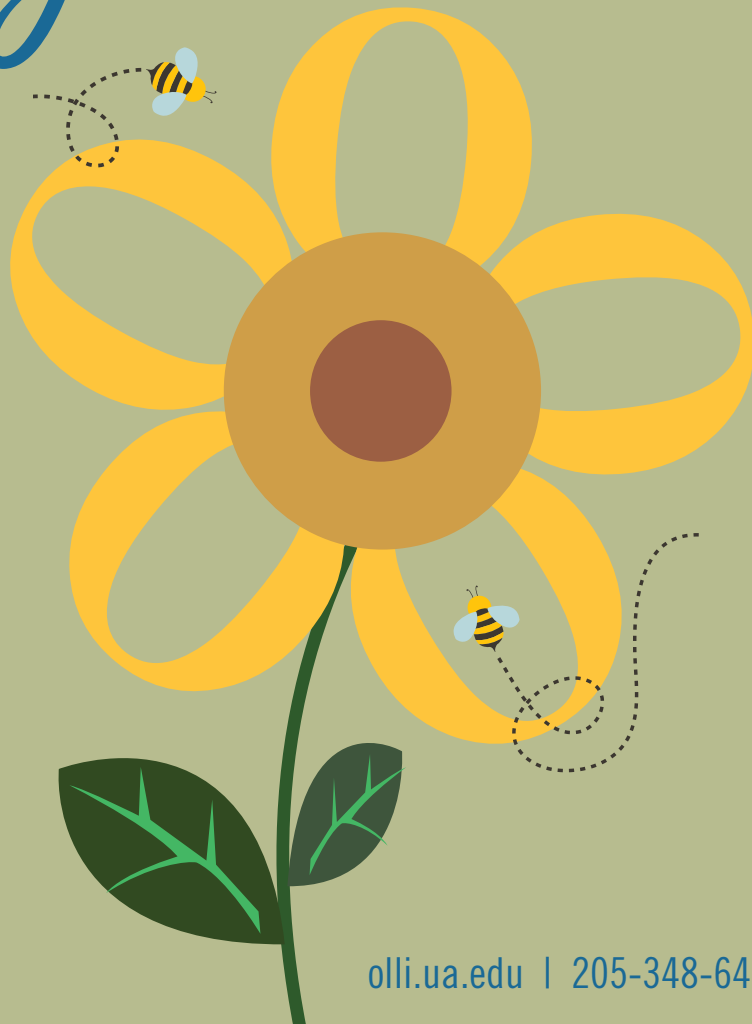
Depart Galleria parking lot 8:30 a.m.; return 8:30 p.m.

Activity Level: Easy

Join us for an afternoon of classics. We will motor coach to Atlanta's midtown for a Dutch-treat, traditional southern lunch at Mary Mac's Tea Room. We will then go on to the historic Fox Theater for a matinee performance of Andrew Lloyd Webber's award-winning musical, *CATS* – the winner of seven Tony awards during its 18 years on Broadway. This musical is based on T.S. Eliot's poem collection, *Old Possum's Book of Practical Cats*. Eliot's estate would not allow any script other than his actual prose so Eliot is the credited playwright. Prior to composing the musical, Webber performed all his proposed songs for Eliot's widow's approval, including "Memory". We will depart Atlanta in late afternoon and stop in Anniston for a Dutch-treat dinner at Classic on Noble.

Box 870388
Tuscaloosa, Alabama 35487-0388

Grow with OLLI



Greater Birmingham

Fall Registration & Social
Friday, August 9, 3-5 p.m.
Homewood Public Library, 1721 Oxmoor Rd

Tuscaloosa

Welcome Back & Open House
Wednesday, August 14, 2-4 p.m.
Bryant Conference Center, 240 Paul W Bryant Dr

Gadsden

Welcome Back & Open House
Thursday, August 15, 4-6 p.m.
Gadsden Center, 121 North 1st St

Greensboro

Welcome Back & Open House
Tuesday, September 10, 5:30 - 6:30 p.m.
The Noel-Ramsey House, 909 Market St

Pickens County

Welcome Back & Open House
Tuesday, September 24, 5:30 - 7:00 p.m.
Gordo City Hall, 25226 Hwy 82

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