A Message from President Bell

It has been a tremendous year with Osher Lifelong Learning Institute at The University of Alabama, and I’m grateful to all of you for your participation in and contributions to the program.

With membership currently topping 1,600 individuals, OLLI is well on its way to your membership goal of 2,000 for the upcoming year. And as a whole, you all are generous and involved, and we value your collaboration with our campus units. In 2016-2017, you all participated in four different research projects conducted by University Ph.D. candidates, helping them further their studies with an eager and happy group of participants. We thank you for your involvement.

We are also grateful for your giving spirit. Potential and current OLLI members with financial need can look forward to increased scholarships available through the Peter Peacock OLLI Scholarship Fund, endowed this year by your faithful and generous gifts. The Capstone is appreciative of your willingness to support others in their efforts to further their own knowledge through robust learning experiences.

I am proud of OLLI and the positive impact we are having on our communities’ citizens. I look forward to the continued success of the program as together we seek to improve and enrich lives across Alabama.

Stuart R. Bell
President, The University of Alabama
Osher Lifelong Learning Institute at The University of Alabama (OLLI) is leading the way in lifelong learning for mature adults in Central Alabama. OLLI provides its members the opportunity to learn new things, make friends, travel and embrace life. We are a membership program, led by volunteer members. Members may participate in programs at any of our locations: Tuscaloosa, Gadsden, Greater Birmingham, Greensboro, and Pickens County.

SOCIAL – One key to the success of OLLI is our members, who are adults with a shared interest and joy of learning.

ENGAGE – Take on an active role. Volunteer on a committee or teach about a passionate topic.

LEARN – Take a course, learn a new skill, or travel with friends.

OLLI Annual Membership is $25. Because of the financial support from the Bernard Osher Foundation, The University of Alabama’s College of Continuing Studies, partners, and contributors, we are able to keep OLLI fees amazingly low.

OLLI provides boundless opportunities for a learning atmosphere and rich collaboration with other adults.

OLLI Member Benefits include:
- Safe and fun environment to make new friends
- Opportunity to increase knowledge, learn a new skill and explore new interests
- Bonus Programs are weekly presentations – no registration required
- Educational and fun travel experiences
- Engagement in Leadership and Volunteerism
- Bama Perks and library admission with Action Card
- Access to pre-recorded video lectures online

Each semester, you may elect to register for courses; simply pay a semester fee of $50 (which covers one or more courses). Some courses or programs will have additional material fees. Most field trips have a fee to cover transportation and related charges.

Cancellation / Refund
OLLI reserves the right to cancel courses, programs, or trips as necessary due to insufficient enrollment, inclement weather, etc. There are no refunds for materials fee after the course has begun.
Looking to get Involved?

- Enjoy teaching?
- Passionate about a particular subject and have fun sharing with other people?
- Like to assist instructors before class begins?

If you answered yes to any of these questions, you should join the curriculum committee.

The curriculum committee is always looking for new ideas and help with recruiting volunteer instructors, listening to the wants and needs of members and coordinating courses offered each semester.

- Like talking to people?
- Do you love OLLI?
- Do your friends and family tell you they can’t take you anywhere without seeing someone you know?

If you answered yes to any of these questions, you should join the membership or social committee.

The membership committee is responsible for sustaining and increasing OLLI membership each year. This committee speaks to various community groups, retirement residents, and organizations in order to recruit new members and enlist support from individuals across the state.

The social committee plans OLLI’s yearly events at the various locations. If you enjoy decorating, planning, cooking and coming up with themed events for OLLI members to get to know each other or celebrate accomplishments, the social committee is the place for you.

- Like writing stories?
- Enjoy posting on social media?
- Willing to be interviewed by the media?

If you answered yes to any of these questions, you should join the marketing committee.

The marketing committee encourages members to keep OLLI visible in the community. Through various marketing avenues such as print, TV, radio, social media, interviews, photos, videos and more.

- Are you a planner?
- Enjoy thinking about the future?
- Interested in making sure OLLI is vibrant and sustainable for generations to come?

If you answered yes to any of these questions, you should join the long-range planning committee.

The long-range planning committee, evaluates and surveys the members to develop a plan that guides the membership and programing.

The Annual Giving/Fundraising committee is directed by the Office of Advancement at The University of Alabama and will tie in with the Long Range Planning Committee. Our future is bright and we want to leave OLLI in the best shape possible for generations to come.

We look forward to hearing from you!

205-348-6482
Being retired my new motto is to try anything – at least once. I am happy I have been able to do a lot of new activities in OLLI. OLLI has helped me grow in knowledge and gain new friends. What I like about OLLI writing classes has been the opportunity to share my stories in class, which has helped me build confidence in my writing. – Bob Sandel

The variety of OLLI classes has a wide variety of interesting topics that should appeal to most people over 50 or retirees. Some of the best parts are that the classes are for one’s own enrichment rather than for getting a degree. Due to the relaxed atmosphere, several of these classes provide stimulation for creative discussions and establishing new friendships. – Jim Cunningham

Since I am now retired, I think it is important to continue to learn, especially as we age. There are many classes that provide opportunities to explore new interests and perhaps develop existing skills. Signing up for classes that meet at regular times, provide a little more incentive to get out and get involved.

I can tell by the classes I sign up for, that I particularly enjoy the hands on courses such as wood turning, jewelry making, fused glass, photography, etc. They provide opportunities to develop a hobby or expand on an existing hobby. Ultimately, it provides opportunities for ongoing involvement which is very important in developing a daily routine which in turn provides purpose and fulfillment in your life. Plus you get to meet others with similar interests. – Kevin Lind

I began taking OLLI classes when I lived in Northport. Enjoyed the wide variety of classes and was never disappointed. I’ve since moved to Birmingham and continue to be involved with OLLI and anticipate taking more Tuscaloosa and Birmingham classes and field trips in the future. They are a vital addition to life as both a senior and widow. An example of the variety of opportunities offered is in this art exhibit. I was a professional artist for over 30 years and I appreciate the opportunity to get to know others who share my interests. – Karen Jacobs
Tell Your Story
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
9 – 10:15 a.m.
Instructor: Donald Brown

Class members will be encouraged to be somewhat introspective and to realize that everyone has a story to tell, and to know that this class will help them gain the self-confidence to write it, because the written word is permanent — aspects of their life, such as happy, sad, funny, odd, memorable and forgettable.

Seeing Jesus from a Historical Perspective
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
9 – 10:15 a.m.
Instructor: David Chumney

Why do some people today (as others have for nearly 200 years) still question the historicity of Jesus? Was the figure portrayed in the pages of the New Testament a man or a myth? Rather than approach such questions from the standpoint of religious belief, this class will examine the earliest sources that mention Jesus (both Christian and non-Christian) from a strictly historical point of view.

Mythology
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
9 – 10:15 a.m.
Instructor: Dick Slattery

Greek Mythology will give you a view of the huge collection of stories explaining the creation of the world and the lives of the gods, goddesses, heroes and heroines. Starting with the birth of the world, through bloody wars like Troy and Thebes, heroic acts of Hercules and childish pranks by Hermes, and the touching stories of mother love in Demeter and Persephone. Greek myths have passionate and unrequited love stories, adventure stories, superhuman tales, fairy tales, magical stories, tales of gods and monsters and beasts and stories of witchcraft and sorcery. We’ve inherited these myths in the form of art and literature.

Introduction to Genealogy
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
9 – 11 a.m.
Instructor: Samuel R. Robinson

Diving into your family history can be an amazing adventure – whether you’re just looking to learn a little bit more about your family and ancestors, the meaning of your last name, or wanting to explore new horizons. This course will help you learn how to organize and make sense of the data that you collect. Also, you will begin to discover and build your family tree and construct your family history.

Class Limit: 12 students.
Media Matters
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
10:30 – 11:45 a.m.
Instructor: Mary Tillotson
We will continue to look at public policy issues and how they are covered by the mass media. We’ll also look at the issues which are frequently, and perhaps tellingly, ignored by the media, and why that might be happening. You’ll have the chance to share and discuss your opinions on the topics of the day. Everyone attending these sessions will be encouraged to participate in an open dialogue on these intriguing subjects.

Sharing and Exploring American Art Treasures
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
10:30 – 11:45 a.m.
Instructor: Will Hawkins
Location: Tuscaloosa Museum of Art
Come with us for an exploration of American Art! We’ll meet together for this class inside the beautiful Tuscaloosa Museum of Art, which is located at the Westervelt Company headquarters. We will discuss the various themes, styles, historical time periods, and, of course, the artists themselves. The course is designed to give you a solid overview of the collection, and will be enjoyable to both novice and expert appreciators of art.

Aging Gracefully
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
10:30 – 11:45 a.m.
Coordinator: Brian Cox
Sept 11  Brian Cox  Intro to AL Research Institute on Aging
Sept 18  Pamela Payne Foster  Preventive Medicine: Falls, Medication and HIV
Sept 25  Hillary Dorman  Making Your Wishes Known: Advanced Care Planning
Oct 2  Yuqi Guo  End of Life Care
Oct 9  Marietta Stanton  Disuse Syndrome: Intensive Care Unit Acquired Weakness
Oct 16  Rebecca Allen  Mindfulness & Preventative Health Behaviors
Oct 23  Elizabeth Bownes  Needs and Experiences of Grandparent Caregiver Families
Oct 30  Beverly Thorn  Chronic Pain Management

The Evolution of the European Economic Union and the Demise of the Euro
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
Noon – 1:15 p.m.
Instructor: Bruce Burrows
Following the fall of the Soviet, there was a concerted attempt by Western European nations to emulate the economic success of the United States, by eliminating border restrictions, a common currency, and unlimited immigration. What they did not take into account was the financial failings of Greece, Italy, Spain, and Portugal, and the negative effects of Middle Eastern immigration with non-assimilating Moslems.

Talking About Books: UA Press
Sept 11, 18, 25; Oct 2*, 9, 16, 23, 30*
Noon – 1:15 p.m.
Coordinator: Pat Beatty
University of Alabama Press coordinates visits by six UA Press authors who will talk about their books and answer your questions. Books by the authors will be available for purchase.

For the OLLI Book Club, Jan Mercier and Carol Prickett will also lead discussions on the following books:
*Oct 2 – A Man Called Ove, by Fredrik Backman

Advanced Knitting and Crocheting
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
Noon – 1:15 p.m.
Instructors: Mary Ann McKissick, Judye Camp, Marty Massengale
Building on what we’ve learned in previous semesters, we will continue to expand our knowledge of more difficult skills in both crafts. Class limit: 18

Calligraphy and Card Making
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
1 – 3 p.m.
Instructor: Beverly Byrne
Location: Clarke Building at Kentuck Art Center
Learn calligraphy and card making, including seven types of cards, using embossing, the use of cardboard scraps and other techniques. For the first class, you will need to bring standard size lined paper and a size 2.0 or 2.5 chisel tip felt pen. You will receive a materials list based on items you may have available in your home. This class is open only to students who have never taken this course before. Class limit: 12. Materials fee: $5.
America’s Wild West: The Truth and the Legend
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
1:45 – 3 p.m.
Instructor: Richard Rhone
Americans have always been fascinated by the West…
what’s over that next hill, the next valley, the river over there,
those far away mountains where the sun sets? The adventure
of the unknown West was kind of frightening, but that fright,
that overcoming the fear was part of the adventure. We
will talk about when the Wild West began, when and why it
ended, but especially about some of the major characters
and events that truly define America’s Wild West.

Hands-On Computer Tutoring
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
1:45 – 3 p.m.
Instructors: UA Culverhouse LIFT Students
Are you ready to learn more about Windows computer
programs with your own tutor in a very small group setting?
Are you new to Windows or want to expand on what you
already know? You can choose to study Computer for
Beginners, Beginning Word, Beginning Excel, or PowerPoint.
Your own UA student-tutor will guide you in a hands-
on environment and will be ready to answer all of your
questions. Bring a notebook and pen to take notes. Class
limit: 25.

Finding Your Ancestors: Genealogy for
Beginners
Sept. 11, 18, 25; Oct. 2, 9, 16, 23, 30
3:15 – 4:30 p.m.
Instructor: Donna Baker & Susan Reynolds
You’re curious, dabbling, or self-trained and seeking the core
principles, tools, and methods of genealogy. This course
will ground beginning-level students in the fundamentals
of computer-based family history research. Students
are encouraged to bring wifi-enabled laptops or tablets,
though these are not essential. Warning: Genealogy can be
wondrously addictive!

Mad About These Movies
Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
3:15 – 5:30 p.m. (or end of program)
Instructor: Amelia Yessick
Relax and enjoy a special movie selected just for you and
presented by a fellow OLLI member. Perhaps you will see an
old favorite, but, more likely, it will be something new and
heretofore unappreciated. See you at the movies!
A118  Caregivers – Caring for Those Who Care for Someone Else  
Oct  9, 16, 23, 30  
5:15 – 6:15 p.m.  
Instructor:  Pam Ryans  
Location:  Stillman College, Jackson Annex, Room 105  
During this course, participants will discuss ways to support individuals who support loved ones, friends or neighbors diagnosed with an illness. Most of the time, the person with the illness receives excellent care and many resources are available to them. The caregiver alters their life plans to care for someone else and receives little or no support. Class limit: 15.

