Osher Lifelong Learning Institute

Summer 2017 Course Catalog

Tuscaloosa · Gadsden · Greater Birmingham
Greensboro · Pickens County

Register by Phone 205-348-3000 · olli.ua.edu

THE UNIVERSITY OF ALABAMA®
Curriculum is Our Foundation

TUSCALOOSA

My first exposure to OLLI was a Bonus Program that my wife saw in the newspaper. She thought I would be interested as it was on the same topic as my career. I am recently retired and struggling to find what to do with my time.

At that Bonus program, I saw the catalog with so many topics that I thought would be interesting. I joined OLLI and started taking classes that Spring Semester. “Wow!” was all I could say. Learning had always been a passion, so I was like a kid in a candy store. I was asked to teach and serve on the curriculum committee. Now, I am really hooked. I enjoy OLLI at three levels: student, teacher and committee work, but learning is what keeps me coming back. An added benefit is all the wonderful friends I have made at OLLI.

GADSDEN

It has been my pleasure to serve as Curriculum Chair. We have a group of instructors who make our classes both entertaining and educational. Participants in OLLI have the opportunity to grow in knowledge, but meet new people and enjoy the social aspect, too. We learn, we travel, we create; it’s all there.

GREATER BIRMINGHAM

Soon after becoming an OLLI member, I knew I had to join the curriculum committee. There is nothing I like better than hearing about a person’s life experiences. This gave me a chance to recruit so many interesting people who had amazing things to share.
“Leading the Way in Lifelong Learning”

Osher Lifelong Learning Institute at The University of Alabama (OLLI) is leading the way in lifelong learning for mature adults in Central Alabama. OLLI provides its members the opportunity to learn new things, make friends, travel and embrace life. We are a membership program, led by volunteer members. Last year we reached an all-time high of 1,855 members and we are still growing! Members may participate in programs at any of our locations: Tuscaloosa, Gadsden, Greater Birmingham, Greensboro, and Pickens County.

SOCIAL – One key to the success of OLLI is our members, who are adults with a shared interest and joy of learning.

ENGAGE – Take on an active role. Volunteer on a committee or teach about a passionate topic.

LEARN – Take a course, learn a new skill, or travel with friends.

OLLI Annual Membership is $25. Because of the financial support from the Bernard Osher Foundation, The University of Alabama’s College of Continuing Studies, partners, and contributors, OLLI fees are amazingly low.

OLLI provides boundless opportunities for a learning atmosphere and rich collaboration with other adults.

OLLI Member Benefits include:
- Safe and fun environment to make new friends
- Opportunity to increase knowledge, learn a new skill and explore new interests
- Bonus Programs are weekly presentations – no registration required
- Educational and fun travel experiences
- Engagement in Leadership and Volunteerism
- Bama Perks and library admission with Action Card
- Access to pre-recorded video lectures online

Each semester, you may elect to register for courses; simply pay a semester fee of $50 (which covers one or more courses). Some courses or programs will have additional material fees. Most field trips have a fee to cover transportation and related charges.

Cancellation / Refund

OLLI reserves the right to cancel courses, programs, or trips as necessary due to insufficient enrollment, inclement weather, etc. There are no refunds for materials fee after the course has begun.
Get Involved with OLLI@UA

Do you enjoy teaching? Become an Instructor
Are you passionate about a topic and want to share it with your friends? Become a Presenter
Do you enjoy bringing together speakers? Become a Coordinator
Do you like to assist the speakers in the classroom? Become a Facilitator
Do you love to learn? Become a lifelong learner
Would you like to share your talents in other ways? Serve as a committee member

MEMBERSHIP – Have fun recruiting your friends and others throughout the state to join OLLI. Speak to community groups or work our information table at local events. This committee works to build and sustain a strong and active OLLI membership.

CURRICULUM – We are always looking for new ideas! Come join the committee that recruits our team of volunteer instructors and decides where to take trips. This committee plans, implements and evaluates hundreds of courses and trips each semester.

SOCIAL – Are you a social butterfly? Do you enjoy planning the food and beverages at parties? Is decorating fun? This committee gets to decorate and plan the food/beverage for our social events.

LONG-RANGE PLANNING – Is strategic planning more your style? Are you open-minded and want to see OLLI grow? This committee conducts surveys and provides recommendations to the OLLI board.

MARKETING – Help us keep the OLLI brand out in the community. This committee provides input on marketing, website and social media platforms.

ANNUAL GIVING/FUND RAISING – Are you gifted in the area of fund raising? This committee will develop goals and campaigns for the future.

ADAPTED ATHLETICS COMMITTEE – Do you enjoy getting to know UA athletes and want to show support for the teams? Come join the fun.

Pre-recorded Lectures Right from Your Computer

We have made it easy to continue lifelong learning from your own home computer, just as if you were sitting in the classroom. Simply register for the Pre-recorded Lectures and the entire library of videos will be available to you. This is a membership benefit.

A Potpourri of 20th Century Women  Jill Stokley
Cuba  Dana Harper
George Washington  Richard Rhone
Military Leaders  Various Instructors
Mini-Medical School  College of Community Health Sciences
Revolting Women  Richard Rhone
Origins and Conduct of World War I  Bruce Burrows
The Nation Makers  Richard Rhone
U.S. Presidents  R. L. Guffin
World War II, Europe  Bruce Burrows
A Quick, Quirky Review of Tuscaloosa  Jim Ezell
Personality, Philosophy, and Power: A History of America’s Political Party System  Richard Rhone
Development of the Electoral College  Bruce Burrows

Registration Guidelines

• Members must register in order to attend a course.
  Register Online: olli.ua.edu
  Register by Phone: 205-348-3000 or toll free 1-866-432-2015 M - F, 8 a.m. – 4:45 p.m.

• Members may register to be added to a course even after the course has begun, if space is available.

• If your plans change and you need to drop out of a course, please contact Registration Services to drop the course. This will allow other members to enroll in the course.

• If you are enrolled in a course that has a limited capacity stated in the catalog, please be sure you can commit to all sessions.

• Please provide your email and phone number at registration so that in the event of a change you will be notified.

• Bonus Programs are open to members and their guest; no registration is needed.
Share your ideas and get involved with OLLI in Tuscaloosa!

Sharon Shelton, Membership Chair
sshelton09@gmail.com
Philip Malone, Curriculum Chair
philipgmalone@gmail.com
Peggy Hamner, Travel Chair
sswims2001@gmail.com
Mary Ann McKissick, Social Chair
savonica66@gmail.com
Amelia Yessick, Marketing Chair
ameliaheath@hotmail.com
Camilla Canty, Adapted Athletics
c.canty@mindspring.com

Class Locations
All courses are held at the Bryant Conference Center unless otherwise noted in the catalog.

Bryant Conference Center (BCC)
240 Paul W Bryant Dr, Tuscaloosa
Black Warrior Studio
2929 10th Avenue, Tuscaloosa
Clarke Building, Kentuck Art Center
503 Main Avenue, Northport
Gather at Restoring Piece
2207 5th St, Northport

Parking Information
UA Campus Annual Parking Permit $10
If you take courses on the UA Campus, then purchase a parking permit. Pay for the permit when you register and complete the parking permit request form. Contact the OLLI office for further details.

Summer Open House
Thursday, May 4
3 – 4:30 p.m.
Bryant Conference Center
Enjoy refreshments and connect with friends.

Fall Open House
Plans are underway!
Check the website for more information
olli.ua.edu

A101 The Bible as Literature
9 – 10:15 a.m., Monday
June 5, 12, 19, 26; July 10, 17, 24, 31
Instructor: David Chumney
While it may not be possible to discuss the Bible without reference to religion, religious belief is not the focus here. Instead, this class will explore various literary forms and genres found in the Bible - such as genealogies, law codes, legends, letters, myths, oracles, parables, songs and visions, with the goal of understanding not only what a specific text is saying, but also what that text is doing.

A102 News about the News
9 – 10:15 a.m., Monday
June 5, 12, 19, 26; July 10, 17, 24, 31
Instructor: George Daniels
Do you read the newspaper, listen to the radio and watch the news on TV every day? Congratulations, you’re officially a news junkie and this course is designed just for you! If something you’ve seen or read has you puzzled, bring that to this class - and don’t forget your morning newspaper. We’ll use The Tuscaloosa News as our textbook, as we dive into some of the local and state news stories journalists have presented. In the process, each week we’ll spend some time talking about a different aspect of journalism.

A103 Media Matters
10:30 – 11:45 a.m., Monday
June 5, 12, 19, 26; July 10, 17, 24, 31
Instructor: Mary Tillotson
We will continue to look at public - policy issues and how they are covered by the mass media, and at issues, which may be, tellingly, ignored by the media. You’ll be encouraged to share and discuss your opinions on the topics of the day.