A119  The Art of Scrapbooking  
Sept 11, 18, 25; Oct 2, 16, 23, 30 (7 weeks)  
5:30 – 7 p.m.  
Instructor: Willie Wells, Katie Terrell  
Location: Stillman College, Wynn Center, Rm 132  
Join us, as we bridge both beginning and continuing students in an exciting program for Buried Treasures, bound in a non-traditional scrapbook. You will have the opportunity to scrapbook pictures of your favorite people, animals, plants, adventures, etc., using items such as old jewelry, buttons, pins, post cards, greeting cards, wrapping paper, and dried flowers to capture the essence of your scrapbook theme. Students need to provide their own scrapbook, glue, scissors, wallpaper, and embellishments. Class Limit: 12 students

A120  Tai Chi  
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31  
8:30 – 9:30 a.m.  
Instructor: Gail Hasson  
Location: Capstone Village  
Characterized by gentle, slowly flowing movements, with slow and deep breathing, Tai Chi exercises the entire body — the joints, the muscles, and internal organs. It improves balance, coordination, and flexibility. This course will introduce basic principles and movements through a series of simple forms that are safe, effective, and easy to learn. Wear comfortable, loose-fitting clothes and flat-soled shoes. Class limit: 12.

A121  Science for Non-Scientists  
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31  
9 – 10:15 a.m.  
Instructor: Gene Byrd & Chet Alexander  
A variety of current topics in different fields of science will be presented for discussion by outside speakers and OLLI members. All lectures should be understandable by scientists and nonscientists alike.

A122  An Eighteenth and Nineteenth Century Oddity: The It-narrative Genre  
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31  
9 – 10:15 a.m.  
Instructor: Chris Douglas  
One of the narrative tools to come out of the early development of the novel was the it-narrative, or stories that were told by a non-human narrator. These narrators took the forms of coins, banknotes, thimbles, sofas, dogs, kittens and horses. In fact, one of the most popular novels in English is an it-narrative, Anna Sewell's Black Beauty (1877), which is narrated by the horse itself and has sold over 50 million copies since it was originally published. This course will explore this strange genre, as it began in the 18th century as satirical fiction for adults, through its transformation into the 19th century as sentimental and instructional fiction for children, all the way into the early 20th century as a part of the early animal rights movement. This course will involve some reading outside of class, but not of novel-length pieces.

A123  Your Money, Your Life!  
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31  
9 – 10:15 a.m.  
Instructor: Lyle Aitken  
Your time is your wealth. Join us as we share ideas and knowledge on how to apply your financial assets to best serve you and your family. Learn income tax-efficient approaches to investing, income tax-saving strategies, proper asset allocation, how to manage your CDs, and how to leave a legacy through proper estate planning. Specialists in accounting, estate planning, and investments will be guest speakers for the course.

A124  There’s a Book in You  
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31  
9 – 10 a.m.  
Instructor: Easty Lambert-Brown  
Location: Ernest & Hadley Booksellers  
Surely you’ve had a moment in your life when someone told you that you should write down your story or ideas, right? This publisher/bookstore owner has 40 years of designing/publishing experience and would like to help you with your story, no matter the size. This course will focus on the development of your story and the actual process you would go through to get it published and on the shelves of a bookstore. Some knowledge of MS Word would be helpful. Class limit: 12.
Introduction to Oil Painting
Oct 3, 10
10 a.m. – Noon
Instructor: Gary Creek
Location: Clarke Building at Kentuck Art Center
This two-session class will expose students to the basics of oil painting. No artist experience or talent is required - just a desire to learn the fundamentals of the medium. Students will complete at least one painting in the course. Students will need to bring at least four inexpensive 8x10 or 9x12 canvases or canvas panels. Class limit: 10. Materials fee: $35.

The Old Testament, Hebrews, and the Coming of Christianity
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
10:30 – 11:45 a.m.
Instructor: Larry Clayton
A quick history/tour of how the Old Testament feeds into the history of Christianity, from Abraham to John the Baptist and the appearance of Jesus Christ. We will explore questions like “Is the Bible True?” to the prophetic traditions of some of the great prophets such as Isaiah and Daniel and examine the elements of Christianity which arose from and within its Judaic traditions. We will emphasize the historical dimensions of the subject, especially how historians work to determine what happened in the past, and how in the early history of Christianity one has to reconcile faith with historical foundations.

Belize: Rainforest, Reefs, and Ruins
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
10:30 – 11:45 a.m.
Instructor: Ninnette Cannon
Belize will serve as the backdrop for this course that allows eight adventurous weeks to explore the wonders of Belize’s rainforests, reefs, and ruins. Participants will hear from experts on Mayan culture and archaeology, learn about the birds and animals native to Belize, and become more familiar with the Barrier Reef of Belize. The course will include group discussions and hands-on activities. OLLI members interested in participating in the Belize Field Trip in Spring 2018 will be well-prepared and ready to enjoy the experience to the fullest. However, the trip is independent of the course, so join us for our “classroom tour” of Belize!

Storytelling
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
10:30 – 11:45 a.m.
Instructor: Jack Day
Each person has stories that need to be told. We will learn how to craft an original story for telling, how to transform a written story into an oral story, and suggestions for telling a story. There will be plenty of class time for students to tell stories. On November 1, we will present an “Evening with Friends and Family” to tell our stories. Class limit: 18 students.

Beginning Line Dancing
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
10:30 – 11:45 a.m.
Instructor: Jeri Acton
Location: Pine Valley Retirement Community
Have you ever wanted to take the step to learn how to Line Dance? Now is your time. The class offers the basic fundamentals of line dancing at a pace suited for the first time dancer. It is a popular means of socializing, sharpening your memory, and keeping you fit. Come and join this fun group. Class limit: 35.

Line Dancing for the Experienced Dancer
See addendum
10:30 – 11:45 a.m.
Instructor: Betty Fagen and Linda Selby
Location: Crimson Village
If you have already taken the Beginning Line Dancing class, then you are ready for the next step. The class is to enhance your line dancing skills. Come continue to learn and enjoy line dancing with other OLLI members. Class limit: 20.

Talladega College Rising
Sept 12, 19, 26; Oct 10 (4 weeks)
10:30 – 11:45 a.m.
Instructor: Dionne H. Edison
Location: Stillman College, Jackson Annex, Room 105
What do you know about Alabama’s oldest private historically black college? Talladega College was founded in 1867, and the first institution in Alabama to admit qualified persons of any race or ethnic origin. Dr. Dionne H. Edison, Interim Chair, Dept. of Education, Talladega College, will share in depth knowledge of the college and its historical significance. She will also lead a tour of the campus on October 6, see page 30 for details.

Managing Life after a Stroke
Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
Noon – 1:15 p.m.
Instructor: Cynthia Washington
Location: Stillman College, Jackson Annex, Room 105
In this course, we will examine practical applications of managing life after a stroke. The foundations will be based on a biblical structured lifestyle with a positive mental attitude.
**Geology Basics**

**A133**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

Noon – 1:15 p.m.

Instructor: Ken Gaddy

Have you ever wanted to know more about earthquakes, volcanoes, sinkholes, or tsunamis? If so, you’ll be fascinated when you join us for this class explaining the basics of Geology. Come with us as we take a look at the many types of geologic events and what causes them to happen. A special emphasis will be placed on what you and every other citizen needs to know concerning how geology affects our communities, our nation, and our planet.

**Narrative Poetry Part II**

**A134**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

Noon – 1:15 p.m.

Instructor: Bob Lipman

This course will initially offer a review of the important aspects presented in Narrative Poetry Part 1, for those who were not present for the eight sessions of Part 1 during the spring of 2016. Narrative works by Longfellow, Poe, Holmes (Oliver Wendell), Shaw (John) and Service (Robert William) are examples of poets we will explore. Attention will be given to poetic fables as a narrative art form. The beauty of certain music lyrics is an excellent source for enjoying narrative poetry. I will continue to offer my collection of narrative poems that I have created. We will also be certain to explore the biographies of all authors, as well as the significant poetic elements, such as rhythmical & rhyming patterns, similes, metaphors, alliteration, consonance, onomatopoeia, repetition, anaphora and more, that help make narrative poetry a wonderful part of the arts.

**Beginning German II**

**A135**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

Noon – 1:15 p.m.

Instructor: Chris Bell

If you have learned some German previously, this course will be a good review for you. Emphasis will be to continue to become more fluent in speaking and reading, and learning more about Germany's history, geography, and culture. You will be amazed how much German you do remember and what fun it is to learn more.

**Discovering Alabama**

**A136**

Sept 12, 19, 26; Oct 3

1:45 – 3 p.m.

Instructor: Doug Phillips

An overview of Alabama’s diverse geology, rivers, forests, and wildlife. Each class will include presentations of Discovering Alabama documentary television shows, together with other materials, hands-on learning activities, and group discussion.

**Four Levels of Senior Living**

**A137**

Oct 10, 17, 24, 31

1:45 – 3 p.m.

Instructor: Sara Pederson

OLLI members who are experiencing the aging process with their parents, friends, or even for themselves, will have an opportunity to learn about and discuss each of the four levels of Senior Care. Topics will include, “Independent Living and Home Health Care,” “Assisted Living,” “Specialty Care Assisted Living,” and “Long-Term Nursing Care and Hospice”.

**Places We Have Lived II**

**A138**

Sept 12, 19, 26; Oct 3, 17, 24, 31 (7 weeks)

1:45 – 3 p.m.

Instructor: Sharol Jacobson

Various OLLI members will tell us about life in states outside of Alabama and the Southeast—NEW THIS EDITION—about life in such exotic places as Afghanistan and New Guinea. Speakers may cover history, geography, climate, industries, famous and infamous people, little-known facts, funny stories, and, above all, insider perspectives on life in other places.

**Arthritis Exercises and Awareness**

**A139**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

1:45 – 3 p.m.

Instructor: Carolyn Rhodes

This course will provide participants with a safe exercise program and social interaction. Increase your knowledge about arthritis and learn to improve performance in daily activities. Work at your own pace to reduce stiffness, improve coordination, range of motion and mood. Bring bands to first class. Requirements: Flat resistance bands (box of 3) and hand-held weights (will discuss in class). Class limit: 13.

**Exploring Hinduism**

**A140**

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

3:15 – 4:30 p.m.

Instructor: Rama Pidikiti

Hinduism is one of the oldest religions of the world. Have you ever wondered what it's all about? Come to this class, as we continue to find out what makes this religion unique. You will learn of Hinduism and its scriptures including Bhagavad Gita. We’ll cover its applications to daily life as it impacts and shapes work and duty, service, and happiness. Challenges, food and daily activities, self-discipline and mental control will also be discussed.
TUSCALOOSA

Tuesday courses continued

**A141 Movies: Corruptions and/or Cover-ups**
- Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
- 3:15 – 4:30 p.m.
- Instructor: David McKissick

Eight highly regarded films about reporters, detectives and lawyers uncovering corruption and the consequences, sometimes surprisingly. Films will include “All the President’s Men”, “Chinatown” and “Michael Clayton”.

**A142 Beginning iPhone/iPad**
- Sept 12, 19, 26; Oct 3, 10, 17, 24, 31
- 6 – 7:15 p.m.
- Instructor: Tim Lewis
- Location: The Gateway Center

Do you own an iPhone/iPad? Want to learn how to use it more in your daily life? Over four sessions, we’ll cover the basics of using an iPhone or iPad. This course will only cover Apple devices and participants will need to bring their own iPhone or iPad and charger. Please make sure you have downloaded the latest software on your device before the first class. This class is for OLLI members only. Class limit: 15 students

**A143 Become an MVP (Most Valued Person)**
- Sept 12, 19, 26; Oct 3
- 6:15 – 7:15 p.m.
- Instructor: Don Walker
- Location: Stillman College, Jackson Annex, Room 105

A good leader is not born, he is “crafted”. This course will craft you to become a good leader, the MVP (Most Valued Person), on your job, in your organization, and on your sports team. The core components will be broken down into: THE BELIEF – Crafting a motivated person begins with the art of effective speaking and listening. THE BLESSED – Those individuals who have moved from the art-form of listening to being inspired or motivated. THE BENEFIT – Effective Communication that produces the Most Valued Person (MVP).

**WEDNESDAY COURSES**

**A144 Avoiding Pitfalls with Sound Planning**
- Sept 13, 20, 27; Oct 4
- 9 – 10:15 a.m.
- Instructors: Michael Ford, Chris Killian, Appie Millsaps, Kim Palm

What are your plans for longevity, aging, and leaving a legacy? How well have you communicated your plans to your family? Has everyone bought in to how your plan will be executed? Join us as we share ideas and knowledge on how to avoid the pitfalls many retirees and their families regularly encounter. Learn strategies on income planning, tax savings, estate planning, and long-term home care from specialists in these fields.

**A145 I Am Mad as Hell and I am Not Going to Take it Anymore! American Protest Songs**
- Oct. 11, 18, 25; Nov 1
- 9 – 10:15 a.m.
- Instructor: Scott Bridges

The best protest songs are not dead artifacts, pinned down to a particular place and time, but are living conundrums. We’ll spend four weeks exploring the contradiction and tension of sound and meaning within the structure of “song”. The inevitable difficulty of contorting a serious message to meet the demands of entertainment is the grit that makes the pearl. The answer, my friend, is “blowin’ in the wind “.

**A146 Current Issues in U.S. Law Enforcement**
- Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1 See addendum
- 9 – 10:15 a.m.
- Instructor: Ted Sexton

Policing policies and paradigms have changed rapidly since Ferguson, as have citizen expectations. This course will offer an overview of current law enforcement issues in the United States and will focus on the challenges faced in providing service from routine calls to high risk active shooters. Policing today includes issues from enhanced community policing to issues in homeland security. Join us as we discuss these important issues and many more.

**A147 Floral Design for the Holiday**
- Sept 13 & 14
- 10 a.m. – Noon
- Instructor: Linda Holifield
- Location: Clarke Building at Kentuck Art Center

In this two-session make-and-take workshop, students will be introduced to basic fresh plant material design and leave with their own holiday floral creation. Class limit: 10. Materials fee $35.

**A148 Oceanic Hotspots**
- Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1
- 10:30 – 11:45 a.m.
- Instructor: Bill Hamner

Take a voyage around the world! We’ll visit oceanic hot spots, areas of the sea that attract enormous aggregations of food species, their predators and our fishing fleets, but often only at specific times of year. To explore why these hot spots occur, we’ll look at the Grand Banks cod fishery, Canary Island whale aggregations, Bering Sea pollock fishery, Peru’s anchovetta harvest, the Costa Rica Dome, the great South African sardine migration, tropical Pacific convergence zones, and the Coral Triangle.
Mining: A Controversial Issue
Sept 13, 20, 27; Oct 4
10:30 – 11:45 a.m.
Instructor: Richard Katz
We will visit the history and relevance of mining. We will also look at the types of mining, mechanics of mining, and safety in mining. We will finish up with a description of day-to-day operations of local coal mines, including coal bed and coal mine methane extraction. In all this, we will consider whether mining is good or bad for our national and local environment and economy.

Alabama Governors
Oct 11, 18, 25; Nov 1
10:30 – 11:45 a.m.
Instructor: Sam Webb
A study of the lives, political careers, and gubernatorial administrations of Alabama’s most notable twentieth century governors.

The Music and Musicians of the Tuscaloosa Symphony Orchestra
Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1
10:30 – 11:45 a.m.
Instructor: Charles “Skip” Snead; Coordinator: John Lochman
These eight class sessions will cover the works to be performed by the Tuscaloosa Symphony Orchestra (TSO) this year, describing the background, structure and nature of the music to be played, including the role of the composers. Each of the class sessions will be presented by a different TSO musician, and the musicians will provide a demonstration in each class session of a different instrument that is important to the works discussed. This course is designed to provide a unique opportunity to enliven and deepen our understanding and listening of the TSO concerts, helping the concerts to come alive in new ways.

Watercolor Painting Basics
Sept. 13, 20, 27; Oct. 4, 11, 18, 25; Nov. 1
1 – 3 p.m.
Instructor: Beth Page
Location: Stillman College, Jackson Annex, Room 105
No experience necessary. Learn how to prepare, paint and finish paintings. In this course, you will learn about the materials it takes and the techniques needed to achieve a painting you will be proud to hang in your home. If you already have experience, you can come too. Simply bring your own supplies and work on your painting. Painting with others can be fun and inspiring. Registered students will be provided a supply list prior to class. Each student is responsible for getting their own supplies. Class limit: 10. Materials fee: $40.

Mosaic Stepping Stone Class: Alabama “A”
Sept 13 & 27
1 – 3 p.m., Sept 13
10 – Noon, Sept 27
Instructor: Linda Munoz
Location: Clarke Building at Kentuck Art Center
In this two-session class, participants will make a stepping stone depicting the iconic “A” using Roll Tide colors. In the first class, students will learn to cut glass and glue the glass to a precast stepping stone. In addition to these techniques, we will emphasize safety procedures when handling the glass and the tools. The next session will consist of the grouting of the stones. These will make wonderful gifts for your Christmas giving! Class limit: 8. Materials fee: $45.

Cure It with Color: Annie Sloan Chalk Paint®
Sept. 13, 20, 27; Oct. 4, 11, 18 (6 weeks)
1 – 2:30 p.m.
Instructor: Jeni Bowen
Location: Gather
During Cure It with Color, participants will learn our five favorite ways to transform furniture and other decorative pieces by using Annie Sloan Chalk Paint®. You will learn how to layer color through distressing, a smooth modern finish, a rustic finish, using the paint as a stain, and how to create special effects with gilding wax. This is a beginner workshop that does not require any prior training. Class limit 13. Materials fee $50.

Glass on Glass
Sept 20 & 27
1 – 3 p.m.
Instructor: Linda Munoz
Location: Clarke Building at Kentuck Art Center
Enjoy the beauty of stained glass without the cost of equipment and the danger of chemicals. In this two-session class, you will learn to make stained glass mosaics on glass panels that rival the intricate designs of traditional stained glass. Class limit: 8. Fee: $30.

Yoga
Sept 13, 27; Oct 4, 11, 25 (5 weeks)
1:30 – 2:30 p.m.
Instructor: Linda Dunn
Location: First United Methodist Church
Come and learn the many benefits of practicing yoga. Practicing yoga can improve your balance, flexibility, and concentration. Yoga is a beneficial form of movement and breath work that you can practice for life. Please bring your own yoga mat, wear comfortable clothes, and have a mind and body ready to learn. Class limit: 25.
### Women World Leaders
**A157**
- **Dates:** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1
- **Times:** 1:45 – 3 p.m.
- **Instructor:** Jill Stokley

Leaders will be Golda Meir, Indira Ghandi, Corazon Aquino, Margaret Thatcher, Kim Campbell, Benazir Bhutto, Kazamiri Prunskiena & Hannah Suchocka. All of these women were or are members of the Council of World Women Leaders. Some were inducted post mortem. All of them are fascinating to study. Come learn about these women in power and discuss their characteristics of leadership style.

### Africa’s Great Civilizations: Egypt and Beyond
**A159**
- **Dates:** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1
- **Times:** 1:45 – 3 p.m.
- **Instructor:** Richard Diehl

We all know something about the history of North America and Europe but what about the history of African civilizations? This course will focus on that history from the origins of humans in East Africa to the 20th century. It is built around films from the 2017 PBS series “Africa’s Great Civilizations”, narrated by the celebrated Harvard historian Henry Lewis Gates, Jr, and supplemented with additional films, lectures, and discussion. We will follow the African peoples from their very beginnings through the Stone Age, Egyptian culture, and the rise of Christianity and Islam, to the ancient kingdoms of South and West Africa, Great Zimbabwe, the Trans-Atlantic slave trade, and 19th century colonization by the European powers.

### iPhone / iPad Tutoring
**A158**
- **Dates:** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1
- **Times:** 1:45 – 3 p.m.
- **Instructors:** UA Culverhouse LIFT Students

Are you ready to learn more about your iPhone or iPad with your own tutor in a very small group setting? In this class taught by UA College of Commerce students, your own UA student-tutor will guide you in a hands-on environment and will be ready to answer all of your questions. You will need to bring your own iPhone/iPad and charger. Please make sure you download the latest software on your device before the first class. Bring a notebook and pen to take notes. Class Limit: 25 students

### The Twilight Zone: Episodes as Cultural Commentary
**A160**
- **Dates:** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1
- **Times:** 3:15 – 5:00 p.m.
- **Instructor:** Larry Fagen

Many original episodes can be interpreted as more than just science fiction. They can be considered as efforts to make social, political, and moral critiques in an era when this was largely “verboten” on TV through network and sponsor “censorship”. We will analyze the messages hidden in numerous offerings.

### Spanish I
**A161**
- **Dates:** Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
- **Times:** 9 – 10:15 a.m.
- **Instructor:** Kay Chesnut

Spanish I is for students who have had no prior Spanish. It is also a good refresher class for those who have had some Spanish, but who have forgotten it. Either way, we will have FUN learning how to ask questions and carry on simple conversations.

### Energy: The Big Picture and Your Home
**A162**
- **Dates:** Sept 14, 21, 28; Oct 5
- **Times:** 9 – 10:15 a.m.
- **Instructor:** Steve Kavanaugh

This course provides an overview of how energy is produced, converted, delivered, used by, and billed to homeowners. The goals are to better understand energy terminology and provide information and basic tools to help homeowners make informed decisions about what is best for our pocketbooks and environment. Four primary topics will be covered to include (1) energy production, generation, and distribution, (2) the efficient house structure, (3) air-conditioners, furnaces, heat pumps and other appliances, and (4) alternative energy and the future. Questions/discussions will be encouraged and, time permitting, Cajun stories will be shared to accentuate technical concepts.

### India – Where the East and West Meet
**A163**
- **Dates:** Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
- **Times:** 9 – 10:15 a.m.
- **Instructor:** Usha Midkiff

Are you ready to discover India? Sample the history, culture and civilization that dates back to 2500 BCE and experience the new India of the 21st Century. Learn about the food, the people, places to visit and the traditions of India. Let’s have fun and learn some Bollywood dance moves and taste some Indian dishes!
Playing with Clay
Sept 14, 21, 28; Oct 5, 12, 26; Nov 2 (7 wks)
9:30 a.m. – 12:30 p.m.
Instructors: Rick Mitchell, Nancy Mayo, Bob Weir, Linda Lochman
Location: Kentuck Clay Co-Op
Ready to get your hands dirty? Join us in this fun course and learn how to manipulate and work with clay. You will learn basic wheel throwing and slab building techniques. You will also have the opportunity to learn how to decorate and glaze your newly made work. This class is open only to students who have never taken this course before. Class limit: 6 students. Materials fee: $25.

Fabric: Art of Smocking
Oct 5, 12, 26; Nov 2
10 – Noon
Instructor: Lois Lewis
Location: Clarke Building at Kentuck Art Center
Learn the basic smocking stitches and how to combine these stitches to make interesting geometric designs. Basic stacking will be covered, which is used to stitch animal figures and other designs. Bring a pair of scissors. Class limit: 6. Materials fee: $20.

Alabamians in WWI
Sept 14, 21, 28; Oct 5
10:30 – 11:45 a.m.
Instructor: Mort Jordan
The course will briefly cover the course of World War 1 from its causes through its aftermath, but will concentrate on the roles played by Alabamians. The primary focus will be the 167th Regiment of the 42nd Rainbow Division, formerly the Alabama National Guard, which saw more action than any other American unit in the War. The valor of the 167th was praised by Gen. Douglas MacArthur, Secretary of War Newton Baker and others.

Supreme Court Decisions
Oct 12, 19, 26; Nov 2
10:30 – 11:45 a.m.
Instructor: Hattie Kaufman
We will look at some of the most significant decisions of the latest Supreme Court session and analyze how the Court arrived where it did. We may also look at some of the dissents and concurrences to see the thinking of individual Justices.

1917-2017: A Century of Modern Art
Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
10:30 – 11:45 a.m.
Instructor: Kitty Johnson
That’s not art!” “It is if I say it is!” In 1917, the Society of Independent Artists introduced Marcel Duchamp’s infamous “Fountain” to the art world. This course will discuss the momentous changes Duchamp’s notorious work ushered into world culture and offer some insights about the many directions art has taken in the last century.

Mini-Medical School
Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
Noon – 1:15 p.m.
Coordinator: Gloria Oglesby
UA’s College of Community Health Sciences is hosting a lecture series to explore medicine and health trends. Faculty will lecture on issues and advances in medicine and research, incorporating science, research, and clinical applications. You’ll learn ways the body works, hear about advances changing how we see disease and health, and find out which way cutting-edge research is headed.

Celiac Disease or Crohn’s Disease/Colitis
Sept 21
Dr. Drake Lavender
Colorectal Cancer and Colonoscopies
Sept 28
Dr. Robert McKinney
Anxiety Disorders / PTSD
Oct 5
Dr. Jen Clem
Shingles
Oct 12
Dr. Anne Halli-Tierney
Falls in Older Adults / Balance Problems
Oct 19
Dr. Grier Stewart
Rheumatoid Arthritis
Oct 26
Dr. Catherine Ikard
Stroke
Nov 2
Dr. Jared Ellis
Dermatological Issues in Older Adults / Skin Cancer

Building Character: Handling Your Business in Times of Stress
Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
1 – 2:30 p.m.
Instructor: Sandy Hopkins
Location: Stillman College, Jackson Annex, Room 105
This workshop will define Character, and offer the 3 C’s of effectiveness and indicators of poor outcome. It will also offer tips for stress management and highlight “The Power of Your Example (Role Modeling for the Next Generation).”
**Intermediate Sewing: Making a Cape or Poncho**
Sept 14, 21, 28; Oct 5
1 – 3:30 p.m.
Instructors: Maureen Lawless, Margaret Perdue
Location: Clarke Building at Kentuck Art Center
In this four-week class you will need basic digital sewing machine knowledge. We will supply machines and patterns. You will need to bring all other needed sewing equipment to the September 1st class. You will choose between creating a cape or a poncho. Because of yardage differences, Maureen will contact you before the first class to discuss pattern sizes and sewing equipment. Class limit: 4. Materials fee: $5

**Alabama Politics**
Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
1:45 – 3 p.m.
Instructor: Bill Stewart
This fall the Alabama Politics course will focus mostly on one of the most basic rights of American citizens, with the emphasis being on the evolution of the right to vote since Alabama entered the Union in 1819. Initially, Alabama was regarded as one of the most liberal states, with minimal adult white male (the only group which then had the right to vote) suffrage requirements. We will also look at the consequences of the franchise being granted to African-American males by the Fifteenth Amendment, adopted following the Civil War. Early in the 1920s, women were enfranchised and the same was true for youth (18-20) in the early 1970s. Most controversy was associated with African-American voting and we will look at some of the barriers which sought to evade the Fifteenth Amendment. Today, thanks primarily to Congress and the federal judiciary, all of the groups we have named have a free right to vote without hindrance. Nevertheless, efforts continue to be made to ensure that African-Americans have an effective vote.

**Spanish III**
Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2
1:45 – 3 p.m.
Instructor: Kay Chesnut
Ready to step into Spanish immersion? This course, which is a continuation of Spanish II, is taught mostly in Spanish and is not for beginners. Students will listen, speak, read and write in Spanish. Students will be required to purchase the workbook, Realidad y Fantasia by Susan Noguez and Emily Boyd, and is available from Amazon. Class limit: 10.

**The Fundamentals of Traditional Chinese Medicine**
Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
1:45 – 3 p.m.
Instructor: Micky Lollar
The combination of philosophy and science known as Traditional Chinese Medicine (TCM) is a practice that has evolved over 3000 years. Predating the third century B.C. Chinese introductory work The Yellow Emperor’s Classic of Internal Medicine, the exotic health practices continue today as a complimentary alternative medicine, treating both chronic and acute illnesses around the world. Utilizing herbs, acupuncture, massage (Tui Na), exercise (Qigong and Tai Chi), and nutrition, TCM has never been so popular or pertinent. In this extensive course, participants will study the history, mysterious tenets, methods of diagnosis, and approaches to treatment of TCM, utilizing PowerPoint, numerous hand-outs, botanical examples, and ethnological artifacts. In-depth supplemental studies will include the meridians, herbs, exercise, aromatherapy, and Feng Shui. NOTE: The information within this course is NOT intended to be taken as a replacement for medical advice from a medical professional.