A104 Pseudoscience
10:30 – 11:45 a.m., Monday
June 5, 12, 19, 26
Instructor: LeAnn Wilson
Have you ever found yourself falling victim to a sales pitch for the latest miracle diet drug, or some marvelous anti-aging cream – only to later realize that you had been duped? Pseudoscience refers to a practice or body of knowledge that presents itself as scientific in nature, but which diverges from the quality standards conventionally applied to science and scientists. In this class, we will study scientific thinking and the nature of science. How do you distinguish between genuine science and pseudoscience? We will discuss questions such as: What is “science” and how does it work? What are the limitations (if any) of science? How does “pseudoscience” differ from superstition? How can we determine if new ideas are scientific or not? Why do people continue to believe things shown to be false? What are the tricks our brains play on us?
A105 Glacier National Park
10:30 – 11:45 a.m., Monday
July 10, 17, 24, 31
Instructor: Joel Hester
This course covers the history of the Glacier National Park. Topics include the founding of the park in 1910 by the President Taft, forming of the first International Peace Park, history of the railroad hotels and chalets, the See American First advertising campaign, the history of the Sun Road and the environmental impact on the park. Visiting the Park: What to do? Where to go? What to see?

A106 Narrative Poetry
12 – 1:15 p.m., Monday
June 5, 12, 19, 26; July 10, 17, 24, 31
Instructor: Bob Lipman
This course will examine seven key elements common to the structure of 19th and 20th century short stories, including character, setting, conflict, climax, resolution, point of view and theme. The selection of authors and stories is wonderful: Katherine Mansfield, “The Doll’s House”; Edgar Allan Poe, “The Tell-Tale Heart”; O. Henry, “The Gift of the Magi,” “The Last Leaf” and “Witches Loaves”; Guy de Maupassant, “The Necklace”; Alphonse Daudet, “The Last Lesson”; Shirley Jackson, “The Lottery”, Kurt Vonnegut, “EPICAC”. Vivid, descriptive videos closely adhering to plot details will often accompany the study of many of these short stories.

A107 The Four Levels of Senior Living
12 - 1:15 p.m., Monday
June 5, 12, 19, 26
Instructor: Sarah Pederson
OLLI members who are experiencing the aging process with their parents, friends - or even for themselves, will have an opportunity to learn about and discuss each of the four levels of senior care. Topics will include independent living and home health care, assisted living, specialty care-assisted living, and long-term nursing care and hospice.

A108 Becoming an Effective Public Speaker
12 – 1:15 p.m., Monday
July 10, 17, 24, 31
Instructor: Lindsey Sherrill
Do you want to become a better public speaker, learn ways to speak to groups more effectively, or simply overcome speaking anxiety? Speaking skills are an important asset for anyone to have, no matter their position or experience level. This course will address voice projection, creating an effective argument, overcoming anxiety, and preparing effective formal and informal presentations. Students will gain experience that will help them present themselves professionally in many situations and offer opportunities to practice skills and gain confidence.

A109 The Decorative Arts World of Andrew Jackson
1:45 – 3 p.m., Monday
June 5, 12, 19, 26; July 10, 17, 24, 31
Instructor: Ian Crawford
This class will follow the life of Andrew Jackson by studying the places and things that surrounded and influenced him, and in turn, the items he surrounded himself with as president that influenced taste and culture afterwards. From his youth to military service, to ascending to the presidency and on to retirement, Jackson’s image morphed to suit his needs and the needs of the country.

A110 Sherlock Holmes
1:45 – 3 p.m., Monday
June 5, 12, 19, 26; July 10, 17, 24, 31
Instructor: Pat Beatty
The first class will introduce the most famous “consulting detective” in the world. For every other class meeting, we will read and discuss some of Holmes’ most challenging cases, beginning with “A Study in Scarlet” and including, among others, “A Scandal in Bohemia,” “The Speckled Band,” “The Final Problem” and The Hound of the Baskervilles.* Along the way we’ll get to know the creator of Holmes, Sir Arthur Conan Doyle, Holmes’ roommate, friend and scribe, Dr. John Watson, Holmes’ arch enemy, Professor Moriarty, and Irene Adler, always known by Holmes as “the woman.” For every other class meeting, we will watch and discuss some of the best cinematic “Sherlocks,” such as Basil Rathbone, Jeremy Brett, Benedict Cumberbatch and Jonny Lee Miller.

*All texts may be found free at http://www.sherlockian.net/canon/index.html. Several Kindle versions are available, at least one of which is free. Printed copies are readily available in local libraries or bookstores or at Amazon.com.

A111 Film Noir
3:15 – 4:30 p.m., Monday
June 5, 12, 19, 26
Instructor: Larry Fagen
Film noir is not easily defined. The actual words come from French and mean “black cinema.” It was in France that the term was used to describe a certain set of Hollywood films that were saturated with a darkness and cynicism that was not seen before. Often classified as a film genre, the era of film noir lasted about 30 years, from the post-WWII era through the 1970s, with most made in the 1940s and 1950s. We will watch and critique up to eight films, some well-known and some not so recognizable.

June 5 He Walked by Night (1948) Richard Basehart
June 12 Quicksand (1950) Mickey Rooney, Peter Lorre
June 26 Cause for Alarm! (1951) Loretta Young and Animated Noir: Key Lime Pie (2007)
A112 Mad about these Movies  
3:15 – 5:30 p.m., Monday  
July 10, 17, 24, 31  
Coordinator: Amelia Yessick  

July 10  
*Paint Your Wagon* (1969) – Runtime: 2 hrs, 30 min  
Presenter: Bill Caffee  
Starring: Lee Marvin, Clint Eastwood, Jean Seberg – Western Musical  

July 17  
*Hell or High Water* (2016) – Runtime: 1 hr, 45 min  
Presenter: Roberta Weisberg  
Starring: Jeff Bridges, Chris Pine, Ben Foster – Neo Western  

July 24  
*The Wizard of Oz* (1939) – Runtime: 1 hr, 30 min  
Presenter: Amelia Yessick  
Starring: Judy Garland, Ray Bolger, Bert Lahr – Musical Fantasy  

July 31  
*World's Fastest Indian* (2005) – Runtime: 2 hrs, 7 min  
Presenter: Josie Ryba  
Starring: Anthony Hopkins – Sports Drama

A113 200 Unique Places to See in Alabama  
9 – 10:15 a.m., Tuesday  
June 6, 13, 20, 27  
Instructor: Philip Malone  

Ever wonder what the state of Alabama has to offer as travel destinations that you might have missed? We will divide the state into eight regions and “visit” 25 places in each area. Many of them you probably will not have heard about, but may want to visit after you learn about them. Some are historic, some nature’s gift to Alabama and some just plain weird. Even if you never visit them, you can enjoy the trip each week in OLLI class.

A114 Cultural Resource Management and Forensic Anthropology: Episodes in Human Identification  
9 – 10:15 a.m., Tuesday  
June 6, 13, 20, 27  
Instructor: Mary Cassandra Hill  

Forensic anthropology is the application of specialized techniques of identification to human and cultural remains that are discovered under a wide range of situations, such as construction sites, fires, explosions and airplane crashes. Federal and state legislation mandates that specialists will be employed in these instances, and extensive research is conducted and reported to all funding agencies. This series of lectures will cover topics of general interest such as prehistoric and historic archaeological sites and include reviews of colonial expansion, burial practices and social issues such as gender determination.

A115 Venezuela – A Story of Riches to Rags  
9 – 10:15 a.m., Tuesday  
July 11, 18, 25; Aug 1  
Instructor: Ron Hallmark  
The four sessions will discuss the origin of Venezuela from Spanish settlement and genocide of natives to the rebellion by Simón Bolívar, which successfully defeated the Spanish and founded Greater Colombia; and later, the two separate countries of Colombia and Venezuela. The course will discuss the natural riches, the culture and the politics, which gradually transformed the country from an oil-rich capitalist democracy to a third-world Socialist state run by a ruthless dictator.

A116 Your Pictures and the Computer  
10:30 – 11:45 a.m., Tuesday  
June 6, 13, 20, 27  
Instructor: Ken Kuntz  

After taking a great picture, what’s next? We will survey the options in software to see what type of program will fit your needs. Common post-processing techniques will be demonstrated. You will learn about global and local-area edits and the difference between JPEG and RAW formats. Basic software, Adobe Elements and Lightroom will be covered. This will not include Adobe PhotoShop – that program is beyond the scope of this course.

A117 Aging Gracefully  
10:30 – 11:45 a.m., Tuesday  
June 6, 13, 20, 27; July 11, 18, 25; Aug 1  
Instructor: Mary Cassandra Hill  

June 6  
*Aging Gracefully Introduction and Osteoarthritis* – Pat Parmelee  

June 13  
*Mindfulness and Addiction* – Becky Allen  

June 20  
*Intersection of Faith and Health* – Deanna Dragan  

June 27  
*Cognitive Aging* – Sheila Black  

July 11  
*Alzheimer’s/Other Dementias* – Sarah Pederson  

July 18  
*Advanced Care Planning* – Amy Albright  

July 25  
*Pain Management* – Beverly Thorn  

August 1  
*Exercise, Mood & Heart Health: Let’s Move It* – Avani Shah

A118 Tuscaloosa History in the Archives  
10:30 – 11:45 a.m., Tuesday  
July 11, 18, 25; Aug 1  
Instructor: Kate Matheny  

Tuscaloosa was a very busy place to be during World War II. In this course, we’ll take a deep dive into local history as illustrated by archives from the W.S. Hoole Special Collections Library, with items drawn from personal scrapbooks and from local newspapers and magazines. Topics will include our French and British pilot-training programs, the influence of the war effort on The University of Alabama campus, the role of Northington General Hospital and the activities of the Tuscaloosa Service Men’s Center.
A119 Line Dancing
10:30 – 11:45 a.m., Tuesday
June 6, 13, 20, 27; July 11, 18, 25; Aug 1
Pine Valley Retirement Community, 800 Rice Valley Road N., Tuscaloosa
Instructor: Jeri Acton
Have you ever wanted to take the step to learn how to line dance? Now is your time. The class offers the basic fundamentals of line dancing at a pace suited for the first-time dancer. It is a popular means of socializing, sharpening your memory and keeping you fit. Come and join this fun group. Class Limit: 35

A120 Woodworking: Table Building
1 – 4 p.m., Tuesday
June 6, 13, 20, 27
Black Warrior Studio
Instructor: Ed Allen
In this four-week class, students will be taught tool safety and then will build their own table. Course is suitable for both beginning and intermediate woodworking students. All materials will be supplied. This class is open only to students who have never taken this course before. Class Limit: 4 students. Materials Fee: $25

A121 How to Think Like a Physicist 101: Conceptual Foundations of Mechanics and Mathematics
1:45 – 3 p.m., Tuesday
June 6, 13, 20, 27
Instructor: Alexander Daniels
No mathematical background is assumed or required. In this course, students will strengthen their ability to think critically about the world around them, and gain a foundation in key topics in physics through a guided introductory tour. The first few lectures will be spent helping students calm any anxiety about mathematics and science through dialogue. Following these introductory lectures, topics in classical mechanics, statistical mechanics, and potentially quantum mechanics, will be gradually introduced with the relevant mathematical material. Class demonstrations and dialogue will augment the learning experience by strengthening the student's intuition.

A122 Tradition and Lifestyles in Nepal
1:45 – 3 p.m., Tuesday
July 11, 18, 25; Aug 1
Instructor: Sujit Kunwor
This series of classes emphasizes a pictorial overview of traditional values and lifestyle in Nepal, a landlocked country at the base of the Himalayas. It will be an interactive class starting with a brief historical background of Nepal. Ancient and current tradition and lifestyle across Nepal will be studied. Students will be encouraged to compare and contrast lifestyle in Nepal and in their neighborhood from what they see in the pictures.

A123 The Apache Wars
1:45 – 3 p.m., Tuesday
June 6, 13, 20, 27
Instructor: Richard Rhone
To many people, the Apache Wars is remembered only as depicted in old Western movies. Yet, a case can be made that this conflict was America’s longest conflict and affects us up to modern times. For over 25 years, the American government and its military were involved in a supreme struggle with the Apaches for control of much of the American Southwest. At one time, one-fourth of the entire American army was involved in the campaign. Some believe the kidnapping of a 12-year-old boy was the focal point that began this massive, costly war that ended with the imprisonment of Apache leaders in Florida, Alabama and Oklahoma. We'll discuss the beginning, the end, the battles, the politics and the personalities of the conflict, including Mickey Free, the Apache Kid, Geronimo, Cochise, and generals George Crook and Nelson Miles.

A124 Retro Report
1:45 - 3 p.m., Tuesday
July 11, 18, 25; Aug 1
Instructor: Allen Bearden
How often does a great story dominate the headlines, only to be dropped from the news cycle? How often do journalists tell us of a looming danger or important discovery – only to move quickly to the next new thing? What really happened? How did these events change us? What are the lingering consequences that may affect our society to this day? Combining documentary techniques with shoe-leather reporting, Retro Report peels back the layers of some of the most perplexing news stories of our past, with the goal of encouraging you to think more critically about current events and the media. Join us as we review and discuss these stories and gain new insight into the events that shaped our lives.

A125 Alabama Politics: Presidential Elections
3:15 – 4:30 p.m., Tuesday
June 6, 13, 20, 27
Instructor: Bill Stewart
Back in the fall of last year, the nation held an election to decide who would be its 45th president. At the outset of his four-year term, the new chief executive seemed to be having trouble quelling opposition to his election and getting support for the initiatives on which he had waged his successful campaign. Let’s now examine what role Alabama played in President Trump’s election and what, if any, differences there were between its role in November 2016 and past elections. Finally, what effect, if any, would the nation’s new leader have on this state in terms of the impact of the programs he has proposed.
A126 Alabama Politics: AL Governor
3:15 – 4:30 p.m., Tuesday
July 11, 18, 25; Aug 1
Instructor: Bill Stewart
By this same time next year (2018), Alabamians will probably know the name of the man or woman who will be inaugurated as the state's governor in January 2019 to serve a term of four years. How can this be when the general election is not held until November? How important is party affiliation as far as an individual's ability to be elected governor is concerned? Besides party tie, what other factors are likely to be considered by voters as they cast ballots in gubernatorial primaries and elections?

A127 Modern Healthcare and Biomedical Ethic Issues
3:15 – 4:30 p.m., Tuesday
June 6, 13, 20, 27
Instructor: Robb Small
Join us for a simple overview of clinical biomedical ethics and increase your familiarity with bioethics terminology and resources. Issues to be covered include biomedical-ethics problem solving, end-of-life decisions, physician-assisted suicide, withdrawal of support dilemmas, informed consent, health-care disparities and the role of ethics committees. Class time will be split between lecture, discussion and case studies.

A128 Amazonia: Its Lands and Peoples
3:15 – 4:30 p.m., Tuesday
July 11, 18, 25; Aug 1
Instructor: Richard Diehl
South America's Amazon River has fascinated westerners ever since it was first discovered in the 16th century. Sometimes called a “Green Hell,” it has been identified with El Dorado Indians who use poisoned arrows and powerful hallucinogens, fearsome animals, lost cities and magical plants as modern medicines. All in all, it is one of the least understood and most endangered regions in the 21st century world. In this course, we examine various facets of its geography, archaeology, modern Native American and Mestizo populations, and the challenges presented by deforestation, cultural extinction and globalization.

A129 Furniture Stripping and Refinishing
1 – 4 p.m., Wednesday
June 7, 14, 21, 28
Black Warrior Studio
Instructor: Ed Allen, David Allen
Join us for this four-week course and learn the techniques needed to strip and refinish furniture. You'll even get the chance to do a real project, and create a revitalized treasure of your choosing. We recommend selecting a small piece of furniture that you would like to see refurbished, such as a table or a chair. Aside from the furniture itself, we'll provide all other materials. This class is open only to students who have never taken this course before. Class Limit: 4 students. Materials Fee: $25

A130 Keeping a Visual Journal
1 – 3 p.m., Wednesday
July 12, 19, 26; Aug 1
Clarke Building at Kentuck Art Center
Instructor: Tonyia Tidline
Visual journaling has become a popular and recognized way to access creative energy, inspire personal decision-making processes and increase the ability to suspend self-judgment. Not to be confused with written journals, the visual journal emphasizes color, texture, shape, line and image combined with words. In the four sessions offered this summer, you will incorporate doodles, paint, collage and altered book techniques using mixed media into a uniquely personal gallery of impressions that you can hold in your hands. Some basic materials will be provided and you will be guided and encouraged to bring meaningful items to build your journal. Participants should bring to the first session a blank journal or sketchbook suitable for starting a visual journal. Class limit: 12

A131 Paint Play 101 with Chalk Paint
1:00 – 2:30 pm, Wednesday
June 7, 14, 21, 28; July 12, 19
New location - Gather at Restoring Piece, 2207 5th St, Northport
Instructor: Jeni Bowen
Over six weeks, we’ll cover the basics of chalk paint, including several techniques such as two-color distressed finishes, smooth or modern finishes, cracked and rustic finishes, applying a soft wash over gilded molding, and saying goodbye to sandpaper for good. You’ll leave this class with a newfound confidence to tackle your next project. Class Limit: 13 students. Materials Fee: $50.