**Cyber Security: Identity Theft**
Oct 12, 19, 26; Nov 2
3:15 – 4:30 p.m.
Instructor: Ashley Ewing
Security breaches have been in the news. Find out how they relate to you. In this four-week course, learn some of the common malicious tactics used to trick people into providing access to their computers and other personal information. We’ll talk about how to recognize common phishing emails, how to secure your information, and how to destroy that information before disposal or donation of old devices. We’ll present options on what to do in the event you fall victim to one of these schemes.

**Alabama in the 1800s, Part II**
Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
3:15 – 4:30 p.m.
Instructor: Chris McIlwain
This class will cover the period including the Civil War, Reconstruction, the Populist Revolt, and the prelude to the Constitution of 1901.

**Creative Line Dancing to the Music**
Sept 14, 21, 28; Oct 5, 12, 19
6 – 7 p.m.
Instructor: Annie M. Gray
Location: Stillman College, Wynn Fine Arts Center Presentation Room
“Put on your dancing shoes” and step to the music of line dancing, past and present.
Thursday courses continued

A178 The Impact of African American Music  
*Moved to Tuesday - See addendum*  
Instructor: Elder Shawn Blackmon  
Location: Stillman College, Wynn Fine Arts Center, Tuscaloosa Room  
During this course, you will learn how African Americans have impacted and continue to impact society from slavery to modern day, including blues, spirituals, rock and roll, soul music, ragtime, funk, work song, doo-wop, American folk music, traditional black gospel, classic female blues, boogie-woogie, cakewalk, black music, and coon song.

FRIDAY COURSES

A179 Eye-Catchers: Polymer Clay for Beginners  
Oct. 27  
9 a.m. – 4 p.m. (lunch break from 11:45 - 1:00)  
Instructor: Lee Anne Jones  
Location: Clarke Building at Kentuck Art Center  
Polymer clay is a medium used to create beautiful and amazing beads, vessels and more. You will learn what polymer clay is, how it can be manipulated, and the tools used to work with this synthetic clay. You will learn how to make Skinner beads, which are created by mixing two or more colors of clay together to create an evenly blended gradient hue. This is a basic skill upon which everything else is built. Students will take home a finished product and instructions for curing your piece at home in an oven. You will also take home a blade, brayer, and work surface. Class limit 8. Materials fee: $30.

BONUS PROGRAMS

Noon – 1:15 p.m., Wednesdays at the Bryant Conference Center  
Bonuses are included with your membership. Bring a friend to get a “sampling” of OLLI programs. Registration is not needed, but come early to get your seat.

Sept 13 Ice Cream Social – Mix and mingle during this social hour while enjoying refreshing ice cream.

Sept 20 William Gantt - Literary Demopolis  
Learn how notable writers, including playwright Lillian Hellman and UA legend Hudson Strode, have depicted the history of this colorful Alabama town.

Sept 27 Jerry Armor - A Home for Wayward Boys  
A history of Alabama’s first lobbyist for children and her efforts to establish the Alabama Boys’ Industrial School.

Oct 4 Bruce Burrows - The Ride of Your Life  
Watch and let your imagination soar with 75 minutes of cockpit views of approaches and landings at interesting airports, including a night landing on an aircraft carrier.

Oct 11 Donna Meester - Stage Style  
See what goes on behind the scenes when developing costumes for theatrical productions. The process begins months before rehearsals begin and end with the final performance. UA costume designers will share their experiences and sketches for recent and upcoming productions.

Oct 18 Timothy Ullman - A Different View of Cuba  
Retired Air Force Chaplain Ullman’s tour of duty at Guantanamo Bay shows how military cope with day-to-day living on an island run by a dictator.

Oct 25 Penny Davis - Update on Legal Rights of Alabama Grandparents  
Nothing is more precious than grandchildren. This course will discuss grandparent’s visitation rights in incidents involving adoption, divorce, death of a parent and other life situations.

Nov 1 O’Neal Smitherman - Technology and Me  
Technology is dramatically affecting us in the most personal way, from cars that drive and repair themselves, to advances in the human genome like telomeres that have the potential to extend our lives indefinitely. This session will preview many of these technologies, how they work and what they mean to our lives.

Dutch-Treat Supper Club  
6:30 p.m., Tuesdays  
We laugh, we share stories, we love to eat!  
Register online olli.ua.edu or call Registration Services at 205-348-3000. The registration deadline is the Friday prior to the supper club date. Members meet at 6:30 p.m. at the restaurant. For more information, contact Janie Bostick jrsb1012@bellsouth.net.

A301 The Levee Bar & Grill – Sept 26  
1 Bridge Ave, Northport

A302 Outback Steakhouse – Oct 24  
(complimentary dessert is included with your meal)  
5001 Oscar Baxter Dr, Tuscaloosa

A303 Olive Garden Italian Restaurant – Nov 28  
2100 McFarland Blvd E, Tuscaloosa

See Field Trip section beginning on page 30.  
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.
**Introduction to Birding**

Sept 11, 18, 25; Oct 2, 9, 16, 23, 30
10:30 – 11:45 a.m.
Instructor: Dwight Lammon

For this repeat of the introduction course, join us for a classroom overview of the hobby of bird watching. You'll learn all about the identification of birds by sight or sound, some crucial do's and don'ts, the best places to go birding, considerations when feeding birds, the history of birding, and shared personal stories. Bring your binoculars and a bird guide if you have them, but they are not necessary. We will be including lots of audio-visuals.

**Line Dancing for the Experienced Dancer**

Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2
10:30 – 11:45 a.m.
Instructor: Betty Fagen and Linda Selby
Location: Crimson Village

If you have already taken the Beginning Line Dancing class, then you are ready for the next step. The class is to enhance your line dancing skills. Come continue to learn and enjoy line dancing with other OLLI members. Class limit: 20

**Current Issues in U.S. Law Enforcement**

Sept 21, 28; Oct 5, 12, 19, 26; Nov 2
12:00 – 1:15 p.m.
Instructor: Ted Sexton

Policing policies and paradigms have changed rapidly since Ferguson, as have citizen expectations. This course will offer an overview of current law enforcement issues in the United States and will focus on the challenges faced in providing service from routine calls to high risk active shooters. Policing today includes issues from enhanced community policing to issues in homeland security. Join us as we discuss these important issues and many more.

**The Impact of African American Music**

Sept 19, 26; Oct 3, 10, 17, 24, 31
5:30 - 7 p.m.
Instructor: Elder Shawn Blackmon
Location: Stillman College, Wynn Fine Arts Center, Tuscaloosa Room

During this course, you will learn how African Americans have impacted our culture, dating from slavery to modern day, including blues, jazz, rhythm and blues, spiritual, hip hop, rock and roll, soul music, ragtime, funk, work song, doo-wop, American folk music, traditional black gospel, classic female blues, boogie-woogie, cakewalk, black music, and coon song.
Monday Morning Quarterback

Sept 18, 25; Oct 2, 9, 16, 23, 30
9:30 – 11:30 a.m.
Instructor: Craig Scott
Location: Gadsden Public Library, Lena Martin Room
Need your sports “fix” for the week? Join the OLLI Sports Club at the Gadsden Public Library for a lively discussion about football, baseball, basketball or just about any other sport known to man! We will have special guests drop in and our topics will be ever changing, but always centered on the sports world… including local, state and professional. Alabama fan? Auburn fan? Another college fan? Does not matter. Join us for the banter and fun. The coffee will be fresh and hot when you arrive. If you love sports, you are invited, regardless of gender. Be there!

“Behind the Curtains”

Sept 11, 18, 25; Oct 2
1 – 3:30 p.m.
Instructor: Craig Scott
Location: Gadsden Public Library, Lena Martin Room
Come tour with Craig to see what goes on “behind the curtains” at four different locations around town. We will meet at the library and begin our journey from there. The session locations are:
1. Emergency Management Agency - Deborah Gaither is the EMA Director
2. Post Office - Postmaster, Ken Powchak
3. Etowah Historical Society - Danny Crowover, President
4. Patriots Association & Greater Gadsden Tourism - Terry Collier, Patriots Board Member & Hugh Stump, Tourism Director

String Along With Amelia

Sept 11, 18, 25; Oct 2, 9, 16
3 – 4:30 p.m.
Instructor: Amelia Day
Materials Fee: $15
Room 110
This class will teach first-timers the basics of designing one-of-a-kind bling-blings. We will learn how to mix and match stones, beads, and glass. This is a chance to practice the techniques of jewelry making with a skilled instructor and take home creations of your own. If you have taken a jewelry class before, join us for more advanced techniques also.

Get Your Groove Back

Sept 11, 18, 25; Oct 2, 9
4:30 – 6 p.m.
Instructors: Susie and James Adams
Room 101
A line dance is a choreographed dance with a repeated sequence of steps, in which a group of people dance in one or more lines or rows without regard for the gender of the individuals, all facing each other or in the same direction, and executing the steps at the same time. Line dancing is practiced and learned in country-western dance bars, social clubs, dance clubs, ballrooms, and OLLI classes. Come get your “groove” on, as Susie and James teach us line dances such as The Electric Slide, Sugar Shack, Wobble, Blurred Lines, and many more.
The Grandeur that was Rome
Sept 12, 19, 26; Oct 3, 10, 17, 24
10 –11:30 a.m.
Instructor:  Linda Y ork
Room 110
In class, we will enter the classical world’s largest empire - Rome. We will discuss the beginnings of the Roman Republic that ended with the assassination of Julius Caesar and the rise of Imperial Rome under Octavian, better known as Augustus Caesar. We will examine the political, military, cultural, and other aspects of the Roman civilization with its bureaucracy, debauchery, orgies, and their goal to protect their territory. This led to an empire that encircled the Mediterranean Sea and the influence that Roman government, architecture, and culture has had on the creation of American governance and philosophy. Let us sign you up for the class so we can include you—Et tu, Brute—even if your name isn’t Brutus. Or, like Caesar, together you’ll come, you’ll see, and we will conquer Roman history together. We will end the class with an evening of Italian food and a nice Chianti Mangia, mangia, mangia!

Mah Jong
Sept 12, 19, 26; Oct 3, 10, 17, 24
1 – 2:30 p.m.
Instructor:  Charlotte Cohn
Room 101
Learn about this ancient Chinese tile game that is part luck, part skill, and all fun. We will begin with the basics for absolute “newbies”, as well as provide strategies and pointers for those wanting to improve their playing skills. This game is fast becoming the rage around town, so do not miss this chance to join those already having fun! Learn to play or hone your skills.

The Crown
Sept 12, 19, 26; Oct 3, 10, 17, 24
1 – 2:30 p.m.
Instructor:  Linda Y ork
Room 110
We will start the session with “The King’s Speech”. This will set the stage for “The Crown”. Based on an award-winning play (“The Audience”) by show runner Peter Morgan, this lavish, Netflix-original drama chronicles the life of Queen Elizabeth II (Claire Foy) from the 1940s to modern times. The series begins with an inside look at the early reign of the queen, who ascended the throne at age 25, after the death of her father, King George VI. As the decades pass, personal intrigues, romances, and political rivalries are revealed that played a big role in events that shaped the later years of the 20th century.

The Movies of Alfred Hitchcock
Sept 12, 19, 26; Oct 3, 10, 17, 24
3 - 5 p.m.
Instructor: Shirley du Pont
Room 110
Join us for some of the little known and better known movies of the “master of suspense”. One of his many genius strokes is how deftly Hitchcock turns the viewer into a wholehearted participant, complete with a partner-in-paranoia. Fully confident in his characters, he constantly shifts sympathies and alliances with every extended exchange of dialogue, so much so that you’re left unsure who to root for. Join us for the show!

September 5  To Catch a Thief
September 12  Suspicion
September 19  Dial M for Murder
October 3  The Birds
October 10  The Man Who Knew Too Much
October 17  Notorious
October 24  Psycho

History Over Easy
Sept 13, 20, 27; Oct 4, 11, 18, 25
10 – 11:30 a.m.
Instructors:  John McFarland and Randy Holland
Room 110
This novel approach to history introduces a “topic du Jour” and allows class participants to chart the course of the discussions. With internet sources available, the moderators’ wide range of knowledge, and members’ input, you can expect a kaleidoscope of ideas. Politics and religion are never off limits, as long as discussion remains historical. Previous topics have included the origin of our food sources, Civil Rights in Gadsden, cemeteries, humor and medical ethics.

Experiencing America: A Tour through American History
Sept 13, 20, 27; Oct 4, 11, 18, 25
1 – 2:30 p.m.
Instructor: Shirley du Pont
Room 110
Smithsonian Secretary, Richard Kurin, and his colleagues, have selected some stellar treasures of American history to present directly to you in a lecture tour. The selected objects represent American political, cultural, and scientific achievements, as well as military and social conflicts. They include both natural and man-made objects, as well as the technologies we use to understand these objects. These objects have been grouped in ways that are sometimes obvious, sometimes not-so-obvious, to offer a unique perspective on American history – a perspective that only the Smithsonian’s collections can offer. The objects you will learn about in this course were not just witnesses to history; they were a necessary part of history – as essential as the people and ideas that surrounded them.
Basic Graveyard Preservation: A First Course
Sept 13, 20, 27; Oct 4, 11, 18, 25
1:45 – 3 p.m.
Instructor: Skip Campbell
Room 111
Note: This is a special time.
This course will teach “hands on” basics of graveyard preservation in a historic graveyard setting. Participants will be provided the appropriate tools and equipment and will do the actual work for the benefit of the graveyard’s residents. We will also reposition fallen or badly leaning small-scale monuments, as well as undertake basic repairs on broken or fallen markers.
This course is designed for individuals who do not already have extensive experience in cemetery preservation. It is being held during the fall months to minimize the effect of summer heat and insects, while also providing experience with tangible conditions faced by graveyard preservationists in the field.
Primary emphasis is placed on how to PROPERLY clean and restore grave markers, along with determining when and how a marker should be repositioned. Also important, is knowing when NOT to do something that would do harm to the marker. Another point of discussion will be common misconceived notions or incorrect methods for cleaning or repairing grave markers.