A132 Yoga for Healthy Aging
1:15 – 2:15 p.m., Wednesday
June 7, 21, 28 (no session on June 14)
First United Methodist Church Tuscaloosa in Church Activity Center
Instructor: Linda Dunn
No experience in yoga is required, just patience with your own body. There is no pressure to perform all the poses. Options will be given for many of the yoga postures during the class. You are welcome to practice while sitting in a chair; we do provide folding chairs. Yoga exercises will improve your balance, strengthen your body and rest your mind. We request that you wear comfortable clothing and bring your own yoga mat. It is recommended you wait several hours after eating before you practice yoga to feel comfortable.
**A133  Splendor in the Glass: Fused Glass Jewelry**  
10 - 12 p.m., Thursday, June 8  
Clarke Building at Kentuck Art Center  
Instructor: Linda Munoz  
In this one class, you will learn techniques to design and create at least two sets of fused glass earrings and pendants. Glass cutting, jewelry design and working with a glass kiln will be covered. Students will pick up their completed pieces at a later date decided by the class. Class Limit: 8 students. Materials Fee: $40

**A134  Splendor in the Glass: Fused Glass Jewelry**  
10 - 12 p.m., Thursday, July 13  
Clarke Building at Kentuck Art Center  
Instructor: Linda Munoz  
In this one class, you will learn techniques to design and create at least two sets of fused glass earrings and pendants. Glass cutting, jewelry design and working with a glass kiln will be covered. Students will pick up their completed pieces at a later date decided by the class. Class Limit: 8 students. Materials Fee: $40

**A135  Intermediate Woodturning**  
1:00 – 4:00 p.m., Thursday  
June 8, 15, 22, 29  
Black Warrior Studio  
Instructors: Ed Allen, Bill Hubbard  
This class will expand the skills of anyone with knowledge of the lathe and basic turning skills. Group and individual instruction will assist you in completing projects you can take home and use. Class Limit: 4 students. Materials Fee $25

**BONUS PROGRAMS**

12 – 1:15 p.m., Tuesday  
Coordinator: Mary Jon Sneckenberger  
Bonus Programs are a membership benefit and registration is not needed. We encourage members to bring a guest to introduce him/her to OLLI.

**June 6**  **STAR ID – Sgt. Eddie Williams, DP**  
If your travel plans call for airlines and any national park, you’ll want to learn about Alabama’s answer to the federal regulation REAL-ID. For those who do not have a valid, current U.S. passport, this is for you.

**June 13**  **AL Sunshine Hot Sauce – Julie Madison**  
From a hobby to a successful business, learn how Julie Madison continues to honor the previous owner’s ambitions, and yet giving her brother David the opportunity to fulfill his lifelong dream.

**June 20**  **Robert Albert Blakelock – Kate Cobb**  
Kate Cobb’s great-great-grandfather was the famous American landscape artist Ralph Albert Blakelock. Family history- joys and tragedies, is presented with straightforward honesty. Blakelock has the distinction of being “the most forged artist” in America.

**June 27**  **Western China – Philip Malone**  
Philip Malone and his two sons experienced “a true National Geographic moment.” Hear about parts of China that are off the usual tourist spots and the Malone family’s experience of Shipton's Arch.

**July 11**  **Collections – Antonio Ferral**  
Over the years, Antonio Ferral has made his hobby of collecting antiques, Indian artifacts and “all things Tuscaloosa” into a passion. He has a museum at his residence and is excited to share his knowledge.

**July 18**  **Tuscaloosa Public Library – Rick Freeman**  
Tuscaloosa Public Library (TPL) is a treasure trove for the city. Besides the usual books, DVD’s, CD’s, reference material, etc., there are various classes and services. Patrons can receive help with genealogy, investments, hobbies and more.

**July 25**  **Brewer-Porch Children’s Center – Rick Gray**  
The center was established in 1970 to provide a model treatment program for special-needs children, adolescents and their families. Under The University of Alabama’s College of Arts and Sciences, the center’s activities are closely linked with UA’s mission of service, teaching and research.

**August 1**  **Pioneer 61 Mission Rescue – Kevin Beck**  
Mozambique and Zimbabwe are known as one of the largest sex trafficking areas in the world. The mission of Kevin Beck’s organization is the rescue of girls from a life of prostitution and sex trafficking.

See where we will be traveling this summer in the FIELD TRIP section beginning on page 19.

If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

**Dutch-Treat Supper Club**  
6:30 p.m., Tuesdays  
We laugh, we share stories, we eat heartily!  
Members meet at 6:30 p.m. at the restaurant. To register go online olli.ua.edu or call Registration Services at 205-348-3000.  
The registration deadline is the Friday prior to the supper club date. For more information, contact Janie Bostick jrsb1012@bellsouth.net

**A301**  **Los Tarascos Tuesday, June 27**  
130 Skyland Blvd. Tuscaloosa

**A302**  **Chuck’s Fish Tuesday, July 25**  
508 Greensboro Ave. Tuscaloosa

**A303**  **Cypress Inn Tuesday, Aug 29**  
501 Rice Mine Road N. Tuscaloosa

olli.ua.edu | 205-348-6482 | Page 11
G101  The Glory That Was Greece
10 - 11:30 a.m.
June 6, 13, 20, 27; July 11, 18, 25
Instructor: Linda York
This session, we will examine the evolution of Greek culture into the birthplace
democratic government, architecture, philosophy, theater, and history.
Like Socrates advised us to “Know Thyself”, we will use history to look into
the history of our own world. Welcome to the world of Pericles, Aspasia,
Sophocles, Aristotle, Plato, the Trojan War, and so much more. Maybe even
have some scrumptious Greek food. Umpah!!!
WEDNESDAY COURSES

G105 History Over Easy
10 - 11:30 a.m.
June 7, 14, 21, 28; July 5, 12, 19, 26
Instructors: John McFarland, Randy Holland (Room 111)
One of a kind, this class continues to thrive. Each week a different topic is discussed (we intentionally stay away from current politics and religion to keep things light and fun). The internet is available for reference. You can expect a wild and sometimes controversial ride. This is a really fresh approach to history! Introduce your favorite subject and enjoy the discussions.

G106 Music of the Movies
10 - 11:30 a.m.
June 14, 21, 28
Instructor: Mike Gagliardo, Music Director & Conductor
Etowah Youth Orchestras
Join us as Mike presents the music of the movies. An Academy Award-winner, Bernard Herrmann is particularly known for his collaborations with director Alfred Hitchcock, most famously Psycho, North by Northwest, The Man Who Knew Too Much, and Vertigo. John Williams composed the music for Jaws, War Horse, Jurassic Park and over a hundred others. Mr. Williams has received five Academy Awards and 50 Oscar nominations, making him the Academy's most-nominated living person and the second-most nominated person in the history of the Oscars. His most recent nomination was for the film Star Wars: The Force Awakens. Hans Zimmer is a German composer and record producer. He has composed music for over 150 films. His works include The Lion King, for which he won Academy Award for Best Original Score in 1994. James Horner's first major film score was for the 1979 film The Lady in Red, but did not establish himself as a mainstream composer until he worked on the 1982 film Star Trek II: The Wrath of Khan. Horner's score for Titanic is the best-selling orchestral film soundtrack of all time.

June 14 Bernard Herrmann
June 21 Jon Williams
June 28 James Horner and Hans Zimmer

Special Program
G401 Wellness and Fitness For Seniors
10 - 11:30 a.m. June 7, Wednesday (One Class)
See Page 15 for details.

G107 AARP Safe Driving
10 - 11:30 a.m.
July 12, 19, 26
Instructor: Shirley du Pont
This AARP Driver course is all classroom with no tests. Techniques taught and updates of Alabama traffic law apply to drivers of any age, although the AARP Smart Driver course was designed specifically for drivers aged 50 and older. Injury from an auto crash is the main reason a person over 50 stops driving. An AARP survey of 1,200 participants showed that 97% changed at least one key driving behavior after taking this course, and also felt the information they learned kept them from having a crash. This class will have a fee of $20.00 for non-AARP members, $15.00 for AARP members. Fees will be paid to AARP on the first day.

G108 Sittin’ Up With The Dead (Part 3)
1:45 - 3 p.m.
June 7, 14, 21, 28; July 5, 12, 19, 26
Instructor: Skip Campbell
Note: This is a special time. This is Part 3 in a series that starts by discussing what happens when we die. It examines 19th century cemeteries and graveyards, funeral customs and superstitions, types of graves, grave marker zymology, embalming, origins of the funeral industry and much, much more. We will make several field trips to local cemeteries and participants are encouraged to visit cemeteries close to where they live.

G109 Dave’s Summer Grab Bag
3 - 4:30 p.m.
June 7, 14, 21, 28; July 5, 12
Instructor: Dave Murdock
We will talk about some of the strange little things that catch your attention. This course will definitely be “off the beaten path.”

Session 1: Micro Nations
Session 2: Invasive Species
Session 3: Sleeping and Dreaming
Session 4: Alexandria, Egypt
Session 5: Ruined and Abandoned Places
Session 6: Native American Mounds

G110 Genealogy Club
9:30 - 11:30 a.m.
June 8, 15, 22, 29; July 6, 13, 20, 27
Instructor: Craig Scott
Gadsden Public Library, 254 College St, Gadsden, Al. 2nd Floor Computer Room (elevator available)
The search for your roots is an ongoing process. Regardless of where you are in your search, Craig will provide you with sources and links to the past for you to use. Using the latest software and internet sites allows you to shed light on your famous and infamous ancestors. This is not a class for the beginning genealogist. Previous computer experience is a must!
June 29  Straw Bale Gardening and Irrigation
Eric Schavey
Straw Bale Gardening is simply a different type of container gardening. The main difference is that the container is actually the straw bale itself, held together with two or three strings; the outside crust of the bale serves as the container. Growing a successful vegetable garden is difficult enough if you have terrific soil to plant your garden into, but with poor soils, it can be virtually impossible. Straw Bale Gardening allows anyone, even those with the worst soil conditions, to grow a terrific garden that is productive and much less labor intensive. For anyone with difficulties bending over or doing the heavy work that is usually involved in turning the soil and digging to plant and harvest crops, the raised height of the Straw Bale Garden makes those chores obsolete. Weeding will also become a thing of the past; there are no weeds in a Straw Bale Garden and minimal maintenance results in maximum production. It will completely change everything you thought you already knew about gardening.

July 6  Post 4th of July Party — Shirley du Pont
You had a celebration at home, cooked out, had company, and ate until you were miserable. Well, we’re still partying. Come celebrate the nation’s birthday with OLLI. Join us for food, drink, lively talk and, as always, a good time.

July 13  So Far From Home — Dr. Robert Kane, Author
Join Dr. Robert Kane as he tells us the story covered in his book So Far from Home. Dr. Kane retired from the Air Force as a Lieutenant Colonel and in his book, he tells for the first time the story of the Royal Air Force and Free French flight training programs in central Alabama, covering the origins, the issues, and the problems that occurred during the training programs, and the results and lessons learned.

During World War II, the US Army Air Forces (AAF) trained aircrew members from 29 allied countries. The two largest programs were for Britain and France. The British government asked the United States to train its new pilots until it could get its own flight-training program underway. Maxwell and Gunter Fields near Montgomery, Alabama, were authorized to conduct this training. So Far From Home is the first book to tell this fascinating piece of history. The program’s success paved the way for future training of NATO and other Allied forces in the years after World War II.

July 20  Daily Life in Ancient Egypt, Part II
Catherine Hawkins
More on the Ancient Egyptian culture --- learn about what they ate and how they obtained and prepared their food. Find out about Ancient Egyptian physicians --- the medications and procedures they used, some of which were actually effective! Take a glimpse into the family life of the non-royal population and into the royal leisure activities --- music, banquets, sports and games.
Special Program
G401 Wellness and Fitness For Seniors
10 - 11:30 a.m.
June 7, Wednesday (One Class)
Instructor: Melia West, Wellness Coordinator, with Quality of Life Health Services, Inc.
This class will address Senior Wellness with a focus on becoming “wise” and “well”. We will provide knowledge on the eight dimensions of wellness and raise awareness of issues related to health and the aging process. This class will discuss the benefits of a healthy lifestyle and equip you with self-management strategies aimed at helping you become an expert in “you”. It will also give you information on how to eat healthy and address what happens when we do not move the body. We will also provide a demonstration on the proper techniques of exercise. We will conclude the class by providing you information on local programs offered for senior wellness.

See Field Trips beginning on page 19.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

Dutch-Treat Supper Club
Registration is required. We will depart from the Gadsden Center at 5 p.m. We will car pool to the various locations. Please be prepared to donate $3.00 to your driver to help with the cost. Be prepared to drive your vehicle, if needed for transportation.

G301 Pappadeaux Restaurant Tuesday, June 20
3500 Grandview Parkway, Birmingham

G302 29 Grille Tuesday, July 11
971 Brookwood Village, Birmingham

G303 Seasons 52 Tuesday, July 25
245 Summit Blvd, Birmingham

Fall Open House and Registration
Plans are underway!
Check the website for more information olli.ua.edu

BONUS PROGRAMS

History and Legends of the Town of Pickensville
Tuesday, June 27 - 5:30 p.m.
Presenter: Mary Fuseyamore, former Mayor of the Town of Pickensville

The History of Elmore Center United Methodist Church
Presenter: Linda Watson

Pickens County Cemeteries in Peril
Presenter: Gail House
Thursday, July 13 - 5:30 p.m. (2 presentations)

Quick and Easy Picnic Recipes
Tuesday, August 8 - 5:30 p.m.
Coordinator: Kathy Fetters
B101  Southern Exposure Films
10:30 a.m. - 12 p.m., Monday
June 5, 12, 19, 26
Levite Jewish Community Center
Presenters: Lawyers from Southern Environmental Law Center and environmental leaders
Viewing of beautiful and instructional films about Alabama’s natural resources, highlighting Alabama’s riches and environmental issues; from the Southern Environmental Law Center's annual program, that brings emerging filmmakers from all over the country to Alabama to tell stories about its environment.
June 5:  Herald of the Sea, Good Housekeeping, and Waste Not Want Not
June 12: What a Waste, Birmingham to the Gulf, and Alabama the Beautiful
June 19: The Storm Downstream, Sharing the Secrets, and Oysterman
June 26: Beltline Blues, Forever Wild, Dammed, and Come State of Power Living Shorelines

B102  Exploring the Brain and Developing Cognitive Tools to Improve Function
10:30 a.m. - 12 p.m., Tuesday
June 6, 13, 20
Vestavia Hills Civic Center
Instructors: Researchers from UAB's Neuroscience Department
June 6: Dr. David Geldmacher, PhD and brain researcher from UAB's department of Neurology, on recent developments in brain studies for dementia and Alzheimer's.
June 13: UAB Researchers
June 20: UAB Researchers

B103  Birth of the American Nation
1:30 - 3 p.m., Tuesday
July 11, 18, 25; August 1
Vestavia Hills Civic Center
Instructor: Fred Moss, MD, Medical Imaging & Historical Interpretations
What America went through to become a nation: the struggles, wars, and eventual conciliation.
July 11: Questions on history, bias, historical writing, 15th century world explorations
July 18: Exploration expectations, successes, and disappointments
July 25: Wars with the Indians, French, Spanish, English, and each other
August 1: Years between wars; people of differing income, education, and religious belief levels become one under a Federal Plan rather than a Jeffersonian Democracy
B104  Protect and Restore Our Lives When Disaster Strikes
1:30 - 3 p.m., Tuesday
August 15, 22
Vestavia Hills Civic Center
August 15:  Home Protection – Pamela Crowe, Certified Business Continuity Professional, certified Red Cross instructor for Disaster Response

Are you prepared to be stuck in your car for hours? What if you have to evacuate your home without warning? Can you stay in your house for up to three days after a natural disaster? These are the three most common emergency situations that you can experience. Learn what you need to have ready in each situation and the most common items you will need to ensure you can survive an extended stay in your car. You will also receive information on what is needed in a Go Bag (for quick evacuation) and a Home Kit. All information is based on FEMA recommendations.

B105  European River Cruises:  Relaxing, Comfortable, Unique Discoveries
1:30 - 3 p.m., Wednesday
June 21, 28
Vestavia Hills Civic Center
Instructor:  Harold Hagler, MB, Science, UA, worked in Aerospace and became a riverboat aficionado

Explore the timeless beauty and grace of Europe’s rivers as Harold shows scenes along the Danube, the Main, the Rhine, the Seine, the Saône, the Rhone, and others. See how, conveyed by river beyond the reach of highways, travelers discover the true nature of these fascinating lands and their people. Discover how to travel with ease, and what to expect on the boat and of the staff. Nothing compares to a river and no experience compares to a riverboat experience.

B106  The Crusades
1:30 - 3 p.m., Wednesday
July 12, 19
Vestavia Hills Civic Center
Instructor:  Bill King, retired Episcopal Priest, MA in Church History

During the 12th century, the European Christian church mounted four crusades to recapture Jerusalem and the Holy Lands from Muslim control. Interesting, and not so good events, literally happened along the way.