Classic Horror Fiction and Film
Sept 13, 20, 27; Oct 4, 11, 18, 25
3 – 4:30 p.m.
Instructor: Dave Murdock
Room 110
A string of classic horror movies was made in the 1930s (and one in the 1950s) by Universal Pictures. About half of them were based on famous books. Come join us, as we near Halloween, for a quick survey of classic horror novels and the films that were made from them. We will also look at the movies that Universal made that were not based on previous novels, and we’ll even cover the one classic horror novel that was filmed by seemingly every studio but Universal.
Session 1: Introduction
Session 2: Dracula
Session 3: Frankenstein
Session 4: The Wolf Man
Session 5: The Invisible Man/The Creature from the Black Lagoon
Session 6: The Mummy / Dr. Jekyll and Mr. Hyde

Look Better, Feel Better – Exercise with Us
Sept 14, 21, 28; Oct 5, 12, 19, 26
9 – 9:45 a.m.
Instructor: Belinda Brock
Location: Senior Activity Building
Regular physical activity is one of the most important things you can do for your health. It can help control your weight, lower your risk of heart disease, lower your risk for type 2 diabetes and metabolic syndrome, lower your risk of some cancers, strengthen your bones and muscles, improve your mental health and mood, improve your ability to do daily activities, and prevent falls. If you’re an adult, it can increase your chances of living longer. Fitting regular exercise into your daily schedule may seem difficult at first. But, even ten minutes at a time is fine. The key is to find the right exercise for you. It should be fun and should match your abilities. Join us at the Senior Building for exercise, fun, and all those health benefits to boot!

Genealogy Club
Sept 14, 21, 28; Oct 5, 12, 19, 26
9:30 – 11:30 a.m.
Instructor: Craig Scott
Location: Gadsden Public Library: Second Floor Computer Classroom (Elevator Available)
The search for your roots is an ongoing process. Regardless of where you are in that search, Craig will provide you with sources and links to the past. Using the latest software and Internet sites allows you to shed light on your famous and infamous ancestors. This is not a class for the beginning genealogist. Previous computer experience is a must!

Armchair Travel
Sept 14, 28; Oct 5, 12, 19, 26
1 – 2:30 p.m.
Facilitator: Shirley du Pont
Room 110
Pack your bags, as we take off once again. This travel group heads for destinations both historical and entertaining. Remember: no money, passport or shots required – just come enjoy cultures and countries different from our own.
International Tasting
Our presenters offer a variety of taste-tempting, mouth-watering treats that are typical of each country’s culinary heritage. This food festival has become the highlight of the itinerary each semester.
September 14 – Savannah
Presenter - Shirley du Pont
Savannah is the oldest city in the state of Georgia. Established in 1733 on the Savannah River, the city of Savannah became the British colonial capital of the Province of Georgia and later the first state capital of Georgia. A strategic port city in the American Revolution and during the American Civil War, Savannah is today an industrial center and an important Atlantic seaport. Each year, Savannah attracts millions of visitors to its cobblestone streets, parks, and notable historic buildings; the birthplace of Juliette Gordon Low, the Georgia Historical Society, the First African Baptist Church, Temple Mickve Israel (the third oldest synagogue in America), and the Central of Georgia Railway roundhouse complex (the oldest standing antebellum rail facility in America).

September 21 - Galapagos Islands
Presenter - Bill Haller
The Galapagos Islands may just inspire you to think differently about the world. The creatures that call the islands home, many found nowhere else in the world, act as if humans are nothing more than slightly annoying paparazzi. This isolated group of volcanic islands and its fragile ecosystem has taken on almost mythological status as a showcase of bio diversity. Yet you don’t have to be an evolutionary biologist or an ornithologist to appreciate one of the few places left on the planet where the human footprint is kept to a minimum.

September 28 - Egypt
Presenter - Connie Williams
Egypt, a country linking northeast Africa with the Middle East, dates to the time of the pharaohs. In many ways, the history of Egypt is the history of civilization as we know it. With more than 50 centuries of sophisticated culture, Egypt is filled with millennia-old monuments that sit along the fertile Nile River Valley. The Pyramids of Egypt, including the Great Pyramid, rank among the Seven Wonders of the Ancient World. Monuments, tombs, museums, the Nile River, Lake Nassar, the Sphinx, the Aswan High Dam, the Sahara Desert, local markets, delicious food, and interactions with Egyptian people make this a wonderful country to visit.

October 5 - Fiji and Australia
Presenter - Francine Marasco
Fiji, officially the Republic of Fiji, is an island country in Melanesia in the South Pacific Ocean. Fiji is an archipelago of more than 330 islands, of which 110 are permanently inhabited, and more than 500 islets. Fiji has one of the most developed economies in the Pacific, due to an abundance of forest, mineral, and fish resources. Australia, officially the Commonwealth of Australia, is a country comprising the mainland of the Australian continent, the island of Tasmania, and numerous smaller islands. It is the world’s sixth-largest country by total area. Australia - owing to its size and isolation - is often dubbed the “island continent” and is sometimes considered the world’s largest island.

October 12 - Cuba and Nicaragua
Presenter - Gail Ragland
Cuba is a country of indefinable magic. Meticulously preserved, Cuba’s colonial cities haven’t changed much since musket-toting pirates stalked the Caribbean. The atmosphere and architecture is particularly stirring - where grandiose squares and cobbled streets tell erstwhile tales of opulence and intrigue. Elsewhere, many buildings lie ruined and tattered. Nicaragua is the largest country in the region. This means you get tons of different places of interest and activities in one country. When it comes to cuisine and culture, Nicaragua’s got personality to spare.

October 26 - New Zealand
Presenter - Mike Gagliardo
New Zealand is an island nation in the southwestern Pacific Ocean. The country geographically comprises two main landmasses—the North Island, the South Island, and around 600 smaller islands. Because of its remoteness, it was one of the last lands to be settled by humans. During its long period of isolation, New Zealand developed a distinct biodiversity of animal, fungal and plant life. The country has varied topography with its sharp mountain peaks, such as the Southern Alps.

Share your class experience and upload photos to facebook.com/olli.ua.edu
THURSDAYS, 3 – 4:30 p.m.
UA Gadsden Center. Bonus programs are a member benefit and registration is not needed. Feel free to bring a guest!

September 14  Have Some Honey, Honey.
Presenter - David and Lynn Kelton
David began beekeeping in 1963 with a hive he found in the woods. Ray Martin, who became David’s mentor, taught him how to start his first hives and how to manage the bees. Soon, he was teaching the Beekeeping Merit Badge program for the Boy Scouts. Davis and Lynn now have about 200 hives on Lookout Mountain. They will talk about the importance of bees to pollination and sustainable food sources. They offer classes in Beekeeping at their Lookout Mountain Honeybees Apiary. Join us for this interesting and informative class.

September 21  Andrew Jackson, President, and the $20 Bill
Presenter - Richard Rhone
Who was Andrew Jackson? How did he rise to become the 7th President? What is the discussion about his face and that of Harriet Tubman on the $20 bill?

September 28  Time for Winter’s Rest
Presenter - Eric Shavey
Putting the garden to bed simply means getting rid of the mess, cleaning up what’s left, packing away the things you won’t need until spring, and making sure everything is ready to go when you need it. Eric will break it all down to cutting back, cleaning up, planting, protecting, and prepping for spring. Plant a cover crop. We all know it’s a good idea, but we never seem to get to it in time. Maybe this fall is the year you do it… and you can settle in for winter knowing that when you look out the window, your garden will look contentedly “tucked in”.

October 5  History from a General Perspective
Presenter - Norm Dashinger
In this class, we will discuss the generational/seasonal aspect of history and possible implications for our collective future, as individuals and as a nation.

October 12  New Yorker Magazine Cartoons
Presenter - George Tilbury
A picture is worth a thousand words. A cartoon and its caption can be worth even more. It can evoke memories, feelings, as well as humor. The New Yorker magazine debuted in 1925 and for over 80 years has given us more than 70,000 cartoons. Join us for a fun session viewing, examining, and enjoying examples of eight decades of cartoons.

October 19  The Navaho Code Talkers
Instructor: Robert Kane
As 1942 dawned, World War II was not going well for America and her Allies. For the U.S. Armed Forces, communications had now become a bewildering problem. Japanese cryptographers became amazingly adept at breaking top secret military codes. Philip Johnston, a middle-aged civil engineer, read a newspaper article on military security. He had lived as a child on the Navajo Indian Reservation, where his parents were Protestant missionaries, and had grown up speaking the Navajo tongue with his playmates. As he read, the concept of a secret military code based on the Navajo language flashed across his mind. Join us for the rest of the story!

October 26  Pre-Halloween Party
Presenter - Shirley du Pont
Come try out that costume a little early. We’ll tell you if it works or not. Dress as your favorite goblin or ghoul and come on down for the fun. We will have witch’s brew and eye of newt (or some such). Sure to be fun. Join us!

SPECIAL PROGRAM
Registration is required.

6401  Look What I Painted!
September 28
3 – 4:30 p.m.
Instructor: Susan Thrasher
Fee: $35
Create your own masterpiece. Susan will inspire you to put your brush in the paint and let your creative genius take over. She provides the tips and the guidelines – you do the rest. No talent is required, just a desire to paint! It is always amazing to see the results. You will not leave disappointed and you may be surprised at what you can do. Join us for the fun!

Dutch-Treat Supper Club
Register online olli.ua.edu or call Registration Services at 205-348-3000. The registration deadline is the Friday prior to the supper club date. Members meet at 5 p.m. at the Gadsden Center then carpool to the restaurant. Please be prepared to donate $3 to your driver to help with the cost. Be prepared to drive your vehicle, if needed for transportation.

6301  Giuseppe’s Cafe  Tues, Sept 19
925 8th St. S, Birmingham, AL

6302  Peerless Grill  Tues, Oct 3
10th St, Anniston, AL

6303  The Grill-Iron City  Tues, Oct 17
2208 6th Av S, Birmingham, AL

See Field Trips section beginning on page 30.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.
Chess: Brain Games for Healthy Living  
Sept 11, 18, 25  
10:30 a.m. – 12 p.m.  
Levite Jewish Community Center  
Instructor: Michael Ciamarra, Certified Chess Instructor  
Learn the master brain game that strengthens memory, critical thinking and cognitive performance. Michael makes chess fun, in easy-to-learn lessons. He teaches anyone to play, beginning with the pawns and moving gradually to the other pieces, letting us master one piece until we move onto the next. Absolute beginners, as well as those with a little knowledge of chess, are welcome. Long-term playing partners emerged from this course the first time it was taught, and you might be part of the next group! Take a chance. Get out of your comfort zone. Challenge your brain! Chess sets are provided.

Sex Trafficking in Alabama  
Oct 16, 23, 30  
10:30 a.m. – 12 p.m.  
Levite Jewish Community Center  
Instructor: Jack Williams, Chair, Human Trafficking Taskforce, Alabama House of Representatives  
Participate in a discussion of the commercial aspect of human trafficking. How big of a business is it? How about in Alabama? Also, we’ll discuss the demand issue. How can we get Alabamians to help end human trafficking? What legislation has been tried? What legislation is possible? What more can Alabama do?

Evolution vs Creationism  
Sept 19, 26  
2 – 3:30 p.m.  
Vestavia Hills Civic Center  
Instructor: George Keller, Assistant Dean and Chair, Howard College of Arts and Sciences, Samford University  
We will consider the relationship between science and religion and then discuss evolution and creationism.

Russia: History and Controversial Leaders  
Oct 3, 10, 17, 24  
1:30 – 3 p.m.  
Vestavia Hills Civic Center  
Instructor: Jackie Nuby, retired Professor of History, University of Montevallo  
Oct 3: Introduction to Russian History This session will cover an overview of Russia, including geography, government, languages, national symbols, diversity of people and culture. Time permitting, it will also include interesting places to visit.

Greater Birmingham Locations  
Greater Birmingham Area OLLI meets the needs of members by offering programs at a variety of locations. Most of the Fall sessions will be held at the Senior Center in the Vestavia Hills Civic Center. See below for GPS-ready addresses and phone numbers.

Vestavia Hills Civic Center  
1975 Merryvale Rd, Vestavia, AL 35216, 205-978-0166

Vestavia Hills Library in the Forest  
1221 Montgomery Hwy, Vestavia, AL 35216, 205-978-4678

Levite Jewish Community Center  
3960 Montclair Rd, Birmingham, AL 35213, 205-879-0411

Homewood Library  
1721 Oxmoor Rd, Homewood, AL 35209, 205-332-6600

Bessemer Library  
400 19th St North, Bessemer, AL 35020, 205-3428-7882

Share your ideas and get involved with OLLI of Greater Birmingham!  
Advisory Chair - Bob Kolar, rvkpe@yahoo.com  
Curriculum Chair - Nancy Ekberg, nanekberg@aol.com  
Board Member-at-Large - Connie Arnwine, cbarnw@gmail.com  
Membership Chair - Julie Harper, jharper@vhal.org  
Marketing Chair - Glenn Morgan, dglennmorgan@charter.net  
Social Co-Chair - Joanne Bruer, joannebruer@att.net  
Social Co-Chair - Diane Burrell, ddburrell@charter.net  
Field Trip Chair - Beth White, wytehaus1@msn.com  
Catalog - Martha Weber & Jane Smith, janesmith1@icloud.com
Tuesday courses continued

Oct 10: Ancient Russia 800-1200  This session will include early Russian history, the Slavs and Mongol invasions. Key figures will be discussed such as Rurik, Vladimir and Batu Khan.