B107  World War II
1:30 - 3 p.m., Wednesday
August 2, 9, 16, 23, 30
Vestavia Hills Civic Center
Instructor:  Matt Levey, PhD, Professor of History, Birmingham-Southern College

This course covers memories of World War II throughout the world, specifically in the United States, Great Britain, Germany, Soviet and post-Soviet Eastern Europe, China, India (as an example of a colonized people), and Japan.

B108  Alabama Heroes in the Words of Alabama Authors
10:30 a.m. - 12 p.m., Thursday
July 6, 13, 20, 27
Vestavia Hills Civic Center
Instructors:  Various

July 6:  Hugo Black, former Supreme Court Justice whose life shaped civil rights in this state and the nation, presented by Steve Suitts, author and founder of the Alabama Civil Liberties Union.

July 13:  Dr. Lister Hill, who was a U.S. Congressman and Senator and led medical research and heart surgeries in Alabama and the nation, presented by Joe Hubbard, former Alabama legislator, who will provide family memoirs.

July 20:  Hank Williams, whose music shaped our lives, presented by Rheta Grimsley Johnson, a celebrated journalist and columnist.

July 27:  Helen Keller, who taught us all how to deal with disabilities, presented by Keller Johnson Thompson, great-grandniece of Helen Keller talking about her great-grandaunt.

B109  General Anthropology
10:30 a.m. – 12 p.m., Thursday
August 10, 17
Vestavia Hills Civic Center
Instructor:  Jason Heaton, Professor of Biology, Birmingham-Southern College

Learn about the fascinating science of the origins of humans: their language, physical and cultural development, biological characteristics, social customs, institutions, relationships, and religious beliefs.
B110 The American Automobile: How It Changed Our Lives
10:30 a.m. – 12 p.m., Friday
July 7, 14, 21, 28
Vestavia Hills Civic Center
Instructor: Rebecca Dobrinski, local historian
July 7: Overview of the cities of the American Revolution as they evolved from Colonial era cities to the cities of today. Transportation is at a crossroads during this transition from horse and buggy travel to motorized vehicles.
July 14: How Residential and Commercial Construction Inventions Changed Modern Life
July 21: Transportation Changes – Part 1
July 28: Transportation Changes – Part 2

Bonus Programs are a membership benefit and registration is not needed. We encourage members to bring a guest to introduce him/her to OLLI.

Lifetime Learning Skills Taught at Alabama’s Maximum Security Prison
1:30 - 3 p.m., Thursday
June 15
Vestavia Hills Civic Center
Presenter: Neil Segars, engineer and lawyer who has taught Accelerated Learning at Donaldson Prison
Neil has changed many lives in his 24 years at Donaldson Prison, Alabama’s only level six maximum security prison. But by far, he has been changed and he has stories that teach us about human life, motivation, and the lifelong rewards that come from learning how to learn. The learning skills Neil teaches in this bonus program are practical cognitive skills all of us can embrace.

Egypt: An Incredible Journey
1 - 2:30 p.m., Friday
June 16
Homewood Library
Presenter: Catherine Hawkins, Historian
Join Catherine on an adventure into the ancient Egyptian Empire of 3,000 years ago. She will share photos of treasures of the museums in Cairo, the pyramids and monuments, the temples and tombs, and thus, paint a picture of the early Egyptian people.

Life in Iraq Before and After Saddam Hussein
1 - 2:30 p.m., Monday
August 14
Homewood Library
Presenters: Hend Kendela and Sameer Younan, who fled Iraq after life there changed dramatically
Hend and Sam are a couple who fled and are now living in the Greater Birmingham area. They will share their story: what it was like in Iraq before and during Saddam’s reign; how it changed and why they left; and how they have adapted to life in America and why they chose this area.

Special Programs
B401 Stained Glass Art for Picture Framing
1:30 - 3 p.m., Tuesday
August 8
Vestavia Hills Civic Center
Presenter: Pamela Crowe, professional artist
Class Limit: 20; Materials Fee: $15. Create and take home a beautiful faux stained glass project using Stained Glass Paint. Choose from several designs to make an 8 x 10 framed creation to hang and decorate any window. The $15 fee covers all the supplies needed to create your masterpiece, including an 8 x 10 picture frame, black leading, and all the colors to fill in your picture.

Zentangle Art
B402 10:30 a.m. - 12 p.m., Friday
B403 1:30 - 3 p.m., Friday
August 25
Levite Jewish Community Center
Presenter: Darla Williamson, Certified Zentangle Teacher
Class Size Limit: 15 for a.m. and 20 for p.m. (identical classes – select only one). Materials Fee: $10 per session. Zentangle is an easy-to-learn method of creating beautiful images from repetitive patterns. It is fun, relaxing, and anyone can use it to create beautiful pieces of art. It is enjoyed by a wide range of ages and skill levels across the world. During this introductory program you will learn different tangles in a fun, relaxed atmosphere.

See where we will be traveling this summer in the Field Trip section beginning on page 19.

If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

Fall Open House and Registration
Friday, August 18 1 – 3 p.m.
Vestavia Hills Senior Lodge,
1973 Merryvale Road, Vestavia Hills, AL

Enjoy refreshments and conversations with friends, hear about the Fall catalog and marvel at card tricks from Professional Magician, Tommy Ellison. Then sign up for the courses you want to attend in the fall.
FIELD TRIPS FOR ALL MEMBERS

OLLI at UA Field Trips – All Chapters

Things you should know about OLLI Field Trips
• Registration is limited on a first come, first served basis.
• Fees must be paid with registration.
• Cancellations must be made by contacting Registration Services 205-348-3000.
• Refunds will not be issued for cancellations requested after the cancellation deadline listed for each trip.
• Substitutions are not allowed.
• If you have further questions, contact the trip facilitator or the OLLI office.

OLLI field trips are educational and fun! Where do you want to go this summer?

Register online at olli.ua.edu or call Registration Services at 205-348-3000/1-866-432-2015.

DEPART FROM TUSCALOOSA

Transportation for the trips will be by charter bus (a restroom on the bus is not guaranteed) or van. The type of transportation provided is at the sole discretion of the OLLI Program Director. For more trip details, email the trip facilitator or call the OLLI Office, 205-348-6482.

All Tuscaloosa trips will depart from the Bryant Conference Center (BCC), 240 Paul W. Bryant Drive.

A201 Elayne Goodman’s Studio, Columbus, MS
Friday, June 2
Facilitators: Ginnye Capps (BamaBelle1211@att.net) and Gloria Oglesby (bamaglo@comcast.net)
Cancellation deadline: Friday, May 19
Depart BCC 9:30 a.m.; Return 3 p.m.
Fee: $55 (includes transportation)
Activity Level: Moderate; walking on flat ground and extended standing
Elayne Goodman’s unique style of folk art is known around the world. She even has a piece displayed in the Smithsonian Institute in Washington, D.C. Travel to Columbus, MS, with us to see the art displayed in her studio, home, and backyard, while you enjoy her homespun humor and stories. We will enjoy a Dutch-treat lunch at Cafe on Main in downtown Columbus.

A202 Mercedes-Benz Manufacturing Facility
Wednesday, June 7
Facilitator: Sheree Miller (Evergreens3@yahoo.com)
Cancellation deadline: Monday, May 22
Depart BCC 8 a.m.; Return 3:30 p.m.
Fee: $34 (includes transportation, admission)
Activity Level: moderate, two-mile walking tour (wheelchairs allowed, but not canes, crutches, or walkers)
See for yourself all of the exciting new developments at Tuscaloosa’s Mercedes-Benz plant. On a walking tour of the facility, we will watch and learn about the multiple steps involved in assembling the vehicles. After the tour, examine the exhibits in the completely renovated Visitor’s Center. Our trip will include a Dutch-treat lunch at La Casa Crimson in Brookwood.