Oct 17: The Czars and the Romanov Dynasties 1635-1925  This will feature Ivan the Terrible, Peter the Great, Catherine the Great, Alexis I and II and Nicholas II.


B105 Korea: History and Contemporary Challenges
Dec 5, 12, 19
10:30 a.m. – 12 p.m.
Vestavia Hills Civic Center
Instructor: Adamu (A.K.) Shauku, former U.S. Army Korean Intelligence Interceptor and translator and Professor of Political Science at The University of Alabama.

Join us for a wide-ranging discussion of North and South Korea. This three-part course explores the history of the Korean peninsula, providing context for the challenges that confront the Korean people today and the unique problem of North Korea in world politics.

WEDNESDAY COURSES

B106 A Conversation about Current Politics with a Historical Perspective
Sept 20, 27
10:30 a.m. – 12 p.m.
Vestavia Hills Civic Center
Instructor: Dr. James Day, Professor of History, University of Montevallo

As we approach the end of President Donald Trump’s first year in office, we’ll take a look back at the previous nine months to examine threads of continuity and elements of change that characterize his administration thus far. In addition, we’ll attempt to gain some historical perspective, taking the long-term view of presidential politics and the impact on the Office of the Chief Executive.

B107 Preparing for the Holidays
Nov 1, 8
1:30 – 3 p.m.
Vestavia Hills Civic Center
Instructor: Beth White, retired Professional Florist

Professional “how-to’s” for seasonal decorating. This two-session course will cover these topics: achieving that wow factor in a downsized environment, creating new looks for traditional holidays, tweaking one tablescape to provide 5 months of decor, choosing design elements for maximum effect and eliminating holiday decorating headaches.

The November 1 class will focus on fall and Thanksgiving topics, so please bring your favorite fall holiday items to use in the demonstrations. The November 8th class will focus on Christmas and winter holiday themes. Each group will share work to create tablescapes that utilize the principles of design.

THURSDAY COURSES

B108 Terrorism
Sept 21, 28
10:30 a.m. – 12 p.m.
Vestavia Hills Civic Center
Instructor: Randall David Law, Professor of History and Terrorism, Birmingham-Southern College

Ever wonder how, when and why terrorism came to exist? Or why it’s used so widely today? Or why it does and doesn’t succeed? For insight into these questions – and many more – attend this two-session introduction to the history of terrorism, taught by a leading expert in the field. You’ll learn about key episodes in the global history of terrorism, with an emphasis on how and why it’s evolved over the years.

B109 Aviators and Aviation
Oct 5, 12, 19, 26
1:30 – 3 p.m.
Vestavia Hills Civic Center
Instructor: Wayne Nowy, Curator, Southern Museum of Flight

Familiarization with the events, aircraft, and people of aviation from the beginning of the 20th Century, with emphasis on Eddie Rickenbacker, Charles Lindbergh and Jimmy Doolittle. Discussion will be enhanced with the use of vintage images and artifacts. Define common aviation terminology, definitions, and acronyms. Summarize the basic principles of flight. Review basic aircraft systems, instruments, and components of a conventional airplane. Apply the basic principles of navigation and aeronautical chart interpretation. For Southern Museum of Flight field trip, see page 33.

Fall Registration Begins August 1
Go online olli.ua.edu or call 205-348-3000
1-866-432-2015
Utopian vs Dystopian Societies
Nov 2, 9
10:30 a.m. – 3 p.m. (12 – 1:30 p.m. break for lunch)
Vestavia Hills Civic Center
Instructor: Sharol Jacobson, Ph.D., Department of Compliance, The University of Alabama

Utopias - perfect societies - have been described or attempted for over 2400 years, and America, as the New World, has been home to more utopian efforts than any other country. Dystopias - visions of societies gone radically wrong - are a newer development, only about a century old. This course will draw from philosophy, politics, religion, economics, feminism, ecology and science to describe the growth of utopian thought, the development of utopian societies in American history and the rise of dystopian thought and art in modern society.

About Books about Harper Lee
Sept 7, Thurs
1:30 – 3 p.m.
Vestavia Hills Library in the Forest
Instructor: Ralph Voss, retired Professor of English, The University of Alabama


Unusual Trivia about the Funeral of Jefferson Davis
Sept 12, Tues
1 – 2:30 p.m.
Homewood Library
Instructor: Paul Beezley, Professor of History, Jacksonville State University

Death, as a rule, ends someone’s political career. But this was not the case with Jefferson Davis. When his body was moved from New Orleans to Richmond three years after he died, huge crowds followed the hearse. As in 1861 he was, although dead, still a rallying figure for Southern Nationalism. Come to this session and learn how the New South elite used this support of a dead hero to bolster their own political, economic and social hold over the South. The reinternment of Jefferson Davis shows that politics can even bring the dead back to life!

Ancient World History Survey: The Mesopotamia
Oct 2, Mon
10:30 – 12 p.m.
Levite Jewish Community Center
Instructor: Helen Pruet, retired History Instructor, Mountain Brook Junior High School

Sumer Akkad, Babylon… oh my! Assyria, the Hittites, Phoenicians and more… Chaldea (New Babylonia) and Persia are what’s in store in this survey look at the ancient world of Mesopotamia. There are many firsts in history here – 1st civilization, writing system, empire, law code, use of iron, just to name a few. This is an introduction to almost 4,000 years of recorded history in this land between the Tigris & Euphrates Rivers and extending to the eastern end of the Mediterranean Sea.

Abigail Adams
Oct 3, Tues
10:30 a.m. – 12 p.m.
Bessemer Public Library
Instructor: Richard Rhone, retired History Instructor
An advocate for women’s rights, Abigail Adams was one of America’s most important women; she was her husband John Adam’s most influential political counselor. Lacking in formal education, but possessing a superior intellect, she expressed her opinions about politics, religion and education and the place of women in the new America. Only in the last few decades has research, especially of the over 2000 letters she wrote and her grandson saved, shown us how astute a politician she was and how much she influenced not just her husband and family, but our country.

Blood and Guts on Friday the 13th
Oct 13, Fri
1 – 2:30 p.m.
Homewood Library
Instructor: Andy Robinson, Ph.D., Director of Forensic Toxicology, UAB
Interesting cases of forensic toxicology in Jefferson County.

Share your class experience and upload photos to facebook.com/gbaolli
Alexander Hamilton
Nov 7, Tues
2 – 3:30 p.m.
Homewood Library
Instructor: Richard Rhone, retired History Instructor.
Never mind paying for tickets to the Broadway production. Learn the life story of this amazing historical figure from a history teacher who has channeled his life. Alexander Hamilton was truly a self-made man, not the inheritor of a family legacy. As George Washington’s most trusted adviser, he was the one who made the new constitutional government of the United States actually work. In spite of the humiliation of his birth, or his childhood poverty, and not being a native American - or maybe because of it - he was perhaps the greatest true American of our Founding Fathers.

Sound of Music
Nov 13, Mon
2 – 3 p.m.
Vestavia Hills Civic Center
Performers: Students from Alabama School of Fine Arts
Instructor: Kimberly Strickland, Music Instructor, Alabama School of Fine Arts
The Alabama School of Fine Art’s String Orchestra will present a session on “The Sound of Music”. This session will cover the history of stringed instruments and students will demonstrate how sound is produced. The session will conclude with the string orchestra performing several musical works to further demonstrate how the instrument’s sound is produced with the musical bow and through pizzicato. Under the direction of Kimberly Strickland, the orchestra’s program will be a delight to your ears! Come out to hear this wonderful presentation by the state of Alabama’s most talented young musicians!

Introduction to 3D Printing
Nov 16, Thurs
1:30 – 3 p.m.
Vestavia Hills Library in the Forest
Presenter: Derek Anderson, Technical Specialist, Vestavia Hills Library in the Forest
Curious about 3D printing? This bonus program is the perfect introduction. You’ll learn how the library’s Makerbot 3D printer works, as well as the basics of finding and preparing models for 3D printing.

Personal Safety: Scams, Switches and Swindles
Dec 7, Thurs
1:30 – 3 p.m.
Vestavia Hills Library in the Forest
Instructor: Sgt. Eddie Crim, Vestavia Hills Police Department
What to do for home invasion safety. How to avoid telephone, mail or internet scams. How to safeguard your car, its contents and even yourself, in parking lots. What to do if you are attacked, robbed or experience a home invasion.

Art of Living Foundation: Learn to Live Better
Sept 6, Wed
Sept 13, Wed
10:30 – 12 p.m.
Vestavia Hills Civic Center
Instructor: Aoki Ranjan, Art of Living Instructor and student of Sri Sri Ravi Shankar.
Breathing is the essence of life. The first thing we do and the last. It is an essential tool to release toxins in the body. Using breathing and relaxation techniques can improve emotions. Managing emotions allows us to manage time and productivity. Learn how to breath, relax and live more effectively. Art of Living Foundation exists in more than 150 countries.
Bring a yoga mat or small rug for floor exercises. Mats will be provided for those who do not bring one. Class limit: 20 each session; you may register for one or both.

See Field Trips section beginning on page 30.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

OLLI Spring Open House and Social
Wednesday, December 6, 1 – 3 p.m.
Vestavia Hills Senior Lodge
1973 Merryvale Road, Vestavia Hills
Listen to the blues and jazz entertainment with music by Ray Reach, Director, Alabama Jazz Hall of Fame. Enjoy light refreshments; hear about the Spring bonus programs, courses, and field trips; register onsite; and converse with old and new friends.
Fall Open House and Registration

Sept 12, 5 - 6:30 p.m.
The Greensboro Hotel
1202 Main St, Greensboro, AL

New Location! Join us at The Greensboro Hotel for refreshments and fun while learning what OLLI has to offer this fall.

Share your ideas and get involved with OLLI in Greensboro!

Curriculum Chair
Caroline Cutler, csistergirl@aol.com

Board Member
Edward “Buck” Whatley, woodbuckone@gmail.com

Fall Registration Begins August 1
Go online olli.ua.edu or call 205-348-3000
1-866-432-2015

BONUS PROGRAMS

New Location: Bonus Programs will be held at The Greensboro Hotel, 1202 Main St, Greensboro, AL

Let Us Now Praise Famous Men, the Book, its Authors, and its Lasting Impact
September 12
5:30 – 6:30 p.m.
Presenter: Winnifred Cobbs
In the 1930s at the height of the Depression, Pulitzer Prize winning author, James Agee, and acclaimed photographer, Walker Evans, came to Hale County where they documented the lives of two tenant families. The result of this was Let Us Now Praise Famous Men.

A History of Alabama Boys’ Industrial School
October 10
5:30 – 6:30 p.m.
Presenter: Jerry Armor
Meet the author of the book, A Home for Wayward Boys, the story about reformer, Elizabeth Johnston, and the inspiring story of the school, it’s leaders, and the the boys who lived there.

“The Decorative Art World of Andrew Jackson”
November 14
5:30 – 6:30 p.m.
Presenter: Ian Crawford
Follow the life of Andrew Jackson by studying the places and things that surrounded and influenced him, and in turn, the items he surrounded himself with as president that influenced taste and culture afterwards.

Images of The Nativity
December 12
5:30 – 6:30 p.m.
Presenter: Kitty (Carole) Johnson
Enjoy her expertise on art history and experience the Masters at Christmas time. We will celebrate the season with Christmas cookies at this holiday program.

See Field Trips section beginning on page 30.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.
OLLI Fall Open House and Registration

Monday, September 25
5 – 6:30 p.m.
Gordo City Hall
25226 Hwy 82

Learn about the courses, bonus programs and field trips being offered this fall. Then enjoy our Bonus presentation. Refreshments will be served.

Share your ideas and get involved with OLLI in Pickens County!

Membership Chair
Vickie House, v.house.2012@gmail.com

Curriculum Chair
Craig Patterson, chief@starboardrailbooks.com

See Field Trips beginning on page 30.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

BONUS PROGRAMS

Alabama Department of Conservation and Natural Resources
Monday, September 25, 5:30 pm
Presenter: Officer Lana Bloxom
Location: Gordo City Hall
Officer Bloxom, who has served as a conservation officer for 23 years, will tell us about the duties, responsibilities and activities of the Department of Conservation and her work in Pickens County.

Bicentennial of the Gospel Light in Pickens County
Thursday, October 12, 5:30 p.m.
Presenter: Dr. Gary Farley, Pickens Baptist Association
Location: Gordo City Hall
The planning and development of Christianity in Pickens County

Holiday Letterpress Printing
Tuesday, November 14, 5:30 p.m.
Presenter: Studio 150 Printers
Location: 150 2nd Avenue N, Gordo
Join us for printing holiday greetings with Vandercook presses.

Fall Registration Begins August 1
Go online olli.ua.edu or call 205-348-3000
1-866-432-2015
FIELD TRIPS FOR ALL MEMBERS

OLLI at UA Field Trips – All Chapters

Register online at olli.ua.edu or call Registration Services at 205-348-3000 or 1-866-432-2015. Registration is on a first come, first served basis. Fees must be paid with registration. Cancellations may only be made by contacting UA Registration Services. Refunds will not be issued for cancellations after the trip cancellation deadline. Substitutions are not allowed. The activity level is listed to assist in planning. If you have further questions, please contact the trip leader or the OLLI office.

OLLI field trips are educational and fun! Members are encouraged to participate in field trips at any of the chapters.

Fall Registration Begins August 1
Go online olli.ua.edu or call 205-348-3000
1-866-432-2015

DEPART FROM TUSCALOOSA

Tuscaloosa trips will depart from the Bryant Conference Center (BCC), 240 Paul W. Bryant Drive, Tuscaloosa.