A203 Oak Mountain State Park: Alabama Wildlife Center and Demonstration Farm
Friday, June 9
Facilitators: Peggy Hamner (sswims2001@gmail.com);
Cancellation deadline: Thursday, May 25
Depart BCC 8:30 a.m.; Return 4:30 p.m.
Fee: $59 (includes transportation, lunch, admission)
Activity level: moderate: walking indoors and on uneven ground
Come with us for a day in Oak Mountain State Park. There, we will tour the Alabama Wildlife Center, Alabama’s oldest and largest wildlife rehabilitation facility. Its staff will explain how they provide medical and rehabilitative care for injured and orphaned native birds, and they will introduce us to individual birds of prey that are recovering there. After a box lunch near the lake, we will visit the park’s Demonstration Farm, home to goats, ducks, peacocks, donkeys and other farm animals, before returning to Tuscaloosa. Donations to the Wildlife Center are welcomed and encouraged!
A204 Cathedral Caverns State Park  
Wednesday, June 14  
Facilitator: Philip Malone (philipgmalone@gmail.com)  
Cancellation deadline: Wednesday, May 31  
Depart BCC 8 a.m.; Return 5:30 p.m.  
Fee: $68 (includes transportation, lunch, cave tour)  
Activity level: moderate: extensive walking; cave is handicap accessible (golf cart provided)  
Cathedral Caverns, near Grant, Alabama, maintains a year-round temperature of 60 degrees, which makes it an excellent summer destination! The massive entrance is 126 feet wide and 25 feet high, a possible world record for commercial caves. Inside are beautiful formations, including “Goliath” - one of the largest stalagmites in the world, 45 feet tall and 243 feet in circumference. You’ll view many amazing features: a “caveman” perched atop a flowstone wall, a “frozen” waterfall, a large stalagmite forest and a most improbable stone formation - a stalagmite 27 feet tall and 3 inches wide! The 90-minute tour is 1.5 mile RT, mostly on a level surface. Philip Malone will describe the roadside geology as we drive along different routes to and from Cathedral Caverns State Park. We’ll enjoy a box lunch in the park.

A205 Architectural Tour of UA’s Central Campus with Dr. Robert Mellown  
Friday, June 23  
Facilitators: Jennifer Woods (jwoods9388@bellsouth.net) and Becky Embrey (emb619@aol.com)  
Cancellation deadline: Thursday, June 8  
Meet at Logan Room at the BCC 8:30 a.m.; Ends 3:30 p.m.  
Fee: $34 (includes transportation, lunch)  
Activity Level: Walking tour outside, stairs, extended standing, uneven ground  
Dr. Mellown will begin the tour with an architectural overview presentation in the Logan Room. We will then travel to the Main Quadrangle to learn more about many of the historic sites, monuments, and buildings around it. After a walkthrough of the Gorgas House, the first building to be constructed on campus, we will drive to the University Club. There we’ll enjoy a buffet lunch and walk through the building while Dr. Mellown points out details of its classic Greek Revival architecture. In the afternoon, we will continue our campus tour with a visit to Woods Quadrangle and learn about the unusual buildings there. We will end our tour in the Museum of Natural History in Smith Hall, with one of the most beautiful interior spaces in Alabama. Signed books at a special discount price will be available for purchase on the day of the tour.

A206 Christenberry Planetarium (Samford University) and McWane Science Center  
Thursday, July 13  
Facilitator: Peggy Hamner (sswims2001@gmail.com)  
Cancellation deadline: Thursday, June 29  
Depart BCC 8:30 a.m.; Return 4:30 p.m.  
Fee: $65 (includes transportation, entrance fees)  
Activity level: moderate, extensive walking in the McWane Science Center  
Join us on a trip of exploration in Birmingham! In the morning, we will tour our solar system and learn about constellations in our Alabama night sky with an interactive presentation at the Christenberry Planetarium. You’ll have time to ask lots of questions! After a Dutch-treat lunch, we will move on to the McWane Science Center to explore four floors of interactive exhibits and, if you choose, take in a movie in the IMAX® Dome Theater.

A207 Antiques and Ice Cream! (Prattville and Clanton)  
Thursday, July 20  
Facilitators: Beth Seale (sealeb51@gmail.com) and Peggy Hamner (sswims2001@gmail.com)  
Cancellation deadline: Thursday, July 6  
Depart BCC 8 a.m.; Return approximately 4 p.m.  
Fee: $38 (includes transportation)  
Activity level: moderate, extensive walking  
If you’re a fan of antiques, you’re in luck! Prattville Pickers is the perfect place for antique lovers. You’ll get plenty of exercise strolling from booth to booth in the largest antique mall in Alabama, then recover from shopping with a Dutch-treat lunch. Return to the BCC via Clanton to indulge in peach (or other flavor) ice cream and buy fresh produce. July is the perfect month for this trip – Clanton peaches will be at their peak!
A208 Total Eclipse of the Sun – Tennessee
Monday, August 21
Facilitators: Philip Malone (philipgmalone@gmail.com) and Gene Byrd (genebyrd@bellsouth.net)
Cancellation deadline: Monday, August 7
Depart BCC 6 a.m., estimated return 9 pm.
Fee: $50 (includes transportation, lunch, viewing glasses)
Activity level: Moderate: walking on flat ground
Opportunity of a lifetime! Watch the total eclipse of the sun as it crosses Tennessee. The eclipse will last about three hours, with the sun totally blocked for about 2 min 30 secs. Gene Byrd will provide commentary about the eclipse on the drive up. This will be a one-day trip, and we will pick the most likely place from which to watch based on weather reports on the morning of the eclipse. Viewing glasses will be provided. (Don’t ever look directly at the sun without proper equipment.) A box lunch is included in your fee. We will stop for a Dutch-treat fast-food breakfast on the way up and Dutch-treat dinner on the way home. (If you want to wait, there will be another eclipse in Tuscaloosa on April 8, 2045!)

G201 Best of Atlanta Movie Tour
Friday, June 9
Tour Manager: Shirley du Pont
Cancellation deadline: Friday, May 26
Depart: 8 a.m.
Fee: $70 (includes transportation, admission)
Activity Level: Easy
With over 1,200 movies and television shows filmed here in Atlanta, we pack this tour with tons of locations, clips and behind the scenes stories. Whether you love Captain America, Civil War, Ride Along, Stranger Things, The Hunger Games, The Walking Dead, The Fast and the Furious, The Blind Side, Anchorman 2, Identity Thief, or The Real Housewives of Atlanta, this tour has something for everyone.

G202 Buttonwillow Civil War Dinner Theatre, Whitwell, TN
Friday, June 16
Tour Manager: Shirley du Pont
Cancellation deadline: Friday, June 2
Depart: 8 a.m.
Fee: $60 (includes transportation, lunch)
Activity Level: Easy
Minimum required: 15
The Buttonwillow Church Civil War Dinner Theatre presents “Granddaddy’s Watch”, a moving two-hour live performance based on actual events. The story of a Union soldier meeting his Confederate sister on the battlefield is based on hundreds of diaries and memoirs from the period.

G203 Sewanee, The University of the South, Sewanee, TN
Friday, June 30
Tour Manager: Shirley du Pont
Cancellation deadline: Friday, June 16
Depart: 8 a.m.
Fee: $25 (includes transportation)
Activity Level: Easy
Known familiarly as “Sewanee” by its students, faculty, staff and friends, The University of the South offers an unmatched educational experience. The university remains purposefully small and dedicated to building a sense of community. There is a gigantic cross on the campus that is a “must see” if you visit the campus. The cross sits atop a mountain overlooking a vista of the valley below. The view from the bottom of the cross looking out takes your breath away. We will take a few minutes to shop at the Lemon Fair for unusual and decorative things.
G204 Gypsy Play at Virginia Samford Theatre  
Sunday, July 9  
Tour Manager: Shirley du Pont  
Cancellation deadline: Sunday, June 25  
Depart: 1 p.m.  
Fee: $55 (transportation, admission)  
Activity Level: Easy  
Some say Gypsy is the greatest of all American musicals. It’s the story of the dreams and efforts of one hungry, powerhouse of a woman, to get her two daughters into show business. The play is loosely based on the 1957 memoir of famous striptease artist Gypsy Rose Lee. Show time is 2:30 p.m.

G205 Scopes Trial Festival, Dayton, TN  
Saturday, July 15  
Tour Manager: Shirley du Pont  
Cancellation deadline: Saturday, July 1  
Depart: 8 a.m.  
Fee: $45 (transportation, admission)  
Activity Level: Easy, moderate  
By far, the most celebrated court case in Rhea County and perhaps in all of Tennessee history was the case of the State of Tennessee vs. John Thomas Scopes, which took place in Dayton’s Rhea County Courthouse 10-21 July 1925. The Scopes Evolution Trial was a world-class event in its day, and it continues to attract inquiries and visitors from all over the United States and many parts of the world. It has become the benchmark for subsequent trials dealing with similar problems which are usually dubbed “Scopes II” by the press. John Scopes was almost the forgotten player in his famous trial in 1925, but he will be a major focus of the 28th annual Scopes Festival July 15-17. Scopes was overshadowed by the famous attorneys who argued the case – William Jennings Bryan and Clarence Darrow – but two of his grand-nieces are expected to attend the festival to meet guests and answer questions about their famous relative. In addition, two authors of books about the trial will be on hand.

G206 Heading to Nashville  
Friday, July 28 – Saturday, July 29  
Tour Manager: Shirley du Pont  
Cancellation deadline: Friday, July 14  
Depart: 8 a.m.  
Fee: $275 dbl; $348 single  
Activity Level: Moderate, some walking  
We will stay at the Club House Inn where we have stayed before. We will tour Cheekwood Gardens and see the Downton Abbey costumes before seeing a show at the Ryman Auditorium on Friday. Saturday, we will have lunch and see a show onboard the General Jackson before returning home.