Transportation for the local trips will be by charter bus or vans and a restroom on the bus is not guaranteed. The type of transportation provided is at the sole discretion of the OLLI Program Director. For more trip details, email the trip leader or call the OLLI office, (205) 348-6482.

Historic Talladega College and Amistad Murals
Fri, Oct 6
Trip Leader: Peggy Hamner, sswims2001@gmail.com
Cancellation Deadline: Thurs, Sept 21
Depart BCC: 8 a.m.; Return: 3:30 p.m.
Fee: $39 (includes transportation)
Activity level: Moderate/strenuous (extensive walking, stairs in all buildings)

Join Dr. Dionne Edison, Interim Chair, Dept. of Education, for a tour of Talladega College, Alabama’s oldest private historically black college, founded in 1867, and the first institution in Alabama to admit qualified persons of any race or ethnic origin. We will visit historic landmarks on the campus - Swayne Hall built in 1852 as the original school house, the DeForest Chapel with 17 stained-glass windows by David C. Driskell, Savery Library (1939), home of the Amistad Murals by famed artist Hale Woodruff, and other buildings of note. Following our tour, we will enjoy a Dutch-treat lunch before returning to Tuscaloosa.

Civil Rights Trail (UA campus, downtown Tuscaloosa)
Fri, Oct 13
Trip Leader: Peggy Hamner, sswims2001@gmail.com
Cancellation deadline: Thurs, Sept 28
Depart BCC: 8:45 a.m.; Return 4:30 p.m.
Fee: $32 (includes transportation)
Activity level: Moderate (walking indoors and outdoors, extended standing)

With Dr. Scott Bridges as our guide, we will start our campus walking tour at the site of the pre-Civil War slave cemetery, pass UA buildings historically associated with slavery and civil rights, and end at Foster Auditorium. Dr. Bridges will provide a historical narrative as we walk. Also, we will visit the Paul Jones Gallery and enjoy a Dutch-treat lunch. After lunch, Dr. Bridges will point out downtown sites of 1950s-'60s civil rights events and then we will visit the First African Baptist Church, where the confrontation between black demonstrators and white lawmen took place. We’ll walk the short path of “Bloody Tuesday” participants to Reverend Linton’s Barber Shop to see memorabilia from Tuscaloosa civil rights events.

Tigers for Tomorrow at Untamed Mountain
(Attalla, Alabama)
Fri, Sept 22
Trip Leader: Peggy Hamner, sswims2001@gmail.com
Cancellation Deadline: Thurs, Sept 7
Depart BCC: 8 a.m.; Return: 4 p.m.
Fee: $68 (includes transportation, admission, lunch)
Activity level: Moderate (walking outdoors on uneven, unpaved paths)

Lions and tigers in Alabama! Who knew? Tigers for Tomorrow provides a final home for captive/pet predatory animals when they are no longer wanted. Education specialists will introduce us to its residents - tigers, mountain lions, African lions, black leopards, bears, and wolves. As you walk past the various habitat areas, you’ll learn about these predators’ behavior in the wild and in captivity, and what it takes to keep them healthy and happy in this premier rescue facility.
Famous Authors, Fabulous Houses (Tuscaloosa and Demopolis)

Fri, Oct 27
Trip Leader: Amelia Yessick, ameliaheath@hotmail.com; Peggy Hamner swims2001@gmail.com
Cancellation deadline: Thurs, Oct 12
Depart BCC: 8 a.m., Return 5:15 p.m.
Fee: $56 (includes transportation and admission fees)
Activity level: Moderate (walking, stairs)

Our tour guide, William Gantt, will lead us starting right here in Tuscaloosa at the home of noted teacher, author and mentor Hudson Strode, then proceed down to picturesque Demopolis. There, we will visit the Demopolis Public Library on Washington Street and then the Marengo County History and Archives Museum to explore the rich history and culture of the area. We will have guided tours of Lyon Hall, circa 1853, and Bluff Hall, circa 1832 (models for the plantation Lionnet in Lillian Hellman’s The Little Foxes). After a delightful southern lunch at Stacy’s Café (Dutch-treat), we will move on to Gaineswood, the magnificent plantation home that remains one of the most significant examples of Greek Revival architecture in Alabama.

A Patriotic and Historical Journey through Cullman and Arab, Alabama

Thur, Nov 9
Trip Leader: Sheree Miller evergreens3@yahoo.com and Dan Miller
Cancellation deadline: Thurs, Oct 26
Depart BCC: 7 a.m.; Return 6 p.m.
Fee: $57 (includes transportation and admissions)
Activity level: Moderate (mainly walking inside and some walking outside on possibly uneven ground)

Our tour will begin at the Cullman County Museum, housed in a replica of Colonel John Gottfried Cullman’s historic home, where we will experience the area’s rich German heritage, Native American lifestyles, pioneer life, and southern folklore. Then we will visit the privately-owned Crooked Creek Civil War Museum & Park, home to a host of the Civil War memorabilia, a recently restored cabin, and a museum of rare collectibles where you can actually handle the artifacts. We will eat lunch at a local restaurant in Cullman. In downtown Arab, we will tour the Cost of Freedom Veterans’ Museum and leisurely shop in some antique and art consignment stores. We will conclude our trip by exploring the Arab Historic Village, a tribute to the pioneering spirit of Alabama’s settlers.

Two-for-One Sale (Louisiana)

Fri, Dec 1 - Sat, Dec 2
Trip Leader: Amelia Yessick, ameliaheath@hotmail.com
Cancellation deadline: Mon, Oct 30
Depart BCC: Dec 1, 8 a.m., Return Dec 2, 7:30 pm
Fee: $227 Dbl, $322 Single (includes transportation, lodging and admission fees)
Activity level: Moderate (lots of walking)

Get more fun for your money on this “Two for One” trip with OLLI. First to Covington, LA, for the biggest and best Christmas Shopping Extravaganza, featuring 500 booths of pavilion shopping (including 20 Louisiana style food vendors) where you can shop ‘till you drop! Then, on to New Orleans for an overnight stay at an upscale Hampton Inn. After a complimentary hot breakfast, we will tour the newly expanded ($35,000,000) WWII Museum. After lunch at the world famous Mother’s Restaurant, we will be on our way back to T-Town.

Birding at Wheeler NWR

Fri, Dec 8
Trip Leader: Becky Embrey, emb619@aol.com
Cancellation Deadline: Mon, Nov 20
Depart BCC: 7:30 a.m.; Return: 6 p.m.
Fee: $42 (includes transportation)
Activity level: Easy/moderate (walking on fairly level but unpaved trails)

Enjoy a fun-packed and educational day. Our own birding expert, Dwight Lammon, will lead us on a tour of the Wheeler National Wildlife Refuge. In the Visitor Center, you’ll view exhibits on the fauna and ecology of the Reserve and on early humans who lived in the Tennessee River Valley. Then, look for birds along the trail to the climate-controlled Bird Observation Center, from which you will watch hundreds of geese, ducks, sandhill cranes, possibly eagles and numerous other birds. Five established walking trails offer additional opportunity for experiencing nature and wildlife. Enjoy a Dutch-treat lunch at the historic Freight House Restaurant in Hartselle, AL, before returning to Tuscaloosa.
FIELD TRIPS FOR ALL MEMBERS

Fantasy in Lights, Callaway Gardens, GA
Mon, Dec 11 – Tues, Dec 12
Trip Leader: Mavis Hughes, Barneybhughes@gmail.com
Cancellation Deadline: Oct 10, 2017
Depart BCC: 8 a.m., Dec 11; Return: 6 p.m., Dec 12
Fee: $292 Dbl, $368 Sgl (includes transportation, lodging, admissions, 1 breakfast, 1 dinner)
Activity level: Easy
Experience Callaway Gardens Fantasy in Lights! A spectacular holiday light and sound display and a visit to the Christmas Village. The next day, we will have a step-on guide give us the history of the gardens and we will explore the points of interest including the gardens and the butterfly conservatory.

DEPART FROM GADSDEN

These trips depart from the UA Gadsden Center. Registration fee must be paid with registration. Cancellations must be made by contacting Registration Services. Refunds will not be issued after the cancellation deadline. Substitutions are not allowed.

My Old Kentucky Home, Churchill Downs and Museum Row (Bardstown and Louisville, KY)
Fri, Sept 22 - Sun, Sept 24
Trip Leader: Shirley du Pont
Cancellation Deadline: Thurs, Sept 14
Depart Gadsden Center: 8 a.m.
Fee: $375 Dbl (includes lodging, transportation, admissions)
Activity level: Moderate (lots of walking)
Visit Kentucky’s most famous historic site, My Old Kentucky Home, to explore its connection to the American Civil War. Learn how mid-19th century public sentiment was forever changed by the house that inspired the world-famous song, “My Old Kentucky Home,” and how the family was connected to the Union war effort, while other family members split away to join the forces of the Confederacy.

In “A House Divided,” tour guests will discover and encounter the realities of the Civil War era in and around the historic mansion. Hear the tour guide sing “My Old Kentucky Home” – a song which helped to inspire an entire nation to fight for freedom from slavery. See rooms of the mansion transformed for the war era, including an outstanding collection of weaponry, uniforms, rationing, the end of slavery, and both Union and Confederate influences on both the Rowan family and Federal Hill mansion.

It takes a special place to craft the Official Bat of Major League Baseball. Experience history-in-the-making, as you stroll through the factory where world famous Louisville Slugger baseball bats, used by MLB star players, are made. Visitors to the Louisville Slugger Museum receive a free mini wood souvenir bat. Create your own personalized bat, just like the pros.

In addition, your Main Street ticket has five additional attractions within a four-block area. They are Evan Williams Bourbon experience, Kentucky Science Center, Muhammad Ali Center, Frazier History Museum, and The Kentucky Center for Performing Arts or the Peerless Distilling Company. You can visit all of them or choose the ones that interest you most.

Churchill Downs, the World’s Most Legendary Racetrack. Known as the home of the Kentucky Derby and the Kentucky Oaks, Churchill Downs Racetrack conducts thoroughbred horse racing in Louisville, Kentucky, during three race meets in the spring, September, and the fall.

A Chorus Line Play at Virginia Samford Theater (Birmingham, AL)
Sun, Oct 1
Trip Leader: Shirley du Pont
Cancellation Deadline: Thurs, Sept 21
Depart Gadsden Center: 12:30 p.m.
Fee: $55 (includes transportation, admission)
Activity level: Easy
The show that changed Broadway musicals forever opens the Virginia Samford Theatre’s 90th anniversary season. With music by Marvin Hamlisch and book by James Kirkwood, A CHORUS LINE is a critically acclaimed hit which received nine TONY awards, in addition to the Pulitzer Prize for Drama. The production will feature select dancers from The University of Alabama’s Theatre and Dance Department. A CHORUS LINE has been hailed as “a sterling recreation of a Broadway classic.”

Spectre, the “Big Fish” movie set ruins, and Old Town Alabama
Fri, Oct 6
Trip Leader: Shirley du Pont
Cancellation Deadline: Thurs, Sept 21
Depart Gadsden Center: 8 a.m.
Fee: $40 (includes transportation, admissions)
Activity level: Moderate (lots of walking)
As we ride down the gravel road, you get excited. It feels like you are entering Alabama's version of Area 51. You can see the rooftops as you draw close, and then, as you round the curve, there it is. Time has not been kind to the old buildings, but - they're movie props and not built to code. They are still mostly intact. It is rather interesting walking around a movie set. Rather than disassemble Spectre, the movie company offered the property owner compensation to let it sit as it is. Old Alabama Town is located in Montgomery, Alabama and consists of six blocks of authentic 19th and 20th century buildings. All of the buildings have been saved from demolition, completely restored and opened as a historical museum. The buildings encompass the way early Americans lived and worked in Central Alabama.
**DEPART FROM BIRMINGHAM**

All Greater Birmingham field trips depart from the Vestavia Hills Civic Center. Transportation is typically by City of Vestavia Hills bus. Members pay in cash towards the cost of gas. Registration fee must be paid with registration. Cancellations must be made by contacting registration services. Refunds will not be issued after the cancellation deadline. Substitutions are not allowed. Registration Services (205-348-3000 or 1-866-432-2015).

**G204 The Glass Menagerie (Alabama Shakespeare Festival, Montgomery, AL)**
- Sat, Oct 14
- Trip Leader: Shirley du Pont
- Cancellation Deadline: Thurs, Oct 5
- Depart Gadsden Center: 9:30 a.m.
- Fee: $60 (includes transportation, admission)
- Activity level: Easy

“In memory, everything seems to happen to music.” At the behest of his mother, Amanda, Tom brings home a gentleman caller for his painfully shy sister, Laura. The themes of how family, the power of memory, and our perception shape reality are as impactful today as when this Tennessee Williams masterpiece premiered 70 years ago—one of the greatest plays of the twentieth century.

**Coosa Queen Riverboat (Riverside, AL)**
- Fri, Oct 20
- Trip Leader: Shirley du Pont
- Cancellation Deadline: Thurs, Oct 9
- Depart Gadsden Center: 12:30 p.m.
- Fee: $50 (includes transportation, cruise with meal)
- Activity level: Easy

The Coosa Queen is a 16 x 58 foot, 50-passenger riverboat that offers two-hour cruises. You will enjoy a catered meal and music, while you cruise down the Coosa River. The trip is easy and the scenery is beautiful. Dan, your Captain, and Jan, his mate (literally), will keep you entertained. Hopefully, we will catch a beautiful sunset. As the song says, “It just don’t get any better than this.” Let’s roll on the river!

**Southern Museum of Flight**
- Fri, Sept 22
- Trip Leader: Beth White wytehaus1@msn.com
- Cancellation Deadline: Sept 8
- Depart: 9:30 a.m.; Return 4 p.m.
- Fee: $20 (includes museum and lunch); bring $1 for gas for the bus
- Activity level: Easy

Come along and explore the history and excitement of aviation. Our trip will include a docent-led tour of the museum, flight information and access to simulators. We will physically experience flying a plane!

**DeSoto State Park**
- Fri, Oct 20
- Trip Leader: Beth White wytehaus1@msn.com
- Cancellation Deadline: Oct 6
- Depart: 8 a.m.; Return 6 p.m.
- Fee: None; bring $20 for gas for the bus
- Activity level: Moderate

Travel to scenic northeast Alabama to DeSoto State Park and see beautiful Little River Canyon from Lookout Mountain. Our trip will include the 104-foot Desoto Falls, the museum with a special program, then, a Dutch-treat lunch at the DeSoto State Park Museum Inn Restaurant. After lunch, we will explore the grounds on an easy trail guided walk. Be sure to wear your walking shoes.

**Domestic and International Trips**

**Belize’s Rainforest, Reefs and Ruins**
- Sun, Apr 8 – Sun, Apr 15
- Trip Leader: Ninette Cannon (ninette.cannon@gmail.com)
- Cost: $4198 Dbl

**Henry Ford Museum and Greenfield Village, Michigan**
- May 3-5, 2018
- Trip Leader: Bill Yessick and Amelia Yessick (ameliaheath@hotmail.com)
- Fee: $789 Dbl; $899 Sgl (includes transportation, lodging and breakfast)

**A Trip to the Wild West Denver, The Majestic Rockies & Colorado Springs**
- Aug 12 – 17, 2018
- Trip Leader: Bill Yessick and Amelia Yessick (ameliaheath@hotmail.com)
- Fee: $1999 Dbl; $2499 Sgl (includes airfare, motor coach, lodging, breakfast, evening reception, 3 lunches, 3 dinners, and much more)

*For more information, contact the trip leader or the OLLI office.*
Thank You to all of Our Instructors!

Congratulations to those nominated for the Judy Bonner Excellence in OLLI Teaching Award:

Jeri Acton
Joanne Bruer
David Chumney
Ian Crawford
David Geldmacher

Betty Fields
William Hamner
Bill King
Ken Kuntz
Dwight Lammon

Lois Lewis
Richard Rhone
Ted Sexton
Adamu (A.K.) Shauku
Ralph Voss

Pre-recorded Lectures Right from Your Computer

We have made it easy to continue lifelong learning from your own home computer, just as if you were sitting in the classroom. Simply register for the Pre-recorded Lectures and the entire library of videos will be available to you. This is a membership benefit.

A Potpourri of 20th Century Women  Jill Stokley
Cuba  Dana Harper
George Washington  Richard Rhone
Military Leaders  Various Instructors
Mini-Medical School  College of Community Health Sciences
Revolting Women  Richard Rhone
Origins and Conduct of World War I  Bruce Burrows
The Nation Makers  Richard Rhone
U.S. Presidents  R. L. Guffin
World War II, Europe  Bruce Burrows
A Quick, Quirky Review of Tuscaloosa  Jim Ezell
Personality, Philosophy, and Power: A History of America’s Political Party System  Richard Rhone
Development of the Electoral College  Bruce Burrows

Registration Guidelines

• Members must register in order to attend a course.
• Members may register to be added to a course even after the course has begun, if space is available.
• If your plans change and you need to drop out of a course, please go online to cancel or contact Registration Services to drop the course. This will allow other members to enroll in the course.
• If you are enrolled in a course that has a limited capacity stated in the catalog, please be sure you can commit to all sessions.
• Please provide your email and phone number at registration so that in the event of a change you receive the notification.
• Bonus Programs are open to members and their guest; no registration is needed.
OLLI at UA Fall 2017 Registration Form

For multiple registrations, please duplicate this form. Please submit this entire page for your registration.

[ ] Dr. [ ] Mr. [ ] Ms. [ ] Mrs.  Name (First) ___________________________ (Last) ___________________________
Address________________________________________  City____________________________________ State_______ Zip_________
E-mail Address_________________________________________  Day Phone ( _____ ) ___________________

Please circle your “Home Base”
Tuscaloosa  Gadsden  Greater Birmingham
Greensboro  Pickens County

Annual Membership $25 $___________
Semester Fee (courses) $50 $___________
Materials Fee (if applicable) $___________
Field Trip Fee $___________
UA Campus Parking $10 (if applicable) $___________
Contribution to OLLI Gift Fund $___________
Contribution to OLLI Scholarship Fund $___________
TOTAL $___________

Contribute to OLLI online at olligiving.ua.edu

Method of Payment
[ ] Check  [ ] Charge $___________ to my credit card:
Card# ____________________________________________
Exp. Date __________  Security/Verification Code __________
Authorizing Signature __________________________________

Note: The University of Alabama is committed to complying with the Americans with Disabilities Act. Requests for accommodation of physical and/or dietary needs should be made at least 30 calendar days in advance of the program date. Please email your request to janderson@ccs.ua.edu. OLLI is not responsible for any damage or personal injury sustained while a member or guest is participating in an OLLI sponsored activity either on or off the UA campus. A portion of the invoice amount for this program will go to the Capstone Lifelong Learning Foundation to support The University of Alabama College of Continuing Studies.

REGISTRATION IS FIRST COME, FIRST SERVED

Online Registration available via the internet at: olli.ua.edu
Phone-in registration to: (205) 348-3000 or 1-866-432-2015
Mail form and fee to: Registration Services College of Continuing Studies
The University of Alabama
Box 870388, Tuscaloosa, AL 35487-0388

OLLI Field Trips, Online Lectures and Supper Clubs  (Members from all locations are invited to sign up)

Field Trips
Departs from Tuscaloosa
[ ] A201 Tigers for Tomorrow, Sept 22, $68
[ ] A202 Historic Talladega College and Amistad Murals, Oct 6, $39
[ ] A203 Civil Rights Trail, Oct 13, $32
[ ] A204 Famous Authors, Fabulous Houses, Oct 27, $56
[ ] A205 A Patriotic and Historical Journey-Cullman and Arab, Nov 9, $57
[ ] A206 Two-for-one Sale (Louisiana), Dec 1-2, $227 Dbl, $322 Sgl
[ ] A207 Birding at Wheeler NWR, Dec 8, $42
[ ] A208 Fantasy in Lights, Callaway Gardens, Dec 11-12, $292 Dbl, $368 Sgl

Departs from Gadsden
[ ] G201 My Old Kentucky Home, Churchill, Sept 22-24, $375
[ ] G202 A Chorus Line Play, Oct 1, $55
[ ] G203 Spectre and Old Town Alabama, Oct 6, $40
[ ] G204 The Glass Menagerie, Oct 14, $60
[ ] G205 Coosa Queen Riverboat, Oct 20, $50

Departs from Birmingham
[ ] B201 Southern Museum of Flight, Sept 22, $20
[ ] B202 DeSoto State Park, Oct 20

Special Programs
Gadsden
[ ] G401 Look What I Painted! September 28, $35

Greater Birmingham
Art of Living Foundation: Learn to Live Better
[ ] B401 Sept 6, Wed
[ ] B402 Sept 13, Wed

Pre-recorded Course Lectures
[ ] A501 Pre-Recorded Course Lectures, online

Supper Clubs
Tuscaloosa - Meets at Restaurant
[ ] A301 The Levee Bar & Grill – Sept 26
[ ] A302 Outback Steakhouse – Oct 24
[ ] A303 Olive Garden Italian Restaurant – Nov 28

Gadsden – Meets at UA Gadsden Center to carpool
[ ] G301 Giuseppe’s Cafe Tues, Sept 19
[ ] G302 Peerless Grill Tues, Oct 3
[ ] G303 The Grill-Iron City Tues, Oct 17

All courses are listed on the reverse side
TUSCALOOSA COURSES

[ ] A101 Tell Your Story
[ ] A102 Seeing Jesus from a Historical Perspective
[ ] A103 Mythology
[ ] A104 Introduction to Genealogy
[ ] A105 Media Matters
[ ] A106 Sharing and Exploring American Art Treasures
[ ] A107 Aging Gracefully
[ ] A108 The Evolution of the European Economic Union
[ ] A110 Advanced Knitting and Crocheting
[ ] A111 Calligraphy and Card Making, $5
[ ] A112 America’s Wild West
[ ] A113 Hands-On Computer Tutoring
[ ] A114 Finding Your Ancestors
[ ] A115 Mad About These Movies
[ ] A116 Card Tricks to Amaze Your Friends
[ ] A117 How to Format Your Story, $25
[ ] A118 Caregivers – Caring for Those Who Care
[ ] A119 The Art of Scrapbooking
[ ] A120 Tai Chi
[ ] A121 Science for Non-Scientists
[ ] A122 An Eighteenth and Nineteenth Century Oddity
[ ] A123 Your Money, Your Life!
[ ] A124 There’s a Book in You
[ ] A125 Introduction to Oil Painting, $35
[ ] A126 The O.T., Hebrews, and the Coming of Christianity
[ ] A127 Belize: Rainforest, Reefs, and Ruins
[ ] A128 Storytelling
[ ] A129 Beginning Line Dancing
[ ] A130 Line Dancing for the Experienced Dancer
[ ] A131 Talladega College Rising
[ ] A132 Managing Life after a Stroke
[ ] A133 Geology Basics
[ ] A134 Narrative Poetry Part II
[ ] A135 Beginning German II
[ ] A136 Discovering Alabama
[ ] A137 Four Levels of Senior Living
[ ] A138 Places We Have Lived II
[ ] A139 Arthritis Exercises and Awareness
[ ] A140 Exploring Hinduism
[ ] A141 Movies: Corruptions and/or Cover-ups
[ ] A142 Beginning iPhone/iPad
[ ] A143 Become an MVP (Most Valued Person)
[ ] A144 Avoiding Pitfalls with Sound Planning
[ ] A145 I Am Mad as Hell and I am Not Going to Take it
[ ] A146 Current Issues in U.S. Law Enforcement
[ ] A147 Floral Design for the Holiday, $35
[ ] A148 Oceanic Hotspots
[ ] A149 Mining: A Controversial Issue
[ ] A150 Alabama Governors
[ ] A151 The Music and Musicians of the TSO
[ ] A152 Watercolor Painting Basics, $40
[ ] A153 Mosaic Stepping Stone Class: Alabama “A”, $45
[ ] A154 Cure It with Color: Annie Sloan Chalk Paint®, $50
[ ] A155 Glass on Glass, $30
[ ] A156 Yoga
[ ] A157 Women World Leaders
[ ] A158 Africa’s Great Civilizations: Egypt and Beyond
[ ] A159 iPhone / iPad Tutoring
[ ] A160 The Twilight Zone

[ ] A161 Spanish I
[ ] A162 Energy: The Big Picture and Your Home
[ ] A163 India – Where the East and West Meet
[ ] A164 Playing with Cia, $25
[ ] A165 Fabric: Art of Smocking, $20
[ ] A166 Alabamians in WWII
[ ] A167 Supreme Court Decisions
[ ] A168 1917-2017: Modern Art
[ ] A169 Mini-Medical School
[ ] A170 Building Character
[ ] A171 Intermediate Sewing, $5
[ ] A172 Alabama Politics
[ ] A173 Spanish III
[ ] A174 Fundamentals of Traditional Chinese Medicine
[ ] A175 Cyber Security: Identity Theft
[ ] A176 Alabama in the 1800s, Part II
[ ] A177 Creative Line Dancing to the Music
[ ] A178 Creative Line Dancing to the Music
[ ] A179 Eye-Catchers: Polymer Clay for Beginners, $30
[ ] A180 Introduction to Birding

Bonus Programs – See page 18

Gadsden Courses

[ ] G101 Monday Morning Quarterback
[ ] G102 “Behind the Curtains”
[ ] G103 String Along With Amelia, $15
[ ] G104 Get Your Groove Back
[ ] G105 The Grandeur that was Rome
[ ] G106 Mah Jong
[ ] G107 The Crown
[ ] G108 The Movies of Alfred Hitchcock
[ ] G109 History Over Easy
[ ] G110 Experiencing America
[ ] G111 Basic Graveyard Preservation: A First Course
[ ] G112 Classic Horror Fiction and Film
[ ] G113 Look Better, Feel Better – Exercise with Us
[ ] G114 Genealogy Club
[ ] G115 Armchair Travel

Bonus Programs – See page 23

Greater Birmingham Courses

[ ] B101 Chess: Brain Games for Healthy Living
[ ] B102 Sex Trafficking in Alabama
[ ] B103 Evolution vs Creationism
[ ] B104 Russia, its History and Controversial Leaders
[ ] B105 Korea: History and Contemporary Challenges
[ ] B106 A Conversation about Current Politics
[ ] B107 Preparing for the Holidays
[ ] B108 Terrorism
[ ] B109 Aviators and Aviation
[ ] B110 Utopian vs Dystopian Societies

Bonus Programs – See page 26-27

Greensboro Bonus Programs – See page 28

Pickens County Bonus Programs – See page 29

All Bonus Programs are open to members and their guests. No registration is needed. All chapters have Bonus Programs.
Looking for more...

- Fun • Friends • Travel • History • Literature • Arts • Movies • Books •

**Tuscaloosa**

**Information Session**
August 10, 5-6 p.m.

**Fall Kick-Off**
August 24, 3-5 p.m.
Bryant Conference Center
240 Paul W. Bryant Dr.
Tuscaloosa, AL

**Gadsden**

**Open House & Registration**
August 17, 4-6 p.m.
UA Gadsden Center
121 North First Street
Gadsden, AL

**Greater Birmingham**

**Open House & Registration**
August 18, 1-3 p.m.
Vestavia Hills Senior Lodge
1973 Merryvale Road
Vestavia Hills, AL