All Greater Birmingham field trips depart from the Vestavia Hills Civic Center. Transportation is typically by a City of Vestavia Hills bus or van, with limited seating. Members pay in cash towards the cost of gas. Registration fee must be paid with registration. Cancellations may be made only by contacting Registration Services. Refunds will not be issued for cancellations after the cancellation date. Substitutions are not allowed.

B201 Mercedes-Benz Factory Tour – Vance, Alabama  
Monday, July 31  
Coordinator: Beth White (wytehaus1@msn.com)  
Cancellation deadline: Monday, July 17  
Depart Vestavia Hills Civic Center 9:30 a.m.; Return by 5 p.m.  
Fee: $5 (Admission); Dutch-treat lunch at The Iron Skillet plus bring $15 for driver/bus  
Activity Level: Moderate; walking for 1.5 hours  
Limit: 20 members  
Explore the world of Mercedes-Benz fine automobiles. The 2-mile tour will begin and end at the Visitor Center, which features iconic classic Mercedes-Benz automobiles, race cars, concept cars, and a safety exhibit.

B202 Birmingham Museum of Art  
Thursday, August 3  
Coordinator: Beth White (wytehaus1@msn.com)  
Cancellation deadline: Thursday, July 20  
Depart Vestavia Hills Civic Center 9:30 a.m.; Return by 4 p.m.  
Fee: $10 (Lecture); Dutch-treat lunch, plus bring $1 for gas  
Activity Level: Moderate; walking, extended standing  
Limit: 20 members  
Expand your understanding of art by spending a day at the museum. Begin by attending the Art and Conversation lecture by head designer Terry Beckham, who will share the process behind the latest transformation at the BMA. Following lunch at Oscar’s at the museum, take a docent-led tour of the newest exhibit, Third Space/Shifting Conversations about Contemporary Art. This tour features over 100 works of art from the BMA’s own collection in a variety of mediums, including sculpture, drawing, and photography.

Registration is easy!  
Register Online: www.olli.ua.edu  
Register by Phone: 205-348-3000 or toll free 1-866-432-2015 M - F, 8 a.m. – 4:45 p.m.

Share your trip experience and upload photos to facebook.com/olli.ua.edu
OLLI at UA Summer 2017 Registration Form

For multiple registrations, please duplicate this form. Please submit this entire page for your registration.

[ ] Dr.  [ ] Mr.  [ ] Ms.  [ ] Mrs.  

Name (First) ___________________________________________ (Last) ____________________________

Address ___________________________________________ City_________________________ State__________ Zip_________________________

E-mail Address ___________________________________________ Day Phone (_________) ________________________

Please circle your “Home Base”
Tuscaloosa  Gadsden  Greater Birmingham
Greensboro  Pickens County

Annual Membership $25 $ ___________{6}

Semester Fee (courses) $50 $ ___________{6}

Materials Fee (if applicable) $ ___________{6}

Field Trip Fee $ ___________{6}

UA Campus Parking $10 (if applicable) $ ___________{6}

Contribution to OLLI Gift Fund $ ___________{6}

Contribution to OLLI Scholarship Fund $ ___________{6}

TOTAL $ ___________{6}

Contribute to OLLI online at olligiving.ua.edu

Method of Payment
[ ] Check  [ ] Charge $ ___________{6} to my credit card:

Card# ___________________________________________ Exp. Date ___________{6}

Security/Verification Code ___________{6}

Authorizing Signature ___________________________________________

Note: The University of Alabama is committed to complying with the Americans with Disabilities Act. Requests for accommodation of physical and/or dietary needs should be made at least 30 calendar days in advance of the program date. Please email your request to janderson@ccs.ua.edu. OLLI is not responsible for any damage or personal injury sustained while a member or guest is participating in an OLLI sponsored activity either on or off the UA campus. A portion of the invoice amount for this program will go to the Capstone Lifelong Learning Foundation to support The University of Alabama College of Continuing Studies.

Field Trips

OLLI Field Trips, Online Lectures and Supper Clubs  (Members from all locations are invited to sign up)

Special Programs
Gadsden
[ ] G401 Wellness and Fitness for Seniors, Wed, June 7

Greater Birmingham
[ ] B401 Stained Glass Art for Picture Framing, Tue, Aug 8, $15
[ ] B402 Zentangle Art – Fri, Aug 25, 10:30 a.m., $10
[ ] B403 Zentangle Art – Fri, Aug 25, 1:30 p.m., $10

Pre-recorded Course Lectures
[ ] A501 Pre-Recorded Course Lectures, online

Supper Clubs
Tuscaloosa - Meets at Restaurant
[ ] A301 Los Tarascos, June 27
[ ] A302 Chuck’s Fish, July 25
[ ] A303 Cypress Inn, Aug 29

Gadsden – Meets at UA Gadsden Center to carpool
[ ] G301 Pappadeaux Restaurant, June 20
[ ] G302 29 Grille, July 11
[ ] G303 Seasons 52, July 25

All courses are listed on the reverse side
TUSCALOOSA COURSES

[ ] A101  The Bible as Literature
[ ] A102  News about the News
[ ] A103  Media Matters
[ ] A104  Pseudoscience
[ ] A105  Glacier National Park
[ ] A106  Narrative Poetry
[ ] A107  The Four Levels of Senior Living
[ ] A108  Becoming an Effective Public Speaker
[ ] A109  The Decorative Arts World of Andrew Jackson
[ ] A110  Sherlock Holmes
[ ] A111  Film Noir
[ ] A112  Mad About These Movies
[ ] A113  200 Unique Places to See in Alabama
[ ] A114  Cultural Resource Management and Forensic Anthropology
[ ] A115  Venezuela - Story of Riches to Rags
[ ] A116  Your Pictures and the Computer
[ ] A117  Aging Gracefully
[ ] A118  Tuscaloosa History in the Archives
[ ] A119  Line Dancing
[ ] A120  Woodworking: Table Building, $25
[ ] A121  How to think like a Physicist 101
[ ] A122  Tradition and Lifestyles in Nepal
[ ] A123  The Apache Wars
[ ] A124  Retro Report
[ ] A125  Alabama Politics: Presidential Elections
[ ] A126  Alabama Politics: AL Governor
[ ] A127  Modern Healthcare and Biomedical Ethic Issues
[ ] A128  Amazonia: Its Lands and Peoples
[ ] A129  Furniture Stripping and Refinishing, $25
[ ] A130  Keeping a Visual Journal
[ ] A131  Paint Play 101 with Chalk Paint, $50
[ ] A132  Yoga for Healthy Aging
[ ] A133  Splendor in the Glass: Fused Glass Jewelry (June), $40
[ ] A134  Splendor in the Glass: Fused Glass Jewelry (July), $40
[ ] A135  Intermediate Woodturning, $25

Bonus Programs – See page 11

Gadsden Courses

[ ] G101  The Glory That Was Greece
[ ] G102  Let’s Write!
[ ] G103  Mah Jong
[ ] G104  The Nation Makers
[ ] G105  History Over Easy
[ ] G106  Music of the Movies
[ ] G107  AARP Safe Driving
[ ] G108  Sittin’ Up With The Dead (Part 3)
[ ] G109  Dave’s Summer Grab Bag
[ ] G110  Genealogy Club
[ ] G111  The Movies of Paul Newman

Bonus Programs – see page 14

Birmingham Courses

[ ] B101  Southern Exposure Films
[ ] B102  Exploring the Brain and Developing Cognitive Tools
[ ] B103  Birth of the American Nation
[ ] B104  Protect and Restore our Lives when Disaster Strikes
[ ] B105  European River Cruises
[ ] B106  The Crusades
[ ] B107  World War II
[ ] B108  Alabama Heroes in the Words of Alabama Authors
[ ] B109  General Anthropology
[ ] B110  The American Automobile

Bonus Programs – See Page 18

Pickens County

Bonus Programs Only – See Page 15

All Bonus Programs are open to members and their guests.
No registration is needed.
All chapters have Bonus Programs.
2017 Summer
Open House & Registration

Open to the public. Courses begin the week of June 5.

**Greater Birmingham**
May 2, 2017, 1:00 p.m.
Vestavia Hills Civic Center - Senior Center
1973 Merryvale Rd., Vestavia Hills, AL

**Tuscaloosa**
May 4, 2017, 3:00 p.m.
Bryant Conference Center
240 Paul W Bryant Dr., Tuscaloosa, AL

**Gadsden**
May 18, 2017, 4:00 p.m.
UA Gadsden Center
121 North First Street, Gadsden, AL